

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



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Satya Narain Sharma
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Sushil Singh Chauhan
CSO, Faridabad



Kanwaldeep Singh
CSO, Mohali



Rovin Srivastava
CSO, BG Road



Atil Gavande
CSO, SL Raheja



Imtiyaj Patel
CSO, Mulund



Sumedh Desai
CSO, Vashi



Naveen Kr. Bajpai
CSO, Jaipur

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Saravanan Srinivasan
CSO, CG Road



T N Thiyagarajan
CSO, Arcot Road



Sathish S
CSO, Malar



Ankush Kohli
CSO, Ludhiana



Kishor Dhoke
CSO, Kalyan



Mukunda G
CSO, Richmond Road



Praveen Rathee
CSO, CDOC, New Delhi



Tarun Ray
CSO, FHKI



Venkatesh Laxman
CSO, Nagarbhavi



Abhinandana M
CSO, Rajaji Nagar



MD & CEO's Message

It gives me great pleasure to connect with you through yet another edition of our bi-monthly e-magazine, The Fortisian.

After a rather brief winter, we are at the threshold of summer – a season that brings in its wake a number of acute illnesses. We are also witnessing a surge in influenza cases in some parts of the country and news reports of an uptick in H3N2 as well as COVID-19 and H1N1 cases are trickling in. This certainly calls for precaution and preparedness. I would encourage all of you to follow the infection prevention protocols and stay protected at all times. At the same time, we must also be prepared to deal with a surge of patients, should the need arise.

We celebrated International Women's Day across Fortis with great gusto, complimenting and acknowledging the wealth of professionalism that our women colleagues bring to the table. At Fortis, women form over 60% of the workforce and play a pivotal role in our success. I am both humbled and delighted to acknowledge the contribution of all our women leaders, doctors, nurses and employees, who work with incredible enthusiasm, dedication and commitment to deliver unsurpassable healthcare services to all our patients, every day.

I strongly believe that we can pay the richest tribute to women by ensuring their safety and security. Fortis is committed to providing equal opportunities to everyone, especially our women employees. We are also committed to give them all the support required to help them excel in their career and realise their full potential.

I wish all of you all the very best as we work together to drive our organisation to the next level.

Thank you for your hard work and commitment.

Regards,

Dr A. Raghuvanshi

MD & CEO



New Beginnings & Launches

Bhoomi poojan held for Fortis Noida's new block; to house 200 beds, 5 new OTs



A bhoomi poojan ceremony was conducted at Fortis Hospital, Noida, on February 21, 2023, to mark the auspicious commencement of the building and commissioning of a new block that will house 200 beds and five operation theatres. The event was attended by Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, Mr Anil Vinayak, GCOO - Fortis Healthcare and Dr Bishnu Panigrahi, Group Head - Medical Strategy & Operations Group. Mr Mohit Singh, Head - SBU, and a large number of senior clinicians as well as leaders were also present on the occasion. The expansion will enable Fortis Noida to better cater to the growing demand for quality healthcare across the region.

Fortis Mohali becomes one of the first hospitals in North India to offer Deep Brain Stimulation & Vagus Nerve Stimulation



(L-R): Dr Anupam Jindal, Additional Director - Neurosurgery; and Dr Nishit Sawal, Consultant – Neurology at a press briefing

The Neuro-Modulation Team at Fortis Hospital Mohali has achieved a remarkable feat by successfully treating patients for neurological disorders through Deep Brain Stimulation (DBS). This makes Fortis Mohali the only hospital in North India (Punjab, Haryana, Himachal Pradesh, Rajasthan and Jammu & Kashmir) to offer DBS. The team, comprising Dr Anupam Jindal, Additional Director - Neurosurgery; Dr Nishit Sawal, Consultant - Neurology; Dr Abhishek Prasad, Head - Radiology; Dr Hardeep Singh, Department of Mental Health and Behavioural Sciences; and Dr Bhupinderjit Waraich, Department of Mental Health and Behavioural Sciences; has also used DBS to treat a woman for hypersexuality, the first-of-its-kind case not only in the country but

in the world. The procedure involves implanting electrodes inside the brain to produce electrical impulses. The surgery helps improve motor complications in patients with Parkinson's disease. DBS has also shown extremely promising results in opioid, cocaine and synthetic drugs addiction. Adding another feather to its cap, Fortis Mohali also offers Vagus Nerve Stimulation (VNS) for drug-resistant depression and drug-resistant epilepsy. Two patients of refractory depression have already been treated through VNS at the facility.

Fortis Hospital, Nagarbhavi, Bengaluru, launches state-of-the-art AZURION 7C12 Cath Lab



Fortis Hospital, Nagarbhavi, Bengaluru, launched an advanced state-of-the-art Philips Azurion 7 C12 Cath Lab facility on January 18, 2023, to ensure prompt and efficient diagnosis and treatment in the field of interventional cardiology. The cath lab was inaugurated by Shri C. N. Ashwath Narayan, Hon'ble Minister of Skill Development, Entrepreneurship and Livelihood, Karnataka, along with Shri M Mahadevaiah, District & Sessions Judge and Head of Legal Cell, in the presence of Dr Vivek Jawali, Chairman – Cardiac Sciences, Fortis Hospitals, Bengaluru, Dr C Prabhakar Koregol, Senior Consultant - Interventional Cardiology, Fortis Hospital, Nagarbhavi, Dr Pavan P. Rasalkar, Consultant - Interventional Cardiology, Fortis Hospital, Nagarbhavi, Mr Akshay Oleti, Business Head, Fortis Hospitals, Bengaluru and Dr Thejaswini Parthasarathy, Facility Director - Fortis Hospital, Nagarbhavi.

Clinical Excellence

Iraqi teen implanted with permanent LVAD at Fortis Hospital, Mulund



(L-R) Dr Bharat Soni, Dinesh Kumar, Dr Dhananjay Malankar, Dr Shyam Dhake, Dr Dilip Bind, Dr Shivaji Mali, Dr Swati Garekar, Dr Avanti Bhawe and Dr Ronak Sheth with the patient (seated, centre)

Paediatric Cardiac Specialists at Fortis Hospital, Mulund, brought cheer to an Iraqi teen, giving him a second chance at life by implanting him with a permanent Left Ventricular Assist Device (LVAD). The lifesaving surgery was performed by Dr Dhananjay Malankar, Consultant - Paediatric Cardiothoracic Surgery, and his team. The 17-year-old patient was diagnosed with Dilated Cardiomyopathy in May 2022. His heart was pumping at only 10% of its capacity and he was placed on anti-heart failure medications. By the time he had arrived in India, he had lost close to 10-15kgs and was wheelchair bound. His condition worsened over the next two weeks and was admitted to the ICU for intravenous medicines and support. The team of doctors then suggested that his family consider implantation of a permanent LVAD.

Dr Swati Garekar, Consultant-Paediatric Cardiology, Fortis Hospital, Mulund, said, "In this case, the heart muscles were very weak. Despite being on intravenous BP-increasing medicines for over three weeks, there was no improvement. We had a choice of temporary or permanent LVAD. A temporary LVAD would mean that the patient would be ICU bound, the LVAD would be on a trolley by his bed and connected to him by tubes. But with an implanted permanent LVAD inside his chest, the patient could go home, be with his family and even attend school. The device was implanted and the patient recovered quickly. He was removed from ventilator in a couple of days and is doing well.

First in Tamil Nadu: Redo Sutureless Valve Replacement at Fortis Vadapalani gives 68-year-old a fresh lease of life



Mr Venkata Phanidhar Nelluri, Head - SBU, Dr Govini Balasubramani, Head - CTVS, Heart & Lung Transplant and Dr Guruprasad Sogunuru, Electrophysiologist, at the Press Conference



Dr. Jyotirmaya Dash, Interventional Cardiologist, addressing the Press

A 68-year-old farmer got a new lease of life post a challenging Redo Sutureless Aortic Valve Replacement at Fortis Hospital, Vadapalani. This is the first time this novel surgery was performed in Tamil Nadu. The patient, who had undergone a bioprosthetic valve placement in 2017, visited the hospital with complaints of breathlessness. On investigation, it was found that the heart valve had degenerated with severe calcific aortic re-stenosis and aortic regurgitation. As a result, the blood pumped out of the heart's left ventricle leaked backwards.

Considering various risks factors, a team of doctors led by Dr Govini Balasubramani, Dr Jyotirmaya Dash, Dr Guruprasad Sogunuru decided to conduct a Redo Sutureless Aortic Valve Replacement procedure. The surgery was a success and the patient was discharged in three days.

Team of doctors at Fortis Rajajinagar remove over 410 gallbladder stones from a 62-year-old patient



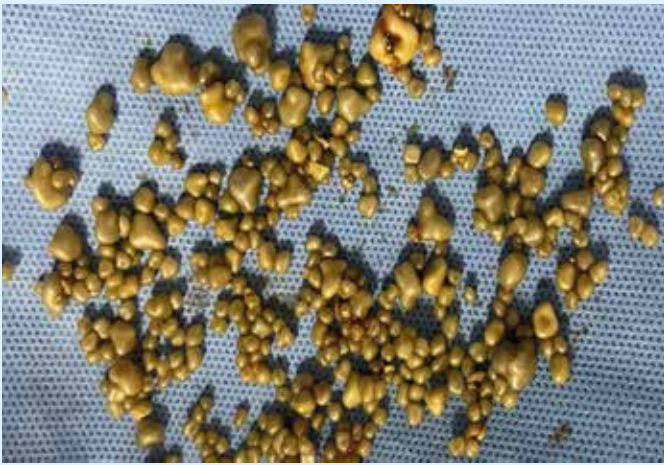
Dr Ramraj V N



Dr Santosh M P

A team of doctors led by Dr Ramraj V N, Consultant – Surgical Gastroenterology and Dr Santosh M P, Consultant – General Surgery successfully removed over 410 gallbladder stones from a patient. The patient, a 62-year-old woman, was presented to Fortis Hospital Rajajinagar with repeated attacks of pain in her upper abdomen, indigestion and bloating for the past six months. Her symptoms were slowly worsening, and her regular antacid pills were of no benefit. On evaluation with ultrasound scan, she was found to have multiple gallbladder stones while her upper GI endoscopy was normal. Laparoscopic Cholecystectomy or Surgical removal of gallbladder and stones through laparoscopy was advised.

