

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



Fortis Escorts Hospital, Jaipur



Fortis Escorts Hospital, Amritsar



Fortis Escorts Hospital, Faridabad



Fortis Hospital, Mohali



Fortis Nagarbhavi, Bengaluru



Fortis Hospital, BG Road, Bengaluru



Fortis Hospital, CG Road, Bengaluru



Fortis Hospital, Kalyan



Fortis Hospital, Kolkata



Fortis La Femme, GK II, New Delhi



Fortis Hospital, Ludhiana



Fortis Hospital, Richmond Road, Bengaluru



Fortis Hospital, Shalimar Bagh



Fortis Hospital, Mulund



Fortis Rajajinagar, Bengaluru



Fortis Hospital, Vasant Kunj



Fortis Memorial, Gurugram



SL Raheja Hospital, Mahim



MD & CEO's Message

Dear Colleagues,

It gives me great pleasure to connect with you through another edition of our bi-monthly e-magazine, The Fortisian.

Time flies really quickly. We are now six months into the financial year and I am delighted to share that we are well on track with the execution of our strategic plans.

In mid-August, we crossed a significant milestone in our journey towards digitalisation of HR processes with the launch of Oracle Fusion Human Capital Management and also pleased to unveil the official name of our cutting-edge ERP system: CORE. CORE stands for - Collaboration, Opportunities, Responsibilities and Empowerment. CORE consolidates our core business processes of Finance, SCM and now HR, into a unified system. CORE encapsulates the very essence of what this system represents for us – a central hub that unites our resources, empowers our teams, and propels us towards organisational excellence. By christening our ERP as CORE, we are embracing a transformative vision that underscores unity, innovation, and growth.

I encourage all of you to adopt the mobile application of CORE and enjoy anytime anywhere access to keep abreast with activities requiring your attention.

As you may be aware, we have signed definitive agreements with Medeor Hospital Limited (MHL) and VPS Health Care Private Limited for the acquisition of a multi-speciality hospital situated in IMT Manesar, Gurugram, Haryana. We are also on track for the launch of our second hospital in Ludhiana. You will receive more updates about these developments over the next few months.

Thank you for all your hard work and commitment.

Warm regards,

Dr A. Raghuvanshi
MD & CEO



New Beginnings & Launches

First-in-India: Fortis Gurugram launches state-of-the-art Digital PET CT for advanced imaging in cancer diagnosis



To enhance cancer diagnosis and revolutionise precision oncology, Fortis Cancer Institute, Fortis Memorial Research Institute, Gurugram, has launched a first in India, advanced and cutting-edge digital PET CT machine for advanced imaging on July 29, 2023. The state-of-the-art Digital PET CT with flow motion technology and multi parametric imaging is one of the most advanced technology in cancer treatment (Digital Biograph vision 450). The event was led by Dr Ishita Sen, Director - Nuclear Medicine, alongside oncology experts and the senior leadership. Fortis Gurugram is the first in India to acquire this technology.

This advanced whole body Digital PET CT scanner allows whole body PET CT scans to be performed twice as fast as conventional PET CT scanners, with more than 70% enhanced accuracy and more than four times reduced radiation dose to the patient. Due to its extremely high temporal resolution, the equipment offers the capability of dynamic PET Imaging and multi parametric imaging which has the potential to revolutionise the way PET CT scans are performed and interpreted. The digital PET CT will bring in an entire new dimension to diagnostic imaging in oncology.

Hiranandani Hospital, Vashi launches Fortis Medical Centre (OPD) in Kharghar, Navi Mumbai



(L-R) Mr Nitin Kamaria, Facility Director-Hiranandani Hospital Vashi, Dr Pramod Bhor, Director - Orthopaedics & Joint Replacement Surgeon, Hiranandani Hospital Vashi and Dr S. Narayani, Business Head- Fortis Hospitals, Maharashtra at the OPD launch

Hiranandani Hospital, Vashi - A Fortis Network Hospital launched 'Fortis Medical Centre,' an out-patient facility, in Kharghar, Navi Mumbai, on June 23, 2023. The facility has been set up in collaboration with Kharghar Multi-speciality Hospital and was inaugurated by Dr S Narayani, Business Head - Fortis Hospitals, Maharashtra and Mr Nitin Kamaria, Facility Director, Hiranandani Hospital, Vashi-A Fortis Network Hospital. The services at this OPD include pre- and post-operative care, advanced screening facilities, pathology lab and consultation services.