Intraoperatively, gallbladder was found to be very long and completely packed with stones, making it challenging to even hold with laparoscopic instruments. Though surgery was complete laparoscopically done in less than an hour, removing or extracting the gallbladder and stones without any spillage was a task by itself. On opening the gallbladder, there were multiple stones packed all the way till its neck. These appeared like mixed cholesterol stones, which are also referred to as mulberry stones. A manual count showed them to be in excess of 410 in number and were mixed with sludge or bile sand. The patient recovered extremely well after surgery and was discharged the following day.



First at Fortis Ludhiana: ROTA PRO arthroctomy device used to treat elderly female's heart blockages

A team of doctors led by Dr P. S. Sandhu, Additional Director - Cardiology, Fortis Hospital, Ludhiana, used the ROTA PRO arthroctomy system to treat a 78-year-old female patient suffering from severely calcified coronary blood vessels. This was the first case at Fortis Ludhiana and the adjoining region where the technologically advanced system was used successfully. The patient, who complained of chest pain, had been to other hospitals in the city where she was diagnosed with severe calcified triple vessel disease. She was advised coronary artery bypass graft (CABG) surgery; however, in view of her advanced age and co-morbidities, she had been refused surgical treatment.

At Fortis Ludhiana, Dr Sandhu took up the challenge and decided to use the ROTA PRO system. Explaining the advantages, Dr Sandhu said, "ROTA PRO arthroctomy system is a new technology that was recently launched in India. This advanced system uses front cutting rotation of a diamond-tipped burr to remove calcified plaque, thus simplifying the complex coronary angioplasty." The patient recovered well after the procedure and was discharged after three days on January 20, 2023.



Dr. Paramdeep Singh Sandhu

World's fastest hip ball replacement surgery done at Fortis Escorts, Okhla, New Delhi



Dr Kaushal Kant Mishra (seated, extreme left) and team with the patient and her attendant

A team led by Dr Kaushal Kant Mishra, Director - Orthopaedics and Joint Replacement, Fortis Escorts, Okhla, New Delhi performed a hip ball replacement surgery in 15 minutes 35 seconds on an 86-year-old female patient from Gaya, Bihar, which is the shortest duration for such surgery known so far, globally. This is three minutes less than the previous world record, which was also set by Dr Mishra and his team two years ago.

The patient had suffered a fracture of left hip (neck of femur) after a fall in the washroom. She was brought to the Emergency at Fortis Escorts, Okhla, New Delhi three days after the injury and had additional complaints of chest pain, following which an echocardiogram and other investigations were conducted, which revealed an acute cardiac event along with old scarring and slow movement of part of the walls of the heart. She had a previous history of breast cancer and undergone angioplasty 18 years ago and was on double blood thinner medication.

According to Dr Mishra, treatment for such a fracture is challenging as the patient in this case was suffering from multiple comorbidities. Timely surgery was essential as it would prevent complications of prolonged immobilization. The advanced age of the patient and also the fact that the patient was on dual anti-platelets, with heparin having been administered for angiography two hours prior to the surgery, posed a major challenge. Besides, her ejection fraction was only 30% (normal is 60%). Spinal anaesthesia, which is considered safe for lower limb surgeries, was not feasible in this case and general anaesthesia was the only choice, which was another challenge.

Dr Mishra thanked the entire medical team for this clinical achievement. The Orthopaedics Team included Dr Kaushal Kant Mishra, Dr Brajesh Kaushle, Dr Ravindra Singh, Dr Sachin Sharma and Dr Mohan. The Anaesthesia Team included Dr Anuj under the leadership of Dr Manju and Dr Ashutosh. The Cardiology Team included Dr Vijay Kumar and his team.

Accreditations & Certifications

Fortis Hospital, Vasant Kunj, New Delhi, receives NABH certificate for 'Ethics Committee for Research'



L-R- Mr Pushpit, Dr Gurinder Bedi, Dr Tapan Ghose, Mr Yash Rawat, Dr Ruchi Ranawat

Paediatric Cardiac Specialists at Fortis Hospital, Mulund, brought cheer to an Iraqi teen, giving him a second chance at life by implanting him with a permanent Left Ventricular Assist Device (LVAD). The lifesaving surgery was performed by Dr Dhananjay Malankar, Consultant - Paediatric Cardiothoracic Surgery, and his team. The 17-year-old patient was diagnosed with Dilated Cardiomyopathy in May 2022. His heart was pumping at only 10% of its capacity and he was placed on anti-heart failure medications. By the time he had arrived in India, he had lost close to 10-15kgs and was wheelchair bound. His condition worsened over the next two weeks and was admitted to the ICU for intravenous medicines and support. The team of doctors then suggested that his family consider implantation of a permanent LVAD.

Dr Swati Garekar, Consultant-Paediatric Cardiology, Fortis Hospital, Mulund, said, "In this case, the heart muscles were very weak. Despite being on intravenous BP-increasing medicines for over three weeks, there was no improvement. We had a choice of temporary or permanent LVAD. A temporary LVAD would mean that the patient would be ICU bound, the LVAD would be on a trolley by his bed and connected to him by tubes. But with an implanted permanent LVAD inside his chest, the patient could go home, be with his family and even attend school. The device was implanted and the patient recovered quickly. He was removed from ventilator in a couple of days and is doing well.

Fortis Hospital Cunningham Road receives second consecutive NABH accreditation



Fortis Hospital Cunningham Road recently received its renewal certificate from NABH for the second consecutive time, in recognition of its excellent service in the healthcare organization. This sets a promising example in demonstrating its commitment to quality care and patient safety. The reaccreditation process and post-accreditation surveillance ensure a continuous focus on patient safety and quality improvement, which the hospital believes is the most significant contribution of NABH and has a positive impact on patient care. The doctors and staff of Fortis Hospital Cunningham Bangalore have once again proved that they are providing healthcare of the highest standards and reiterate their commitment to provide the best possible care for every patient who comes to the hospital.

Milestones

Fortis Hospital, Kalyan completes 15 glorious years of serving the community



(L-R) Dr Surpriya Amey, Dr S. Narayani & Mr Satish Patil handing long service award to Dr Zakia Khan (2nd from left)



Dr Supriya Amey & Dr S. Narayani with the long service awardees-5 years

Fortis Hospital, Kalyan, celebrated 15 years of service to the community and setting benchmarks in clinical outcomes with a grand celebration on December 22, 2022. Employees who made this landmark achievement possible were felicitated. Family members of the 'long service awardees' were also invited to be part of the ceremony which was themed 'Reflect and Recharge' - Reflecting on journey of clinical milestones and recharging for the next level. Dr Supriya Amey, Facility Director, Fortis Hospital, Kalyan, and her team expressed their gratitude to each and every employee on behalf of the organisation, acknowledging their contribution towards clinical outcomes, patient care and quality care. The zeal and passion with which the teams at the hospital, both clinical and non-clinical, have worked over the past 15 years, have made Fortis Hospital, Kalyan, the most preferred healthcare provider in the region.

Fortis Anandapur, Kolkata, celebrates the completion of 12 years in the service of patients



Glimpses from the 'Long Service' award program



Fortis Hospital, Anandapur, celebrated 12 years of service to the community and setting benchmarks in clinical outcomes with a month-long celebration. The event concluded with a grand celebration on January 25, 2023. Employees who made this landmark achievement possible were felicitated with the 'Long Service' award. A total of 130 employees were felicitated. Ms Richa Singh Debgupta, Chief of Strategy, Group Head - ESG and Business Head – CJK, and Mr Ashish Mukherjee, Facility Director, expressed their gratitude to each and every employee on the behalf of the organisation, acknowledging their contribution towards clinical outcomes, patient care and quality care. The zeal and passion with which the teams at the hospital, both clinical and non-clinical, have worked over the past 12 years have made Fortis Anandapur the most preferred healthcare provider in the region.

Fortis Hospital, Ludhiana, celebrates nine years of clinical excellence



Fortis Hospital, Ludhiana, celebrated nine years of delivering exceptional healthcare on January 16, 2023. The event was graced by Dr Vishavdeep Goyal, Head SBU - Ludhiana and Amritsar; Dr Harminder Singh Pannu, Director - Internal Medicine; Dr Navdeep Singh Khaira, Director - Nephrology; Rajoo Singh Chhina, Director -

Gastroenterology; Dr Sanjeev Mahajan, Director - Orthopaedics (Robotic Joint Replacement and Sports Medicine) and Mr AP Singh, Head - Administration at Fortis Hospital, Ludhiana. The event started with the lighting of the lamp by the directors amidst the chanting of Vedic mantras. The celebrations included cultural performances by the hospital staff. Folk dances such as Bhangra and Gidda, and vocal musical presentations were among the prominent performances. The event included a special recognition ceremony for doctors and staff who completed five to ten years with the hospital.

Fortis Bannerghatta, Bengaluru, completes 500 Robot-aided Urology procedures; launches Transrectal BK Ultrasound MRI Fusion Biopsy for precise detection of Prostate Cancer



Fortis Hospital, Bannerghatta Road announced the successful completion of 500 Robotic aided Urology procedures in an event held in Bangalore on January 16, 2023. The Urology Team at Fortis Hospitals, Bengaluru, led by Dr Mohan Keshavamurthy, has completed 500 robotic

surgeries in 53 months of the installation of Da Vinci surgical system at Fortis Bannerghatta. The 500 robot-aided surgeries include complex robotic procedures encompassing the entire gamut of Uro-Oncology, Uro-Gynaecology, Reconstructive Urology, Kidney Transplant etc.

The hospital also announced the launch of Transrectal BK ultrasound MRI Fusion Biopsy solution, a game changer in Prostate Cancer diagnosis and treatment. With this, Fortis Bannerghatta became the first private hospital in India to adapt the cutting edge technology of Transrectal BK ultrasound MRI Fusion. The inaugural ceremony was graced by Dr Bishnu Panigrahi, Group Head - Medical Strategy & Operations, Fortis Healthcare, Dr Ritu Garg, Chief Growth & Innovation Officer, Fortis Healthcare, Ms Renu Malik Vij, Group Head – International Sales, Fortis Healthcare, Mr Akshay Oleti, Business Head, Fortis Hospitals, Bengaluru and Dr Mohan Keshavamurthy, Senior Director - Urology, Uro-Oncology, Uro-Gynaecology, Andrology Transplant and Robotic Surgery, Fortis Hospitals, Bengaluru and Chairman - Renal Sciences Speciality Council, Fortis Hospitals, India.

Fortis Greater Noida off to a great start with its first Bilateral Total Knee Replacement surgery



Dr Ankur Das with the patient

A 53-year-old patient became the first to undergo a Bilateral Total Knee Replacement (TKR) surgery at Fortis Hospital, Greater Noida. The surgery was done on January 16, 2023, by a team led by Dr Ankur Das, Consultant - Orthopaedics. The patient was suffering from constant knee pain, which affected her daily routine activities. After consulting multiple doctors, she met Dr Das who reassured her about the TKR procedure and its benefits. The surgery went off smoothly and the patient has been discharged.

Dr Rama Joshi and her Gynae Oncology team at Fortis Memorial, Gurugram, achieve milestone by performing over 500 successful Robotic Surgeries

Dr Rama Joshi, Principal Director & Head - Gynae Oncology, FMRI, Gurugram, a leading Gynae Onco Robotic surgeon in North India, has completed over 500 successful robotic surgeries using the Da Vinci Xi Robot. The milestone has been intimated by an independent third-party that tracks robotic surgeries.

Dr Joshi and her team has performed these surgeries on patients ranging from as young as 9 years to as old as 90 years of age and BMI as high as 63.3 Kg/m². Procedures included radical surgeries for endometrial cancer,

complex ovarian masses, early ovarian cancer, uterine sarcoma, uterine STUMP tumors and completion surgical staging for ovarian and endometrial cancers, surgeries for suspected malignancy and pre-malignant conditions. Interestingly, complex ovarian masses were managed in early pregnancy successfully using robotic assistance. This was the first of its kind surgery ever performed our country. These surgeries were minimally invasive, using four incisions of just 7mm each. All the patients had quick recovery with minimum blood loss as the surgeries were highly advanced and precise. These patients were discharged the very next day of surgery on oral feeds. None of them required any blood transfusions and working women resumed work within a fortnight of their surgery.



Dr Rama Joshi (centre) and her team

Fortis Escorts, Okhla, New Delhi, performs 10 successful Kidney Transplants in December 2022



The Department of Kidney & Urology at Fortis Escorts, Okhla, New Delhi, performed 10 successful Kidney Transplants in the month of December 2022, which is the highest number pan-Fortis. The Fortis Escorts leadership thanked Dr Sanjeev Gulati – Principal Director, Dr Anil Mandhani – Executive Director, Dr Ajit Singh Narula – Principal Director, Dr Paresh Jain – Director, Dr Anil Gulia – Director, the Nurses, Transplant Surgeons, Members of the Authorisation Committee, Blood Bank and the Transplant Coordinator, who worked tirelessly during Christmas.

To celebrate this glorious occasion, a cake cutting ceremony was held in the presence of Prof. (Dr.) Ashok Seth – Chairman, Fortis Escorts Heart Institute & Fortis Healthcare Medical Council, Mr Bidesh Chandra Paul – Head SBU along with the Kidney Transplant Team, and Team Administration.

Dr Himanshu Verma of Fortis Memorial Research Institute, Gurugram, performs over 500 successful vascular and endovascular surgeries



Dr Himanshu Verma, Senior Consultant Vascular & Endovascular Surgery, Fortis Memorial Research Institute (FMRI), Gurugram, has completed over 500 successful vascular and endovascular surgeries at the hospital. Dr Verma started his journey with FMRI right before COVID hit in September 2019 and over this short period, he has treated a vast range of vascular ailments. These include arterial interventions, including complex angioplasties in the leg for peripheral arterial disease, diabetic foot etc and extreme interventions, including angioplasty of tibial and plantar arteries in a patient with diabetic foot, complex four feet long bypass surgery for a patient with toe gangrene and four failed previous surgeries. More than 100 varicose vein patients underwent express endovenous ablation with less than 6 hours of hospitalization and nearly 200 complex AV access and related surgeries

were done for hemodialysis patients. This also included the development of a new surgical technique which he recently presented at the annual meeting of the Singapore Dialysis Access Society.

Doctors at Fortis Mohali complete more than 500 complex robot-aided surgeries



Fortis Hospital Mohali has added yet another feather to its cap by successfully conducting more than 500 complex robot-aided surgeries in various specialties using India's most advanced 4th Generation robotic machine — Da Vinci Xi. The team of robotic surgeons from a wide spectrum of specialties include Dr Swapna Misra, Director, Obstetrics & Gynaecology, who is also a Robotic Laparoscopic and Cancer Surgeon; Dr Divya Awasthi, Consultant, Obstetrics & Gynaecology; Dr Ashok Gupta, Director, ENT; Dr Rajeev Kapoor, Additional Director, Oncology; Dr Rajnish Talwar, Additional Director, Surgical Oncology; Dr RP Doley, Senior Consultant, GI-Surgical Oncology; Dr Jitender Rohila, Consultant, GI-Surgical Oncology; Dr Rohit Dadhwal, Associate Consultant, Department of Urology, Robotic and Laparoscopic Surgery; Dr Manish Ahuja, Senior Consultant, Urology; Dr Iqbal Singh, Consultant, General and Robotic Surgery and Dr Naval Bansal, Endocrine & Breast Cancer Surgeon. The advanced surgical procedure has better clinical outcomes compared to conventional surgeries as it ensures less blood loss, less pain, less scarring, shorter hospital stay and faster recovery.

Fortis Escorts, Jaipur, performs 11 successful Kidney Transplants in January 2023



The Department of Renal Sciences & Kidney Transplant at Fortis Escorts Hospital, Jaipur, performed 11 successful kidney transplants in the month of January 2023, which is the highest number of kidney transplants done in a month, across the Fortis network. This included both ABO compatible and incompatible kidney transplants. The Fortis Escorts, Jaipur, transplant team comprises of Dr Sandeep Gutpa, Additional Director - Urology & Kidney Transplant, Dr Rajesh Garsa, Senior Consultant – Nephrology, Dr Radhika Govil, Consultant – Nephrology and Dr Vishal Gupta, Consultant- Anaesthesia. The team was ably supported by the Transplant Nursing Team, Blood Bank, and the transplant coordinator, who worked tirelessly even during New Year and Sankranti, the festival of kites, to accomplish this feat.

To celebrate this glorious occasion, a cake cutting ceremony was held in the presence of Zonal Director Mr Neerav Bansal, Director Medical Operations Dr Mala Airun, Dr Rajeev Lochan Tiwari, Director, Anaesthesia, Kidney Transplant team, Anaesthesia Team, Nursing Team and team Administration.

98-year-old woman is oldest in Rajasthan to have jaw cancer treated at Fortis Escorts, Jaipur



Doctors at Fortis Escorts, Jaipur, successfully operated on a 98-year-old female patient who was suffering from jaw cancer, which is probably the first case of such a major surgery in the state of Rajasthan, due to the age of the patient. Dr Mohan Kulhari, Department of ENT and Head Neck Surgery, Fortis Escorts Hospital, Jaipur operated on the patient who had come to the hospital complaining of mouth sores. Investigations revealed that the patient had gum cancer along with cancer of the lower jaw. An intensive surgery, known as Commando (Combined Mandibulectomies and Neck Dissection Operation) was performed to successfully treat the patient. This procedure requires substantial surgical reconstruction of the facial structures and is used mainly for cancers affecting the head and neck. It is a difficult and complex surgery, that requires an experienced medical team to manage the pre-operative and post-operative care. Dr Baljeet Singh Khanduja, Consultant - ENT, Dr Sandipan Mukul, Director - Plastic Surgery, Dr Rajeev Lochan Tiwari, Director and Dr Jyotsna Bhargava, Additional Director, Department of Anaesthesia, assisted in this operation.

INSPIRING STORIES

Ms Devika, Housekeeping Staff with Fortis Noida, returns lost cash worth INR 2.19 lakh to patient's kin



(L-R): Mr Siddharth Nigam, Head – Administration, Ms Devika and Mr Mohit Singh, Head – SBU, Noida

In an incredible display of the Fortis Values of Integrity, Ownership and Patient Centricity, Ms Devika, Housekeeping Staff at Fortis Hospital, Noida, has helped return a packet full of US and Indian currency notes, totaling INR 2.19 lakhs, to its rightful owner.

While at work during the evening shift on January 12, 2023, Ms Devika found a packet full of currencies in various denominations lying unattended in a female washroom located on the hospital's ground floor. She promptly informed Mr Sumit, Housekeeping Supervisor, and Mr Rohit, Security Supervisor. As per protocol, the cash was deposited with the Housekeeping Lost & Found Department.

About an hour later, an interpreter along with the distraught attendant of a liver transplant patient from abroad, arrived to claim the lost currency. The money was handed over to the patient's sister after proper verification and in the presence of Housekeeping and Security officials.

The patient and his family expressed their gratitude and appreciated Devika's selfless act of honesty.

Special Feature

Fortis observes WORLD CANCER DAY

Fortis Hospital, Bannerghatta Road, Bengaluru, launches dedicated Preventive Oncology department to mark World Cancer Day 2023



Fortis Hospital Bannerghatta Road, Bengaluru, has launched a dedicated department for Preventive Oncology on the occasion of World Cancer Day and as part of the cancer detection promotional campaign, #DetectToProtect. The department was inaugurated by renowned Film Actress, Ms Pooja Gandhi in the presence of Dr Niti Raizada, Senior Director - Medical Oncology and Hemato-Oncology, Dr. Parimala Devi, Senior Consultant - Obstetrics & Gynaecology and Mr Akshay Oleti, Business Head - Fortis Hospitals, Bengaluru. The department will focus on early screening and detection of cancers in early stages, thereby leading to high survival rates and lesser health complications. The event witnessed awareness talks on importance of early screening and prevention of cancers and launch of cancer screening packages for men and women. The event also witnessed employees along with doctors and administrative staff forming a human chain in the shape of a ribbon. The event was a grand success with participation from staff across departments.