Mr Nitin Kamaria, Facility Director, said, "This extended care arm will help enhance overall patient experience by offering end-to-end OPD care and services. It will cater to increased patient footfalls from Kharghar, by giving them closer-to-home care experience. This is a progressive step towards our patient-first initiatives that help us offer better patient care by bringing healthcare closer to the community."

Fortis Memorial Research Institute, Gurugram, launches 'Adult Immunization Clinic'



Fortis Memorial Research Institute, Gurugram, launched an Adult Immunization Clinic on June 23, 2023. The clinic, led by Dr Neha Rastogi, Consultant – Infectious Disease, was launched in the presence of Mr Mahipal Bhanot, Business Head - FMRI, Shalimar Bagh & Vasant Kunj, Dr Rahul Bhargav, Principal Director and Chief - BMT and Dr Gurvinder Kaur, Facility Director.

Fortis strengthens Emergency Response Services in Delhi-NCR; partners with RED.Health to provide ambulances in 10-30 min



Fortis Healthcare has announced a collaboration with RED.Health, an emergency response company, to strengthen its healthcare emergency ambulance services in Delhi NCR. The flag off event, held at Fortis Memorial Research Institute (FMRI), Gurugram, on June 26, 2023, was attended by Mr Anil Vinayak, Group COO, and other senior leaders from Fortis Healthcare, apart from several officials from RED.Health, including its Founder & CEO, Mr Prabhdeep Singh.

The collaboration aims to provide end-to-end emergency services at minimal response time whilst aiming to reduce trauma and fatalities during medical emergencies. The scope of the collaboration spans across seven Fortis hospitals in Delhi-NCR. RED.Health will deploy 10 dedicated GPS-enabled Advanced Life Support (ALS) ambulances and also support patient logistics with an independent fleet of over 30 vehicles in NCR, ensuring that ambulances reach patients within 10-30 minutes across Delhi/NCR. The ambulances can be booked at the Fortis Centralised Ambulance Service Number - 9009001050. The estimated time of ambulance allocation will be 2 to 5 minutes post the distress call. Additionally, a concierge will be available at each hospital for better coordination between the patient and the ambulance.

Clinical Excellence

28-year-old-man treated at Fortis Hiranandani Hospital, Vashi for rare case of Myasthenia Gravis with Thymoma



(R) Dr Prriya Eshpuniyani with the patient and his wife, along with (C) Dr Pawan Ojha and the team

On June 24, 2023, a 28-year-old male was admitted to Hiranandani Hospital, Vashi-A Fortis Network Hospital, after being diagnosed with Myasthenia Gravis (auto-immune muscular disease) with Thymoma (cancerous tumour that occurs in the thymus gland). Myasthenia Gravis is rare among patients below 30 and the Thymoma made it rarer as only 10-12% of Myasthenia Gravis patients suffer from the disease. The patient suffered severe mobility

issues, gravely impacting the quality of his life. Additionally, he was on multiple drug regimens, including steroids and immunosuppressants.

A multidisciplinary team led by Dr Prriya Eshpuniyani, Consultant -Thoracic Oncosurgery, comprising of Dr Prasad Pande, Consultant - Gastrointestinal Surgery, Dr Pawan Ojha, Director -Neurology and Dr Jitendra Choudhary, Senior Consultant - Intensive Care & Critical Care treated the patient. The team conducted a Video-Assisted Thoracic Surgery (VATS) or VATS Thymectomy. Before the surgery, the patient underwent three cycles of Plasmapheresis, a treatment process for autoimmune diseases. The patient is recovering and the doctors are confident that his Myasthenia medications will be reduced considerably over the next year.

Fortis Nagarbhavi, Bengaluru, conducts a complex Trans-nasal Endoscopic surgery on 29-year-old with Trigeminal Nerve Schwannoma

Doctors at Fortis Hospital, Nagarbhavi, Bengaluru, have successfully conducted a complex surgery on a 29-year-old man with Trigeminal Nerve Schwannoma, on June 2, 2023. The patient was suffering from headache, tingling in the face, double vision, decreased sensation in the left cheek and reduced hearing in the left ear for which he consulted Dr Susheen Dutt, Consultant – ENT at Fortis Hospital, Nagarbhavi. On examination, he was diagnosed with left trigeminal nerve schwannoma, a type of peripheral intracranial nerve sheath tumour that develops at the skull base and originates from the Schwann cells.