Cancer survivors and patients showcase their talent at Fortis Hospital, Mulund on World Cancer Day 2023



Tiny Cancer patient at the World Cancer Day celebration at Fortis Hospital, Mulund

Cancer care experts, their patients, HODs & support staff at Cancer Day celebrations at Fortis Hospital, Mulund

Skit by Cancer specialists at Fortis Hospital Mulund

On World Cancer Day 2023, Fortis Hospital, Mulund, hosted an event showcasing talent of their Cancer patients and survivors. Over 140 Cancer survivors and patients, both children and adults, who sought treatment for different cancers at the hospital, came forward to showcase their talents. The aim of the event was to uplift the patients' spirits and assure them that though the fight against Cancer may be challenging, it can still be overcome with hope and support.

Speaking about the initiative, Dr S. Narayani, Business Head, Fortis Hospitals, Maharashtra, said, "It is crucial that we understand the mental and physical pain that a Cancer patient goes through during or post their treatment. As caregivers and guardians, we should ensure that their physical and mental well-being is prioritized, especially during this difficult phase. The idea behind this initiative was to emphasize that life gives us hope, and even if you have Cancer, you must live your life to its fullest". Doctors, nurses and staff from the Oncology department were part of the celebration and they too performed for their patients.

World Cancer Day observed at Fortis Hospital, Anandapur, Kolkata



Health education on World Cancer Day



World Cancer Day message

Fortis Hospital, Anandapur, Kolkata, celebrated World Cancer Day on February 4, 2023. The event was coordinated by Nursing Education and focused on raising awareness among the community as well as enhancing the knowledge and skill of the staff nurses in managing and taking care of Cancer patients.

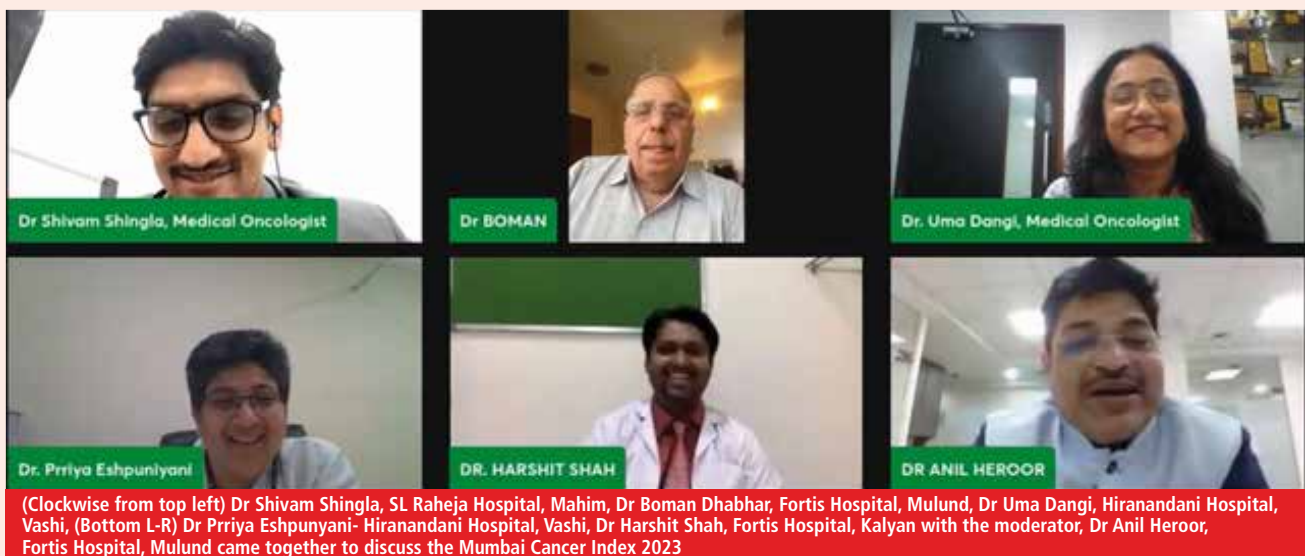
Some of the salient events included Road Show in all indoor as well as outdoor departments along with health education talks for patient relatives. In outdoor departments, the visitors eagerly participated in the awareness program and showed their interest to know more about the early warning signs of Cancer. A wall magazine was prepared by the staff nurses on the concept of 'Prevention & self-assessment of Cancer.' A quiz competition was organized for the staff nurses along with an art-based activity, 'I am my Hero,' for everyone. The celebration ended up with the appreciation of the winning group of the quiz competition.

Fortis Memorial Research Institute Gurugram observes International Childhood Cancer Day



On February 15, 2023, Fortis Memorial Research Institute, Gurugram came alive with music and magic as the hospital welcomed little warriors battling cancer as part of International Childhood Cancer Day. The event commenced with a welcome speech by Mr Mahipal Singh Bhanot, Senior Vice President & Business Head, followed by some insights shared by the Paediatric Oncology Team on common childhood cancers seen in India. To lighten the mood and to make the event more interactive, there was a musical drum therapy session by the Mental Health team for the young survivors. Other activities for the young warriors comprised of Magic Show, gift distribution and cake cutting ceremony. The event was concluded with the lunch and bright hopeful eyes. Dr Vikas Dua, Principal Director & Head - Paediatric Haematology, Hemato Oncology & BMT, Dr Arun Danewa and Dr Minakshi Bansal from the Department of Paediatric Oncology came together and showed them that they are not alone in this fight.

Fortis Hospital Mumbai's study on Cancer, with 4350 respondents, released on World Cancer Day 2023



To understand people's behaviour towards Cancer, Fortis Cancer Institute of Fortis Hospitals, Mumbai, conducted a city-wide perception audit. The survey focused on various aspects of Cancer, such as early diagnosis, screening, understanding of the disease, challenges faced by patients, need for insurance and access to better care. Through this survey 4,350 citizens were engaged with.

Dr S. Narayani, Business Head, Fortis Hospitals, Maharashtra, who spearheaded this survey, said, "The survey results support the recommendation from doctors that early screening is key to early diagnosis and treatment. However, the fear of the disease keeps individuals from undergoing testing, resulting in delayed diagnoses, and reducing the opportunity for treatment & better outcomes. As a healthcare organization committed to betterment of the community, we will continue to help bridge this gap by conducting awareness sessions, organizing screening camps, addressing vulnerable groups, in a bid to make early screening a mainstay".

Series of events mark World Cancer Day celebrations at Fortis Mohali



To mark World Cancer Day, a host of activities were organised by Fortis Hospital Mohali as part of the Saarthak Meet on February 3, 2023. The theme of the cancer day event was '#BreakTheDenial. #DetectToProtect.' The event started with the ceremonial lamp-lighting. Interns from the Mental Health and Behavioural Sciences along with the Nursing Department presented a skit while several cancer survivors shared their personal ordeals of fighting the disease. The cancer survivors and participants were felicitated with mementoes. A Cancer Awareness Flash Mob 'Dhadkan' was also performed to mark the occasion. Doctors and staff from the Oncology Department along with the patients attended the event. The day concluded with a balloon releasing ceremony to spread the message of hope.

Art therapy sessions hosted for Cancer patients at SL Raheja Hospital as part of World Cancer Day 2023



Art therapy with Cancer patients at SL Raheja Hospital Mahim

The Mental Health Dept. at SL Raheja Hospital, Mahim-A Fortis Associate on the occasion of World Cancer Day 2023 hosted art therapy session for IPD patients with Cancer. Covering adult and paediatric patients, the therapy sessions enabled the patients to express their thoughts through the medium of colours and strokes. It also helped patients who felt anxious while being away from their loved ones.

Meet Our Clinician



Dr Harsimrat Bir Singh Sodhi
 Senior Consultant - Neuro-Spine Surgery,
 Fortis Hospital, Mohali

Since when have you been associated with Fortis?

I started working as a Senior Consultant - Neurosurgery, at Fortis Mohali in July 2019. Prior to this, I worked as an Assistant Professor in Neurosurgery at PGI, Chandigarh.

What do you like the most about your work?

The branch of neurosurgery lends excitement, enigma and an unending zest for me. Working at Fortis gives me the independence and the platform to explore this field. Giving life to a lifeless head injury patient, back support to a broken spine and mobility to a patient's body gives me immense satisfaction. Fortis Mohali comprises an excellent team of supportive management, surgeons, anaesthetists, critical care specialists, nurses, paramedics, counsellors and technicians which make my work easy and enjoyable.

Tell us about your academic journey and achievements.

I did my MCh in Neurosurgery from PGI, Chandigarh. Prior to that, I did my MS in General Surgery from PGIMS, Rohtak. I am also an MIS Fellow of London Hospital and St. Thomas' Hospital, London, and Endoscopic Spine fellow of Bordeaux, France. I

have done fellowship in Neuro-endoscopy from Jabalpur and completed the NSI training and Skull Base Fellowship from PGI, Chandigarh. I have over 35 peer-reviewed publications in top international journals and have been invited as a speaker for more than 20 CMEs and conferences.

What are your hobbies?

An amateur photographer, I love to play cricket in leisure time or go for a run when time allows. I am also a music lover and an avid traveler!

Tell us a bit about your family...

My wife is an Assistant Professor in Ophthalmology at PGI, Chandigarh, and specialises in Strabismus and Paediatric Ophthalmology. I have a five-year-old daughter who loves to draw and paint. My parents on both sides retired as principals from reputed colleges.

Meet Our Nurse



Sister Suma Alias
 Chief of Nursing,
 Fortis La Femme, GK-II, New Delhi

Since when are you associated with Fortis?

My journey with Fortis started in April 2004.

What do you like the most about your work?

The most rewarding part about my job is supporting and assisting premature babies in critical condition, and help them to achieve sound health. Another rewarding part of my job is to train my fellow nurses and get them ready to handle the job with utmost dedication and sincerity. Having two daughters myself, I have often found myself naturally filling in the position of a mentor and a mother for my staff. I firmly believe that success and growth is always a team effort. I am very proud of the professional and personal growth I have achieved so far.

How has your experience with Fortis been?