Dr Susheen Dutt and his team performed trans nasal endoscopic left trigeminal schwannoma excision, a minimally invasive technique wherein a surgical instrument is placed through nostril to remove the tumour. The surgical procedure, which lasted for about 14 hours, was extremely complex as the tumour was in close proximity to the cavernous sinus and internal carotid artery, the main blood supply vessel to the brain. The lesion was also sitting on the base of the temporal lobe. The tumour had to be removed without causing any damage to the carotid artery and CSF leak which can lead to stroke and infection of meningitis respectively. However, the multidisciplinary team of doctors at Fortis NBV involving ENT and Neurosurgery departments were able to successfully conduct the surgery and improve the patient's quality of life. The patient was shifted to ICU immediately after the surgery and discharged six days post-surgery. Conventionally, the surgery is done trans-cranially from outside the vault, which leaves a scar. However, in this case, the procedure was done endoscopically which is extremely difficult, yet effective. The success of this case highlights the importance of early intervention and crucial role of effective medical management in complex surgeries, particularly those that involve veins and arteries



Iraqi patient with rare swallowing disorder treated at Fortis Vasant Kunj; eats solid food after 2 years



Dr Vineet Gupta

Doctors at Fortis Hospital, Vasant Kunj, successfully treated a 51-year-old Iraqi patient, who was suffering from two rare conditions - Achalasia cardia and Zenker's diverticulum. Achalasia cardia is a chronic condition in which the muscle at the base of the throat where food enters the stomach is too tight. This can cause food and liquids to back up in the throat, while Zenker's diverticulum develops when the muscle between the throat and esophagus becomes narrow and tight, causing the throat area to resemble a pouch. Over time, the pouch can enlarge as the muscles below it tighten further. Chewed food particles can get caught in this pouch causing a serious obstruction. Dr Vineet Gupta, Senior Consultant, Gastroenterology, Fortis Hospital Vasant Kunj and his team conducted POEM (Peroral endoscopic myotomy) procedure to treat the swallowing disorders caused by muscle problems such as spasms in the esophagus. The patient was discharged on May 9, 2023, three days after the procedure, and has recovered well.

Foetal Medicine Team at Fortis La Femme GK 2 performs two Chorionic Villus Sampling procedures

Fortis La Femme, GK 2, New Delhi has introduced the Department of Foetal Medicine in July 2023. The department has successfully performed two Chorionic Villus Sampling (CVS) procedures. The first one was in a patient with increased Nuchal Translucency and Tricuspid Regurgitation at 13 weeks. The second one was a foetus with multisystem abnormalities at 12 weeks. In both the cases, the placenta was posterior and hence the procedures were a little challenging.

Chorionic villus sampling is a foetal invasive procedure that is performed for the diagnosis of genetic abnormalities in foetuses with positive screening results (Dual marker/NIPT) with increased nuchal translucency, other aneuploidy markers or structural abnormalities on ultrasound, or known family or past history of genetic mutations/thalassemia. The procedure is performed between 11-13+6 weeks of gestation. As it is performed in the first trimester, it provides a faster diagnosis and earlier decision making regarding pregnancy continuation than amniocentesis (also allowing for a safer MTP if an abnormality is detected). The procedure involves greater technical skill than amniocentesis. In trained hands, the procedure is as safe as amniocentesis, with miscarriage rates of 0.2-0.3%. Team La Femme welcomes Dr Vidhi Hathi to the Department of Foetal Medicine, thereby making the spectrum of its services complete



Dr Vidhi Hathi

Fortis Hospital, Nagarbhavi, Bengaluru, conducts complex surgery on 53-year-old man with stage 3 renal cancer