Fortis has been very supportive and nurturing towards my career. The hospital has always invested in training and upgrading its staff to ensure quality.

Tell us about your educational and professional achievements.

I hold the degree of Post Bsc in Nursing. My nursing career started with CMC 38 years back and I have had the opportunity to work with organisations such as AIIMS. For a brief period, I have worked in Saudi Arabia as well. At Fortis, I have completed 19 years of service.

What are your hobbies and how do you make time for them given your hectic schedule?

In my free time, I like cooking. I was able to build up this hobby during COVID times. I also enjoy music, especially classical Malayalam songs.

Community Connect

Hiranandani Hospital, Vashi hosts Fortis Priority Partner meet



(C seated) Nitin Kamaria, Facility Director, Hiranandani Hospital, Vashi with his HODs, members of the Corporate Team & the insurance agents



(L-R) Chetan Surani, Head-Sales & Marketing, Nitin Kamaria, Facility Director & Dr Trupti Rathod, Head-Medical Services unveil the 'Diamond Card'

On the occasion of Makar Sankranti, Hiranandani Hospital, Vashi-A Fortis Network Hospital hosted Fortis Priority Partner meet for insurance agents. Spearheaded by the Corporate Team, this initiative was hosted on January 13, 2023, and showcased the hospital and the comprehensive services it offers. This was followed by a lifestyle modification program, launch of 'Diamond Card' for the insurance agents and their families, and dinner. 54 insurance agents attended and enthusiastically participated in the event.

Hiranandani Hospital, Vashi organises First Aid & CPR Training for tech company's employees



Dr Manjeet Singh with support from the Nursing team perform BLS & CPR demonstrations



Dr Manjeet Singh with support from the Nursing team perform BLS & CPR demonstrations

Hiranandani Hospital, Vashi - A Fortis Network Hospital, organised a First Aid, CPR Training and awareness programme on January 12, 2023, at the premises of a technology major in Navi Mumbai. The initiative was led by Dr Manjeet Singh Arora, Consultant-General Medicine, Fortis Hospital, Mulund, who was invited as an expert faculty for the program, titled 'Basic Life Support Training - A New Beginning of 2023.' A total of 305 employees actively participated in this programme, including the Managing Directors, CFO, Head-Human Resources and other employees. The session was immensely appreciated by the participants and organising team.

Over 40 clinicians and employees of Fortis La Femme GK II, New Delhi, undergo 'Transgender Sensitivity Training'



Ms. Rudrani Chhetri interacting with Senior Clinicians



Ms. Garima Prasad (FD- La Femme GK II) and Ms. Rudrani Chhetri (Founder of Mitr Trust)

As a step towards launching a dedicated Specialty Clinic to address the healthcare needs of the Transgender Community, a 'Transgender Awareness and Sensitivity Program' was conducted at Fortis La Femme, GK II, New Delhi, on January 19, 2023. The session was facilitated by Ms Rudrani Chhetri, a renowned Human Rights activist for LGBTQI and Transgender Community and founder of the Mitr Trust. She is also associated with the Ministry of Social Justice and Empowerment.

The interactive session enhanced the understanding and competence of employees to better care and support Transgender patients and their attendants. The employees were familiarised with behaviors demonstrating sensitivity and respect while dealing with the Transgender community, such as usage of neutral and inclusive language, proper pronouns and respect their need for privacy. Ms Rudrani's interaction with the clinicians additionally entailed a discussion on the healthcare service needs for Transgenders and aspects of a Transgender-friendly healthcare system.

The session was designed and developed by the Learning & Development Team in collaboration with Mitr Trust. The program, attended by over 40 senior clinicians and frontline employees, was well appreciated. Plans are a foot to roll out the sensitization program for the remaining employees at La Femme.

Fortis Hospital, Shalimar Bagh, New Delhi, organises In-House Advanced Cardiac Life Support (ACLS) Course



ACLS-Batch 1 Group Photo



ACLS-Batch 2 Group Photo

Fortis Hospital, Shalimar Bagh, New Delhi, organised two batches of Advanced Cardiac Life Support (ACLS) for nurses working in all critical care areas, on December 19-20, 2022. The training was conducted by the Nursing Education Team in collaboration with Dr Amit Prakash, Associate Director & HOD - Cardiac Anaesthesia and Dr Vishal Garg, Senior Consultant - Paediatric Cardiac Anaesthesia. 59 nurses have successfully completed the course.

The goal of Advanced Cardiac Life Support is to achieve the best possible outcome during emergency situations wherein an individual is experiencing cardiac arrest. The programme is aimed at providing extensive insights and skills by teaching a systemic approach to patient assessment, airway management, effective team communication and ACLS algorithms.

Fortis Hospital, Bannerghatta Road, Bengaluru, organises international medical conference on 'Uro-Oncology and Uro-Gynaecology' in Muscat



The Department of International Sales & Marketing at Fortis Hospital, Bannerghatta Road, Bengaluru, organised an international medical conference on 'Uro-Oncology and Uro-Gynaecology' in Muscat recently as a part of Annual Continuous Medical Education Programme aiming at fostering the knowledge and expertise of doctors and other medical practitioners. The conference witnessed a session on Advantage of Latest Robotic Surgery in Radical Prostatectomy and Partial Nephrectomy by Dr Mohan Keshavamurthy, Senior Director – Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant & Robotic Surgery, Fortis Hospitals, Bengaluru & Chairman - Renal Sciences Specialty Council, Fortis Hospitals, India.

This was followed by a session on the 'Need for niche speciality of Uro-Gynaecology' by Dr Rubina Shanawaz Z, Consultant – Uro-Gynaecology, Gynaec-Oncology & Robotic Surgery. The conference was a grand success with participation from around 60 doctors including Urologists, Gynaecologists, Oncologists and Family Physicians from both Government and Private Health establishments from India and Oman.

Fortis Hospital, Bannerghatta Road, Bengaluru, organises a CNE on Cervical Cancer Awareness



Fortis Hospital, Bannerghatta Road, Bengaluru, observed Cervical Cancer Awareness Month by organising a CNE on January 31, 2023. The programme commenced with lighting of lamp by Mr Akshay Oleti, Business Head - Fortis Hospitals, Bengaluru, Dr Priya Goutham, Medical Director, Mr Praveen Wali, Head - Operations, Mr Ganesh Rao, Head - HR, Ms. Latha Nonis Chief Nursing Officer, and Ms Sunithamma Tomy, Deputy Chief of Nursing.

Dr Suguna, Associate Consultant – Obstetrics & Gynaecology, took a session on Anatomy and Physiology of Uterus. A talk on Diagnosis and Prevention of Cancer Cervix was delivered by Dr Parimala Devi, Senior Consultant, followed by a session on Radiation Techniques in Cancer Cervix by Dr Nisha Thottam Vishnu, Consultant - Radiation Oncology. The event also witnessed an interactive session on 'Role of Nurses in Radiation Oncology' by Dr Sanjay, Senior Registrar – Radiation Oncology and Dr Akhila, Senior Registrar – Radiation Oncology. The programme was a grand success with participation from 65 nurses who utilised the opportunity to enhance the knowledge on prevention of cancer cervix.

Over 150 knee and hip replacement surgery patients of Fortis Noida participate in support group meet



Fortis Noida organised a 'Support Group Meet' for orthopaedic patients who have undergone knee and hip replacement surgeries in the past, and are living a healthy life currently. The event, 'Celebration of Life' with the theme, 'Happy to walk, pain-free' saw more than 150 patients and their caregivers participating in full spirit to provide emotional support to one another and share their success stories. The event was graced by renowned Bollywood actress of yesteryears, Ms Poonam Dhillon. Mr Anil Vinayak, Group Chief Operating Officer, Fortis Healthcare, Dr Atul Mishra, Director & HOD - Orthopaedics & Joint Replacement, Fortis Hospital Noida, Mr Mohit Singh, Head - SBU, Noida, Dr Shanu Sharma, Medical Superintendent and other senior dignitaries from Fortis Noida attended the event. The event was appreciated by all the attendees and their caregivers.

Fortis La Femme GK-II's health camp draws enthusiastic response



Over 50 women participated in a special health awareness and check-up camp organised by Fortis La Femme, GK-II, New Delhi, on February 3, 2023. The initiative was led by Dr Anjila Aneja, Senior Director - Obstetrics & Gynaecology. The participants, mostly employed as domestic helps, learned how to take responsibility of their health, understand the various factors that contribute to health and identify health issues in time, before it turns serious. In particular, Dr Aneja discussed topics related to sexual and reproductive health, cervical cancer, contraception, anaemia, Human papillomavirus (HPV) and menstrual hygiene.

Events

Fortis Young Mental Health Advocacy Program welcomes the Batch of 2023

The Fortis Young Mental Health Advocacy Program is an annual, youth driven initiative by the Fortis National Mental Health Program led by Dr Samir Parikh, Director - Fortis National Mental Health Program. The program involves young adults between the ages of 15-21 years, working towards building awareness and destigmatising mental health using social media.

As part of this program, the advocates receive training in online communication, usage of various social media platforms and applications of mental health through mentoring by experts from various fields like media, policy making, sports, entertainment and healthcare to name a few. Over the years, the program has touched 50 million lives.



EEG Workshop – ‘Basics and Beyond 2023’ held at Fortis Hospital, Mulund



(L-R) Dr Rima Chaudhari with Dr Manisha Pathak at the EEG workshop



(L-R) Technicians Mohammed Maaz Siddiqui, Vikas Pawar with Dr Rima Chaudhari, Dr Bhairavee Sharma, Dr Josheata Pandita and Tejaswini Dudhawadkar, Neurology Nurse Coordinator

Fortis Hospital Mulund's Department of Neurology & Clinical Physiology, on January 23, 2023, successfully organised the first of its kind EEG Workshop – ‘Basics and Beyond 2023’, under the leadership of Dr Rima Chaudhari, Senior Consultant - Neurology, Fortis Hospital, Mulund. The program was inaugurated by Dr Vineet Punia, Neurologist, Cleveland Clinic, who joined the initiative live from USA, Dr Vibhor Pardasani, Neurologist, Bombay Hospital and Dr Bijina Shreeshta, Paediatric Neurologist, Akron Children's, USA.

The workshop was also graced by Dr S Narayani, Business Head, Fortis Hospitals, Maharashtra, Dr Manisha Pathak, Head-Medical Services & Dr Pravina Shah, Neurologist, Fortis Hospital, Mulund. Physicians and Technicians from across Maharashtra, registered and participated in the workshop. The workshop, which was witnessed by 70 participants, was divided in two parts. The first half of the workshop witnessed didactic talks covering various aspects of neonatal, adult, and critical care EEG by eminent speakers. The second half comprised of live demonstration of acquisition of the EEG on two volunteers. The learning involved groups of physicians and technicians visualizing this and getting to work on the machine by themselves during the acquisition. It also focused on basic biophysics of EEG and the engineering principals involved in the acquisition. The session concluded with a fun quiz session, where the top 5 winners were given prizes. The Department of Neurology and Clinical Neurophysiology also proudly announced an EEG Certificate course for six months, during this workshop.

Fortis Hospital Anandapur, Kolkata, celebrates IV Nurses Day



Session on safe IV practices



Session on safe IV practices

Fortis Anandapur, Kolkata, celebrated IV Nurses Day on January 25, 2023, in recognition of all IV nurses who have dedicated themselves to providing quality infusion therapy. The event was coordinated by the nursing team and focused on raising awareness about the knowledge, skills and practices regarding the use of infusion therapy.

The celebration of 'IV Nursing Day' began with a roadshow for all departments. A training session on safe infusion practices was held for the staff nurses, followed by a fun bingo game quiz with a total of six teams with five members each, drawn from various departments. Hands-on activities related to safe IV and blood transfusion practices were performed. Hand hygiene practices, infusion line insertion, administration and maintenance were demonstrated by training and infection control teams in collaboration with industry partners. The event concluded with a cake-cutting and a group photo session.

Engagement

Fortis Mulund hosts CME on 'Clinical Updates on General Medicine and Infectious Disease 2022'



Dr Manisha Pathak, Head-Medical Services hosting the inaugural speech

Dept. of Medicine and Infectious Disease at Fortis Hospital, Mulund, hosted a day-long CME on 'Clinical Updates on General Medicine and Infectious Disease 2022,' on December 17, 2022. Fortis Mulund's Infectious Diseases Specialists Dr Anita Mathew and Dr Kirti Sabnis were the initiators of this CME. The initiative witnessed support and participation from eminent speakers such as Dr Karnad, Dr Jehangir, Dr Sorabjee, Dr Anita Athavale, Dr C. Balkrishnan, Dr Vijay Khatri, and more.

The CME was registered with Maharashtra Medical Council and was attended by 80 delegates - a mix of practicing physicians, medical college PG Teachers and PG students. The inaugural speech at the CME was delivered by Dr Manisha Pathak, Head-Medical Services, Fortis Hospital, Mulund. Dr Sagar Punjabi, Jr. Consultant - General Medicine was involved in registration and coordination.

Over 100 clinicians participate in Fortis Noida's 'Allergy, Respiratory Medicine, Critical Care & Sleep Medicine (ARCS) Conclave 2023'



Fortis Hospital, Noida, organised a two-day 'Allergy, Respiratory Medicine, Critical Care & Sleep Medicine (ARCS) Conclave 2023' on January 7-8, 2023. The event drew enthusiastic participation from over 100 eminent clinicians from various corporate hospitals, public sector units and private practitioners from around Delhi NCR. The conclave, held around the theme 'Update on Clinical Based Practice in Allergy, Respiratory Medicine, Critical Care and Sleep Disorder,' covered the recent advances and updates in managing common respiratory, allergic and critical care conditions. An 'Allergy & Severe Asthma Clinic' was also inaugurated at Fortis Noida during the event by Mr Mohit Singh, Head SBU - Noida, Dr Shanu Sharma, Medical Superintendent, and Dr Rahul Sharma, Additional Director – Pulmonology & Critical Care, who was also the Organising Secretary of ARCS Conclave 2023.

Senior Fortis clinicians share views on occupational health at OCCUCON 2023



Dr Samir Parikh, Director- Mental Health and Behavioral Sciences



Dr Rahul Bhargava Principal Director & Chief - Haematology, Haemato Oncology & BMT

Fortis participated in 'OCCUCON-2023,' the 73rd National Conference of the Indian Association of Occupational Health (IAOH) and the Association of Environmental & Occupational Health, Delhi (AEOHD), held on January 18-21, 2023, at The Constitution Club of

India, New Delhi. Senior clinicians, including Dr Samir Parikh, Director - Mental Health and Behavioral Sciences, Dr Rahul Bhargava Principal Director & Chief - Haematology, Haemato Oncology & BMT and Dr Vinayak Agrawal, Director – Non-Invasive Cardiology, FMRI, Gurugram, participated in the event as speakers. Fortis also showcased the latest healthcare technologies and the various centers of excellences through an exhibition stall.

The event brought together top PSU healthcare officials, government policy makers, thought leaders and healthcare leaders from the corporate sector. The theme of the conference was 'Workplace Health, Well-being & Environmental Sustainability for Future-Ready Organisations.'

First batch successfully completes 'Orthopaedics Nursing Certification Course' at Hiranandani Hospital, Vashi



(Seated L-R) Hiranandani Hospital, Vashi's Albin John, Head-Human Resources, Dr Pramod Bhor, Nitin Kamaria, Facility Director, Mohini Chandrashekhar, Chief Nursing Officer, Dr Trupti Rathod, Head-Medical Services and Pankaj Gabra, Unit Finance Controller, with the first batch of 'Orthopaedics Nursing Certification Course'

A batch of five nurses from medical and surgical Wards, ER, OT & OPD participated in Hiranandani Hospital, Vashi's first ever 'Orthopaedics Nursing Certification Program' Hosted over a period of three months, the program was designed to develop expertise of nurses towards the care of orthopaedic patients. Competencies to care for patients who have undergone joint replacement, spine surgeries, polytrauma interventions, were the highlights of this course. Dr Pramod Bhor, Director-Orthopaedics & Joint Replacement Surgery, Hiranandani Hospital, Vashi led this initiative with support from other consultants and Physiotherapy team. For the first batch of nurses who enrolled and participated in this course enthusiastically, the certification ceremony was hosted on January 19, 2023.

Fortis Escorts, Okhla Road, New Delhi, celebrates National IV Nurses Day



Fortis Escorts, Okhla Road, New Delhi, celebrated National IV Nurses Day on January 25, 2023, to recognise the contribution of the specialised IV nurses. In keeping with the theme, 'Compassion runs in our veins,' the event emphasised the need for adopting safe infusion practices. The highlight of the event was an extensive virtual training on the topic 'Bundled approach to reduce PLABSI' by Ms Thankam Gomez, a renowned external faculty. The session was attended by Nursing In-charges from across the hospital. The participants took a pledge to renew their commitment to prevent IV-related complications. Ms Minimole John, Chief Of Nursing, delivered a valuable keynote address. A host of other activities, including Prevalence Audit, discussion on best practices and educational video screening were organised.

Fortis Hospital, Bannerghatta Road, Bengaluru, observes National IV Nurse's Day 2023



Fortis Hospital, Bannerghatta Road, Bengaluru, observed National IV Nurse's day on January 25, 2023. Nursing involvement in the practice of infusion therapy has become a highly specialized skill for patient safety. Considering the same, training team of nursing organized a session on safe infusion practices wherein the nurses were sensitised on the importance of safe infusion practices by focused training on upskilling safe infusion practices and assessment of early signs of phlebitis by using visual infusion phlebitis score. The session was followed by a thought provoking quiz on different aspects of IV therapy. The event concluded with a cake cutting ceremony and appreciation of the quiz competition winners. The event was a grand success with active participation from 50 nurses.

Fortis Hospital, Cunningham Road, Bengaluru, observes National IV Nurse's Day 2023



Fortis Hospital, Cunningham Road, Bengaluru, observed National IV Nurse's day on January 30, 2023. The programme commenced with lighting of the lamp by Mr Anand Angadi, Facility Director, Fortis Hospital, Cunningham Road along with vertical heads and nurses. The event witnessed quiz tournament on infusion safety followed by a pragmatic activity on confidence in cannulation for all the department nurses. An exhibition on infusion therapy standards of practice was also organised. The event concluded with a cake cutting ceremony and a prize distribution ceremony wherein the best infusion nurses as well the quiz competition winners were rewarded. The event was a grand success with active participation from nurses.

First batch of seven completes three-month Cardiac Nursing Certification Program at Hiranandani Hospital, Vashi – A Fortis Network Hospital



The first batch of seven nurses from Hiranandani Hospital, Vashi – A Fortis Network Hospital, has successfully completed a three-month Cardiac Nursing Certification Program. A certification ceremony was held on January 19, 2023. Mr Nitin Kamaria, Facility Director, Ms Mohini Chandrashekhar, Chief Nursing Officer, Dr Trupti Rathod, Head-Medical Services and other leaders were present on the occasion. The course was led by Dr Anil Potdar, Director-Cardiology and Dr Prashant Pawar, Consultant-Cardiology along with the Physiotherapy team.

The course helped the participants develop advanced nursing skills required for patients suffering from a wide range of cardiac medical and surgical conditions. The participants learnt about clinical pathways such as STEMI and ECG interpretation. Clinical postings in ER & Cath Lab substantially contributed to their hands-on understanding.

Fire and safety training hosted for Fire Wardens at SL Raheja Hospital, Mahim-A Fortis Associate



SL Raheja Hospital, Mahim's Mr Atil Gavande (L) with the participants of the fire and safety training

In an effort to continuously strengthen the fire and safety system of the hospital, SL Raheja Hospital, Mahim, conducted a certified training program for Fire Wardens on January 19, 2023. The program included a brief presentation on fire and safety, roles and responsibilities of a Fire Warden during evacuation, fun interactive games, and activities on fire safety and extinguisher related topics. A detailed practical demonstration of the firefighting techniques, including the use of a fire hydrant, was also done. The initiative was helmed by SL Raheja Hospital, Mahim's Mr Atil Gavande, Chief Security Officer, with support from Mr Krunal Uttekar, Fire Safety Office.