Dr Bharath G

Fortis Hospital, Nagarbhavi, Bengaluru, successfully conducted a complex surgery on a 53-year-old man with stage 3 renal cancer on March 25, 2023. The patient was suffering from cough and fever for about 6 months for which he had consulted various physicians who misdiagnosed the condition as Tuberculosis. He was then referred to Fortis Hospital, Nagarbhavi, where he was examined in detail and thereby diagnosed with stage 3 Renal Cancer with Paraneoplastic Syndrome (a group of rare disorders that occur when the immune system reacts to a cancerous tumour). His CT and PET scans showed right renal mass and tumour thrombus growing in renal vein and inferior vena cava (largest vein in the body that carries blood to heart) respectively. Dr Bharath G, Consultant - Surgical Oncology, and his team at Fortis Nagarbhavi performed an open right radical nephrectomy which involves removal of the entire right kidney along with a section of ureter and fatty tissue surrounding the kidney. The surgical procedure lasted for five hours during which the doctor had to remove the patient's right kidney, lymph

nodes, along with tumour thrombus in the renal vein and inferior vena cava. The surgery was extremely complex as the tumour had to be removed along with the tumour thrombus in the inferior vena cava and minimising the blood loss. The patient was shifted to ICU immediately after the surgery and discharged six days post-surgery.

Milestones

First pair of preterm twins born at Fortis Greater Noida goes home after 45 days in NICU



NICU team with the twins and their parents

The first pair of preterm twins born at Fortis Hospital, Greater Noida, was discharged after 45 days of stay in the NICU. The mother had been admitted with preterm labour and breathing difficulty and the babies were delivered by caesarean section by the Obstetrics team led by Dr Sonali Gupta. The babies were then handed over to the NICU team.

Both the babies, with birth weight of 1.4 kg and 1.26 kg respectively, were managed by

the NICU team headed by Dr Anjima B. Das along with Dr Meghna, Dr Vandana, Dr Diksha, Dr Sumit, Dr Buby and the Nursing Team headed by Sisters Namita and Pooja. Both the babies had breathing difficulty, which was managed successfully. The babies were discharged successively on June 17 and June 24, 2023 and were healthy at discharge.

Noida's first Deep Brain Stimulation procedure on 72-year-old Parkinson's patient performed at Fortis Hospital, Noida

In a first in Noida, doctors at Fortis Noida successfully treated a 72-year-old male suffering from Parkinson's Disease, via Deep Brain Stimulation surgery - a neurosurgical procedure in which electrodes are placed in the brain and attached to a pacemaker. The team of doctors, led by Dr Kapil Singhal - Director, Neurology, Dr Rahul Gupta - Director, Neuro & Spine Surgery and Dr Varun Jain - Principal Consultant, Neuro Critical Care, Fortis Hospital, Noida, conducted the 10-hour-long procedure and within six days, the patient was discharged in a stable condition. The patient was suffering from Parkinson's Disease for the past 15 years and was under the treatment of Dr Kapil Singhal for the last 10 years. However, his symptoms worsened in the last two years as he suffered from Dyskinesia (abnormal movements in the entire body that occur due to side effects of Parkinson's' medications). The team of doctors at Fortis Noida undertook Deep Brain Stimulation. Deep Brain Stimulation treatment is a neurosurgical procedure in which electrodes are placed in the brain and attached to a pacemaker. This gives electrical impulses to the affected areas in the brain. It is a well-established therapy for Parkinson's Disease for many years. Though Deep Brain Stimulation is performed at some centres in India, its limited availability deters many patients from getting the procedure done. Deep Brain is crucial in reducing the dose and side effects of medication, it also improves patients' movement and life longevity significantly.



52-year-old patient is youngest in Maharashtra to undergo Mitra Clip Procedure at SL Raheja Hospital, Mahim



Dr Haresh Mehta, Consultant-Interventional Cardiologist, SL Raheja Hospital, Mahim

Doctors at SL Raheja Hospital, Mahim-A Fortis Associate successfully performed a Mitra Clip procedure on a 52-year-old male patient suffering from cardiac failure along with Mitral Regurgitation. During this procedure, the Mitra Clip is placed in the heart's mitral valve to reduce leakage. A team of doctors led by Dr Haresh Mehta, Consultant-Interventional Cardiologist, SL Raheja Hospital, Mahim-A Fortis Associate, conducted the procedure successfully on June 7, 2023. The patient has been discharged and is recovering well. As a precautionary measure, before his discharge, an ICD pacemaker was inserted to deliver shocks which would help prevent sudden cardiac death due to life threatening fast heart rates (ventricular arrhythmias).

The patient suffered from Ischemic Heart Failure and had a heart attack in January 2023. Despite an angioplasty, he did not recover well and his heart function reduced by 20-25%. Investigations revealed that the patient had a severe leak in his mitral valve, requiring surgery. Dr Haresh Mehta said, "We opted for the Mitra Clip procedure, which would reduce his risk of heart failure significantly and at the same time delay or prevent the need for a heart transplant."