The training program was well attended by all the Fire Wardens and Deputy Wardens of all floors, including Engineering, Fire Safety, and Facility teams. On basis of the post evaluation test, the participants were also awarded with certificates. This interactive training program was distinct from the conventional classroom trainings and was well appreciated and received by both participants and the HODs.

Fortis Escorts, Okhla Road, New Delhi, launches six-month 'Critical Care Nursing Certification Programme'



Fortis Escorts, Okhla Road, New Delhi, launched a 'Critical Care Nursing Certification Programme,' an upskilling program for the specialised nurses, on February 7, 2023, under the guidance of Dr Rajat Aggarwal, Director & Head - Critical Care. The inauguration was attended by Mr Bidesh Chandra Paul, Head - SBU, Dr Ashok Omar, Director - Non Invasive Cardiology, Dr Amrita Gupta, Medical Director, Dr Shoaib, Head - GLICU, Dr Anoop, Head - Emergency, Mr Ravi Ranjan, Zonal Head – HR, Ms Minimole John, Chief of Nursing and the nursing core team.

The programme aims to upskill the nurses in the critical care units whilst improving accuracy in clinical and nursing aspects. The need for the programme was articulated by Dr Rajat and his team and the outline was laid down by Dr Shoaib and the Nursing Educators. The programme has been designed by the Nursing Education Team under the guidance of Dr Rajat Aggarwal and Ms Minimole John. The programme is expected to improve clinical excellence, nursing excellence, service excellence and patient safety. The multidisciplinary team will take up the speciality topics along with the Clinicians and the Nursing Education Team.

Award & Accolades

Fortis Escorts, Okhla Road, New Delhi wins the 'AHPI Award 2023 for Patient Centric Hospital'



(LtoR) – Mr. Rajiv Gupta, Head - Patient Experience, Ms Minimole John, Chief Nursing Officer, and Dr Amrita Gupta, Medical Director of Fortis Escorts, Okhla New Delhi receiving the award

Fortis Escorts, Okhla Road, New Delhi bagged the AHPI Award – 2023 for Patient Centric Hospital. The award was presented at an event held on February 10, 2023, at Mahatma Gandhi University of Medical Sciences and Technology, Jaipur. The ceremony was attended by Dr Amrita Gupta, Medical Director; Ms Minimole John, Chief Nursing Officer and Mr Rajiv Gupta, Head - Patient Experience. The award was conferred by Association of Healthcare Providers (India) based on the best practices in terms of patient care, patient feedback, clinical effectiveness, proper governance, leadership and culture.

Fortis Memorial, Gurugram, receives AHPI's 'Quality Beyond Accreditation Award'

Association of Healthcare Providers (India) has bestowed the 'AHPI Healthcare Excellence Award' in the category of 'Quality Beyond Accreditation' upon Fortis Memorial Research Institute, Gurugram. The award was presented at an event held in Jaipur on February 10, 2023. Dr Gurvinder Kaur, Facility Director, and Dr Monika Patni, Head – Quality, received the award on behalf of Team FMRI.



Fortis Hospital, Ludhiana, wins AHPI Excellence Awards 2023 for project on improvement in door-to-balloon time for STEMI patients



Fortis Hospital, Ludhiana, has won the coveted AHPI Excellence Award 2023 for 'Quality Beyond Accreditation' project on improvement in door-to-balloon time for STEMI patients. The award was presented to the hospital at an event held in Jaipur on February 10, 2023. The award is a reiteration of the clinical excellence and high standards of care provided by the hospital. The door-to-balloon time of Fortis Ludhiana is at par with the most advanced medical institutions in the world. A multi-disciplinary team worked hard to ensure that every heart attack patient gets the best and the fastest care, leading to the best outcomes.

Fortis Noida wins AHPI 2023 award for 'Excellence in Nursing Practices'



Fortis Hospital, Noida, has won the AHPI Healthcare Excellence Award 2023 for 'Excellence in Nursing Practices.' The award was presented at a ceremony by the Hon'ble Chief Guest Shri Ghanshyam Tiwari, Member of Parliament – Rajya Sabha, Dr Girdhar J Gyani, Director General - AHPI and other dignitaries.

Fortis Noida was represented by Dr Shanu Sharma, Medical Superintendent, Capt. Neelam Deshwal, Chief Nursing Officer and Ms Divya Gautam, Head - Quality. The award entrusts the team with greater responsibilities and expectations to strive for more and deliver the best clinical outcome and patient experience.

SL Raheja Hospital, Mahim's Dr Sanjith Saseedharan is President Elect of the 'Indian Society of Parenteral and Enteral Nutrition'

Dr Sanjith Saseedharan, Consultant & Head- Critical Care, SL Raheja Hospital, Mahim - A Fortis Associate, has been elected as President Elect of the 'Indian Society of Parenteral and Enteral Nutrition' (ISPEN). With this prestigious nomination, he now joins the elite group of Presidents of PEN societies globally. He will be given full charge at the annual conference of the Indian Society of Parenteral and Enteral Nutrition by the current President, Dr Ravinder Reddy - an eminent Surgical Oncologist from Hyderabad.

Dr Saseedharan has been honoured with many awards, including for 'best innovation' for his software application "iNutrimon" - a nutrition supportive software for hospitalized patients. He has published 98 peer reviewed articles and 8 research paper, 12 textbook chapters, written two books, and has been one of the most revered academician & clinical mind in the field of Critical Care.



Dr Sanjith Saseedharan

Hiranandani Hospital, Vashi's Nurse Educator Ms Sonam Juikar invited to present at the 'Advanced Wound Management Symposium'



Nurse Educator Ms Sonam Juikar at the Advanced Wound Management Symposium

Ms Sonam Juikar, Nurse Educator, Hiranandani Hospital, Vashi - A Fortis Network Hospital, was invited as an expert faculty at the 'Advanced Wound Management Symposium on Pressure Injury Prevention and Management' hosted in Vashi, Navi Mumbai. The symposium was organised on the occasion of World Pressure Injury Prevention Day on November 18, 2022. The initiative was designed to bring together nursing experts from across geographies, detailing on the current trends in Pressure Injury management. The programme created a platform to discuss, debate and learn about the latest innovations, share best practices and contribute to develop the culture of 'Patient Safety'. A total of 42 participants attended the session, including Nursing In-charges, Nursing Supervisors, Educators and Staff Nurses from various hospitals across Mumbai and Navi Mumbai. The session was well appreciated by the participants and organising team.

Fortis Noida ranked third in 'Swachh Survekshan 2023' under 'Swachh Hospital' category



Team Noida receiving the certificate from Ms Ritu Maheshwari (IAS)

Fortis Hospital, Noida, has been ranked third among all hospitals in Gautam Buddh Nagar, Uttar Pradesh, by the government-run annual cleanliness assessment initiative, Swachh Survekshan 2023, under the 'Swachh Hospital' category. The award was presented by Ms Ritu Maheshwari, Chief Executive Officer – New Okhla Industrial Development Authority, to Siddharth Nigam, Head – Administration, Fortis Noida, on January 14, 2023, at an event held in Indira Gandhi Kala Kendra, Sector 6, Noida.

Fortis Hospital, Vasant Kunj, New Delhi, bags 'Excellence in Infection Control Practices' award

Association of Healthcare Providers (India) has bestowed the 'Excellence in Infection Control Practices' award upon Fortis Hospital, Vasant Kunj, at an event held in Jaipur on February 10, 2023. The award was given to the hospital for rigorously following Infection Control best practices throughout the year. The award was received by Dr Ruchi Ranawat, Medical Superintendent, Ms Aswini Sarikonda, Chief of Nursing and Ms Mariamma David, Infection Control Nurse, on behalf of medical admin, doctors and nurses of Fortis Hospital, Vasant Kunj.



NABH nominates Fortis leaders and clinicians as members of prestigious committees



Dr Bishnu Panigrahi



Mr Manu Kapila



Dr Subrat Kumar Acharya



Dr Shweta Prabhakar

In a proud moment for all Fortisians, Dr Bishnu Panigrahi, Head - Medical Strategy and Operations Group (MSOG), Mr Manu Kapila, Head - Corporate Affairs & CSR and Dr Shweta Prabhakar, Head, Quality and Patient Safety, Fortis Hospital Mohali, have been nominated as Members of the Hospital Accreditation Committee of National Accreditation Board for Hospitals and Healthcare Providers (NABH). In addition, Dr Subrat Acharya, Executive Director - Gastroenterology and Hepatobiliary Sciences, Fortis Escorts, Okhla, New Delhi, has been nominated as member of the Technical Committee.

NABH, a constituent board of Quality Council of India (QCI), was set up to establish and operate accreditation programme for hospitals and healthcare organisations, and sets benchmarks for the progress of the health industry.

SL Raheja Hospital, Mahim's Ms Rupali Tilwe and Dr Sanjith Saseedharan present poster at Parenteral and Enteral Nutrition Society of Asia



Team from SL Raheja Hospital, Mahim-A Fortis Associate at Pensa

Ms Rupali Tilwe, Nurse-Intensive Care Unit and Dr Sanjith Saseedharan, Consultant & Head - Critical Care, SL Raheja Hospital, Mahim-A Fortis Associate, presented a poster at the 22nd Congress of the Parenteral and Enteral Nutrition Society of Asia (PENSA). Led by Ms Rupali Tilwe, the study measured the prevalence of iatrogenic undernutrition in critically ill patients in Indian ICU. Her study findings revealed very high prevalence of Iatrogenic underfeeding in critically ill patients. The study concluded that protein calorie undernutrition in the ICU set up occurs due to various reasons like invasive procedures, visit to

scanners, high vasopressor support, inability to tolerate feeds and Anorexia. The study findings were presented in a poster format at Parenteral and Enteral Nutrition Society of Asia which was hosted during December 1-3, 2022, at Hyderabad.

Dr Rahul Bhargava of Fortis Memorial, Gurugram, honoured by Madhya Pradesh Govt for helping establish Bone Marrow Transplant programme at Indore hospital

Shri Shivraj Singh Chouhan, Hon'ble Chief Minister of Madhya Pradesh, has honoured Dr Rahul Bhargava, Principal Director & Chief BMT, Fortis Memorial Research Institute, Gurugram, for his untiring efforts towards establishing the Bone Marrow Transplant Unit at the Maharaja Yashwantrao Chikitsalaya and Super Specialty Hospital, Indore. The unit will be a boon for the treatment of blood-related diseases in the region.



Mr Subhendu Prakash, Facility Director - FHKI & FMC, Kolkata, wins 'Leadership Award'



CE Leadership Award Dec 2022 Kolkata

Mr Subhendu Prakash, Facility Director - FHKI & FMC, Kolkata, has won the 'Leadership Award' for his professional excellence in Facility Management & General Administration at the Kolkata Leadership Awards Conference 2022 organised by CE Worldwide, on December 15, 2022. CE Worldwide is a widely recognized platform for professionals to share their valuable experience, discuss the latest developments and exchange ideas.

Dr Dhananjay Gupta of Fortis Vasant Kunj, New Delhi, honoured at annual conference of North East India Regional Orthopaedic Surgeons Association



Dr Dhananjay Gupta



The live workshop in progress

Dr Dhananjay Gupta, Director – Orthopaedics, Fortis Hospital, Vasant Kunj, New Delhi, was felicitated for his contribution to the field of Orthopaedics at the 36th Annual Conference of North East India Regional Orthopaedic Surgeons Association (NEROSA), held in Imphal, Manipur. As part of the event, Dr Gupta conducted a live surgical workshop on January 19, 2023 and shared his knowledge with the participants. The three-day academic event witnessed interactions with doctors from all over North East India.

Dr Rama Joshi of Fortis Memorial, Gurugram, receives 'Gold Award' for contributions to 'Women's Cancer Care & Management'



Dr Rama Joshi, Principal Director & Head – Gynae Oncology, Fortis Memorial Research Institute, Gurugram, was awarded with the Gold Award for her exceptional contribution to 'Women's Cancer Care & Management' at the Cancer Summit by IHW Council on February 3, 2023. The Cancer Care Awards aimed at identifying and celebrating the contributions made by private and government organisations, cancer care associations, professionals and individuals and further inspire them for their efforts to maximise the impact of the collective efforts for cancer control and care.

Mr Ajey Maharaj, Head – Corporate Communications, wins 'Top 100 Influential Game Changers - 2022' award

Mr Ajey Maharaj, Head – Corporate Communications, has been recognised as one of the 'Top 100 Influential Game Changers' in India by Exchange4Media. The award was announced at an event held in Gurugram on February 3, 2023. The event was attended by a large number of Corporate Communications and Public Relations professionals from across the country.

The awardees were selected after a scrutiny of nominations, followed by a robust internal auditing process by Exchange4media's editorial team. The award recognises leaders who have contributed to the communications practice through their hard work, vision and leadership.



Ms Ajey Maharaj receiving the award

Ms Rishu Singh from Fortis Corp Comm Team wins prestigious 'e4m PR & Corp Comm 40 under 40 Award'



Ms Rishu receiving the award

Ms Rishu Singh, Senior Manager - Corporate Communications, Corporate Office, Gurugram, has won the prestigious 'Exchange4Media PR & Corp Comm 40 under 40 Award' for 2022. The award was presented at an event held in Gurugram on February 3, 2023. The annual awards recognise the next generation communications professionals and potential leaders, who are under 40 years of age. The winners were chosen from over 120 nominations and were selected by an eminent jury based on a number of parameters, including leadership and mentorship skills, accomplishments, future potential and proven contribution to the communications practice.

Wall of Fame

Fortis Escorts Hospital, Amritsar



Excellent Nursing care in OTR Some of the nursing staff are appreciable Ms. Rajbir ,Ms. Harpreet, Ms. Raman, Ms. Abhishek .In OT ,Special thanks to Dr. Ruchika, Dr. Rajat and OT staff Kuldeep singh and Sis Ripudaman. GDA services are good enough to comfort me. GDA Kuljeet is quite good.

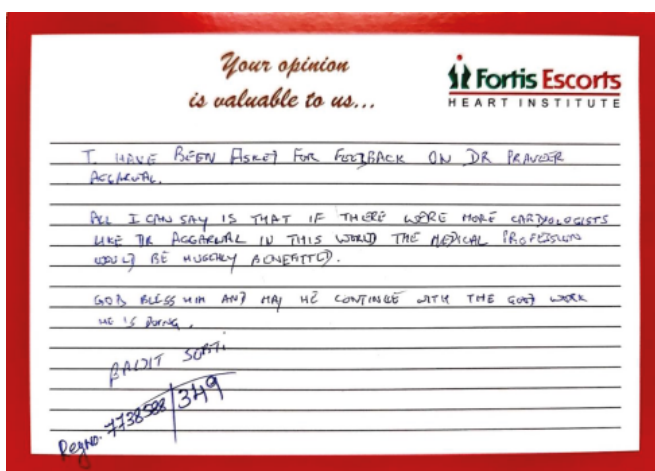
Name of the Unit: FEHA

Name of the Patient: Pt. Charanjeet Kaur

Name of the Fortisians:

Entire team of Fortis

Fortis Escorts & Heart Institute, Okhla, New Delhi



Dr. Praveer Agarwal
Executive Director -
Intervention Cardiology

Fortis Escorts, Faridabad

- Thanks to Dr. BN Singh for his always patient hearing to my father's problem. My father has got much better thanks to doctor Singh .
- Fortis hospital is the best hospital all over the world thanx to dr bn singh sir also. God bless you all
- Dr. B. N. Singh is a great doctor! Hes very understanding and listens to your concerns.
- Dr B N singh. We are thankful for your great services. Thanks for all your support

Name of the Patient: **Aruna, Alka, Kapil**
 UHID- **12263498, 742016, 12292216**
 Total appreciations received: 32



Name of the Fortisian:
Dr. B N Singh

Fortis Memorial Research Institute, Gurugram



Name of the Fortisians:
Dr Vikram Sharma, Dr V.N.S.R. Reddy

Dear friends,
 I am glad to inform that Smt. Saroj (57), a Domestic Help has undergone successful Kidney stone removal surgery at Fortis Hospital Gurgaon today the 30-01-2023 (F/N). The Surgery was performed by Dr. Vikram Sharma, Director - Urology, assisted by Dr. V. N. S. R. Reddy.
 I sincerely thank to all the team of Doctors and Paramedical Staff.

Since she is a BPL Card holder all the tests @ Consultation Fee and Surgery were done at Zero billing. She will need medicines after discharge from Hospital (most probably tomorrow). The expenses will be shared by few of us.

Thanks

Name of the Patient : **Mrs. Saroj**

Fortis Hospital, Kalyan



Name of the Fortisians: DR Pradeep Vyavhare

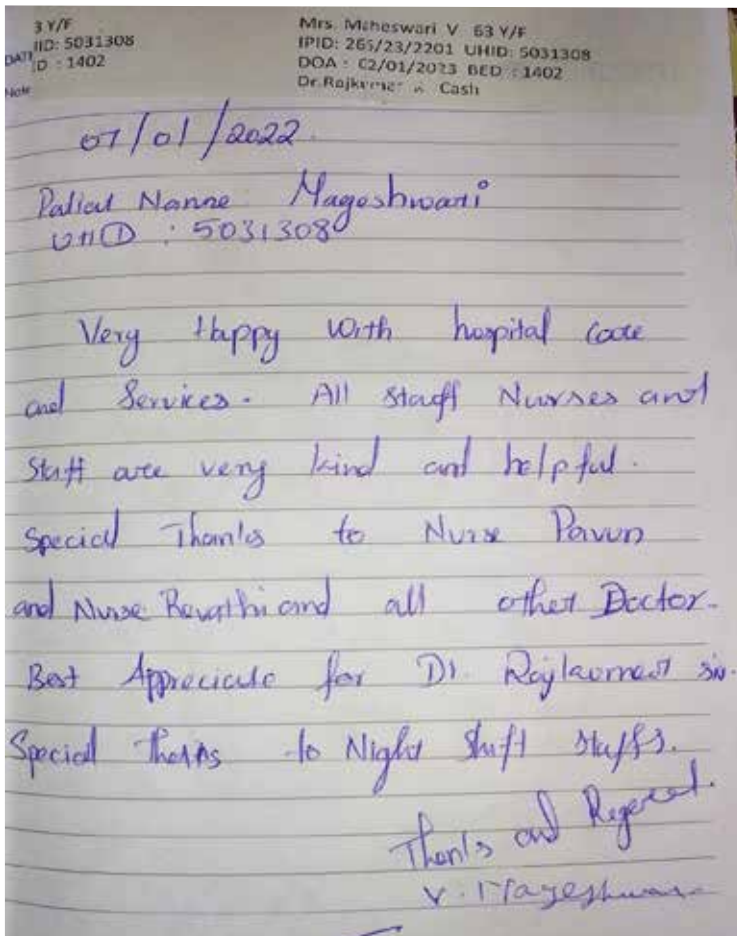
Thank you team Fortis Kalyan. I have been suffering from kidney stone issues for a while, but was afraid to go to any hospital due to fear of hospitalization.

But now that the pain is unbearable, had to take this jump and get admitted here and trust me the team here made me feel like home.

Blessings to all the staff and mama-maavshi present who took care of me as a family member.

Name of the Patient: Anita Ishwad

Fortis Hospital, Malar



Ms. Pavun

Ms. Revathi



Ms. Maheshwari

Photo Feature

REPUBLIC DAY CELEBRATION AT FORTIS



FHKI, Kolkata



Fortis Hospital, Shalimar Bagh



Fortis Memorial Research Institute, Gurugram



SL Raheja Hospital, Mahim-A Fortis Associate



Fortis Hospital, Vasant Kunj



Fortis Anandapur, Kolkata



Fortis Hospital, Ludhiana



Fortis Hospital, Kalyan



Fortis Hospital, Jaipur



Fortis Hospital, BG Road, Bengaluru



Fortis Hospital, Mohali



Fortis Hospital, Mulund

Congratulations

New Additions to the Family



Baby of Rajan Kumar,
Fortis C-DOC

Best Wishes on Your Wedding



Sarvamangamma
Fortis Nagarbhavi