79-year-old female is first to undergo TAVI procedure at Fortis Hospital, Shalimar Bagh, New Delhi



The team celebrating the success

A team of doctors led by Dr Nityanand Tripathi, Director and HOD — Cardiology and Electrophysiology and his team at Fortis Hospital, Shalimar Bagh, performed the hospital's first Transcatheter Aortic Valve Implantation (TAVI) procedure on June 30, 2023. The 79-year-old female patient was admitted with a known history of diabetes and chronic obstructive pulmonary disease (COPD). She had presented with recurring episodes of syncope and heart failure, which had been previously managed outside the hospital. However, this time, her heart failure symptoms proved to be particularly challenging to resolve, necessitating her referral to our facility.

Upon thorough evaluation, the doctors found out that the patient has severe calcific aortic stenosis. Given her medical history and the results of careful assessment, it was determined that she was a very high-risk candidate for conventional surgery. Therefore, transcatheter aortic valve implantation (TAVI) procedure was meticulously planned. The TAVI procedure was conducted successfully using a self-expandable valve. However, the patient's initial post-procedural course presented several challenges, including multiple episodes of hypotension and atrial fibrillation. Through vigilant monitoring and appropriate interventions, the patient's condition and from the third-day patient showed significant improvement and began to recover remarkably well. Her vital signs normalised, and she regained the ability to walk unassisted. The patient has been discharged in good condition with all parameters normalised and ability to walk unassisted.

66-year-old patient undergoes for Uttar Pradesh's first mitral valve repair using Mitra Clip



The Department of Cardiac Sciences at Fortis Hospital, Noida, has performed Mitral Valve repair by using Mitra Clip on a 66-year-old male patient, which is reported as the first Mitra Clip procedure of Uttar Pradesh. The procedure was performed by Dr Ajay Kaul, Chairman - Cardiac Sciences along with his team of doctors comprising of Dr Sanjeev Gera, Dr Sameer Saurabh, Dr Saurabh Juneja and Dr Amit Madan. This patient had first come to Dr Ajay Kaul 12 years back, with coronary artery disease and an ejection fraction of 20%, for bypass surgery. After revascularisation, he was doing reasonably well on medication.

However, a few months back, his condition worsened and he had repeated hospital admissions at various places. He came to emergency of Fortis Noida 15 days back and was on high Inotropes to maintain blood pressure. Efforts to wean him off inotropes was not successful. The patient's condition was rapidly deteriorating with fall in urine output and rising creatinine to 2.5. On investigation, it was found that there was a grade 4 mitral regurgitation with 15 to 20% EF.

Recognizing the urgent need for a minimally invasive solution, the doctors evaluated the patient's suitability for a Mitra Clip procedure. The procedure was uneventful and the patient recovered well. In seven days, the doctors could wean the patient off all inotropes. The patient is on oral diuretics, beta blockers and other medication like ARNI in low doses.

Special Feature

FORTIS CELEBRATES INDEPENDENCE DAY



Fortis Escorts Hospital, Faridabad



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Mohali



Fortis Hospital, Bannerghatta Road, Bengaluru



Fortis Escorts Hospital, Amritsar



Fortis Hospital, Kalyan



Fortis Hospital, Kolkata



Fortis Hospital, La Femme, GK II, New Delhi



Fortis Nagarbhavi, Bengaluru



Fortis Rajajinagar, Bengaluru



Fortis Memorial Research Institute , Gurugram



Fortis Hospital, Richmond Road, Bengaluru



Fortis Hospital, Vasant Kunj, New Delhi



SL Raheja Hospital, Mahim



Fortis Hospital, Shalimar Bagh, New Delhi

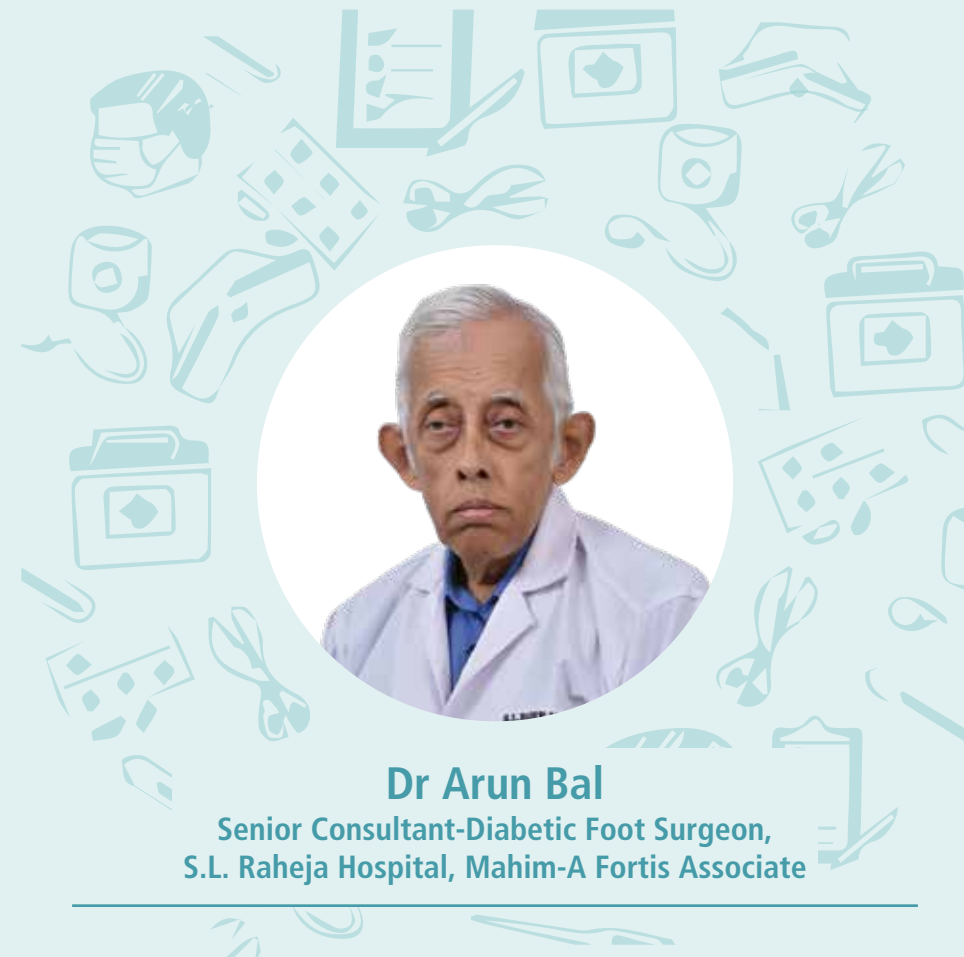


Fortis Hospital, Ludhiana



Fortis Hospital, Mulund

Meet Our Clinician



Dr Arun Bal

Senior Consultant-Diabetic Foot Surgeon,
S.L. Raheja Hospital, Mahim-A Fortis Associate

Since how long you have been working with Fortis?

I have been associated with S.L. Raheja Hospital, Mahim since 1985.

Can you tell us about your overall experience in the field of medicine and what inspired you to become a doctor?

I wanted to be a doctor since my childhood. I have been practicing medicine since 1977, when I passed my MS. My experience is that one would experience great success by maintaining ethical standards and with better patient communication.

How do you balance your personal life with the demands of your profession as a doctor?

I separate my professional and personal life by giving adequate time to both.

Can you share a memorable patient story that had a profound effect on your life and career?

I operated on a patient, a girl, 14 years of age, who met with a train accident. She had multiple injuries and was brought to S.L. Raheja Hospital, Mahim in septic shock. After reviving her we found that she had a pelvic fracture with below knee gangrene of leg and intraperitoneal colonic injury. We had to do colostomy

with below knee amputation and debridement of penetrating wound. After multiple procedures and treatment of over six weeks, we could give her prosthesis. She resumed her studies and cleared SSC exam with flying colours.

How do you manage the emotional challenges that may arise from working in a high stress medical environment?

If one is ethical, transparent, limits oneself to his or her own experience and knowledge, and does not take unnecessary risks, then one can manage the stress of practice.

Has being a clinician influenced your perspective on health practices in personal life as well?

Yes. As I keep myself updated to all recent developments and progress, I can view personal life in a better perspective.

Can you tell us about some of your hobbies that help you rejuvenate?

I prefer reading books and traveling.

How do you approach inter professional collaboration and teamwork in your clinical setting?

By being good a communicator and having the team work cordially with patient's welfare at the heart.

Meet Our Nurse



Mr Sparsh Athwal
 Clinical Instructor,
 Fortis Hospital, Amritsar

What inspired you to pursue your career in nursing and how has it shaped your professional and personal life?

I always wanted to be a helping and healing hand, so nursing was the profession which could serve this purpose. Since my enthusiasm and curiosity have always been there to learn and grow, I have always been appreciated for my skills. Nursing has brought me up to a level where my fellow workers and family can actually confide and rely upon me.

How do you maintain a healthy work-life balance?

Maintaining work-life balance is a challenge, but my strategy is to have a day out with nature or hang out with friends. Family, friends, and nature release endorphins, acting as stress busters and energy boosters.

Can you share a personal experience exemplifying the impact nursing has had on your life?

Recently, a 6-year-old girl in ICU diagnosed with perforated appendicitis became a profound experience. I used a gentle approach, soothing her pain and addressing her concerns. This therapeutic essence led to effective patient relationships and trust. Though not directly involved, the family approached me for guidance, which was a real bliss.

What steps do you take to stay updated on advancements and evidence-based practices in nursing?

To avoid stagnation, I browse the internet for the latest articles and rely on CDC and WHO guidelines for evidence-based practices. Textbooks are my knowledge storehouse, and I read a few pages daily to apply the learnings in nursing care.

How has your journey been working at Fortis?

Over the years and throughout the journey the experience has been wonderful. Challenges have come with lessons, shaping a rewarding journey.

Tell us a bit about your family.

My parents are teachers, and my younger brother is a student. They motivate and inspire me to keep growing. Their happiness shines through when they hear about my accomplishments.

Anything else that you'd want to share with our readers?

Nursing is more than a profession; it's a calling that demands dedication, compassion, and constant learning. This conversation with our dedicated nurse at Fortis sheds light on the multifaceted aspects of nursing and the impact it has on both professionals and patients alike.

Community Connect

1,500 surgeons worldwide benefit from 'Robotic Masterclass and Live Surgical Workshop' organised by Fortis Bannerghatta Road, Bengaluru



The departments of Urology and Surgical Gastroenterology at Fortis Hospital, Bannerghatta Road, Bengaluru, organised a Robotic Masterclass and Live Surgical Workshop for surgeons throughout India and abroad on July 29, 2023. Aimed at creating awareness about ability and outcome benefit of robotic surgeries, the workshop witnessed demonstration of three robotic surgeries. Dr Mohan Keshavamurthy, Senior Director - Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant, and Robotic Surgery, Fortis Hospitals Bengaluru, Chairman – Renal Sciences Specialty Council, Fortis Hospitals, India alongside Dr Sreeharsha Harinatha, Additional Director Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant, and Robotic Surgery, Fortis Hospital, Bannerghatta led the first segment, showcasing a Robotic Renal

Transplant Surgery followed by Bilateral Inguinal Hernia Mesh Repair and Hiatus Hernia with Left Eventration of Diaphragm Robotic Surgery led by Dr Manish Joshi, Chief Surgical Gastroenterologist, HPB and Bariatric Surgeon, Fortis Hospital, Bannerghatta and the Dr Shashikiran, Associate Consultant – Surgical Gastroenterology, Fortis Hospital, Bannerghatta. Dr Mohan Keshavamurthy and the Dr Manish Joshi shared insights on the 'Benefits and Approaches to Surgical training in Robotic Surgery' and 'Robotic Surgery as Futuristic Technology and the Advantages of Early Adoption into Individual Practice' respectively.

The workshop was streamed live to the hospital's auditorium where over 60 surgeons from Bengaluru observed the proceedings. The live streaming was also transmitted externally which was viewed by more than 1440 surgeons from across geographies, who interacted with Dr Manish Joshi as he moderated the entire robotic masterclass. Notably, three surgeons from the Philippines also observed the surgeries first-hand in the operation theatre. The vigorous workshop marked a resounding success, where many doctors shared their invaluable learning experiences.

National Cancer Survivors Day: Fortis Mohali organises movie screening for 150 cancer survivors



On the occasion of National Cancer Survivors Day, Fortis Hospital, Mohali, organised an exclusive screening of a Bollywood movie for nearly 150 cancer survivors along with their family members at a Chandigarh based mall on June 3, 2023. The event was organised by Saarthak, the Cancer Support Group of Fortis Cancer Institute, Mohali. Doctors from the Oncology Department, including Dr Rajeev Bedi, Director - Medical Oncology; Dr Narendra Bhalla, Director Radiation Oncology; Dr Naval Bansal, Endocrine and

Breast Cancer Surgery expert; Dr Shweta Tahlan, Consultant - Gynae Onco-Surgery; Dr Jitender Rohila, Consultant - Surgical Oncology and Robotic Surgery; Dr Arunjeet Kaur, Principal Medical Officer, and Dr Ketan Dang, Consultant - Medical Oncology, Fortis Hospital Mohali, were also present at the movie screening along with other doctors.

Workshop on 'Vaccine Preventable Disease Surveillance' held at Fortis Mulund



Vaccine Preventable Disease Surveillance session is underway here

Fortis Hospital, Mulund conducted a workshop on 'Vaccine Preventable Disease Surveillance' on June 23, 2023, in conjunction with World Health Organization (WHO) and Municipal Corporation of Greater Mumbai (MCGM). The session was held at Fortis Mulund by Dr Vivek Pardeshi (WHO SMO) and Dr Roopali Bhujbal (EPI AMO, MCGM). The session was

attended by Fortis Mulund's Dr Anita Mathew, Director-General Medicine, Dr Kirti Sabnis, Consultant-Infectious Diseases, Dr Shobha Itollikar, Consultant-Internal Medicine, Dr Manish Itollikar, Consultant-Internal Medicine, Dr Jesal Sheth, Senior Consultant-Paediatrics, Dr Sameer Sadawarte, Senior Consultant-Neonatology along with Dr Manisha Pathak, Head-Medical Services. The event also witnessed participation from doctors and nursing staff from Paediatrics, ENT, General Medicine, Emergency, Infectious Diseases and Intensive Care Unit. Attended by over 40 participants, the hour-and-a-half long workshop focused on the importance of vaccination, eradication of diseases such as Measles & Rubella, and reporting of all cases of fever and rash.

Fortis Hospital, Ludhiana's Department of Transfusion Medicine organises internal CME on 'Therapeutic Plasma Exchange'



The Department of Transfusion Medicine at Fortis Hospital, Ludhiana, organised an internal CME on 'Therapeutic Plasma Exchange' on June 27, 2023, with the aim of creating awareness among clinicians and its potential for enhancing patient care in specific conditions. The session was inaugurated by Dr Vishavdeep Goyal, Head - SBU, Ludhiana and was attended by Dr Anamica Ahuja, Medical Superintendent, Mr A. P. Singh, Head - Administration, Dr Heenakshi Sharma, Consultant - Transfusion Medicine, Dr Navdeep Khaira, Director - Nephrology, and other esteemed faculty members.

The CME included interactive discussions led by senior doctors from various departments that have benefited from Therapeutic Plasma Exchange, including Neurology, Nephrology, Internal Medicine, Critical Care, and Transfusion Medicine. Around 50 doctors from different departments attended the CME. The event concluded with remarks from Dr HS Pannu, Director - Internal Medicine, and Dr Vishavdeep Goyal.

Fortis Shalimar Bagh, New Delhi, organises support group meet with Kidney Transplant patients and donors



Fortis Hospital, Shalimar Bagh, New Delhi, organised multiple activities to mark July as Organ Donation Awareness Month. As part of the event, the hospital conducted an organ transplant support group meet on July 22, 2023. It was well attended by transplant recipients, donors, and prospective transplant patients. Heart-touching stories and experiences were shared by the kidney recipients donors.

Mrs Preeti Monga, a visually impaired aerobics instructor, celebrated motivational speaker a counsellor graced the occasion. The event also included felicitation of participants of the support group activities.

Fortis Hospital, Bannerghatta Road, Bengaluru, organises CPR Conclave, an annual 'Code Blue' meeting



Department of Critical Care Medicine at Fortis Hospital, Bannerghatta Road, Bengaluru, organised CPR Conclave, an annual 'Code Blue' meeting, on July 15, 2023. The programme commenced with lighting of lamp by, Dr Murali Chakravarthy, Director – Clinical Affairs, Dr Padmakumar, Senior Director – Critical Care Medicine, Dr Chandan, Additional Director – Critical Care Medicine, Dr Kumar Swamy, Senior Consultant – Critical Care Medicine, Dr Pooja, Consultant – Critical Care Medicine, Dr Ganesh, Associate

Consultant – Critical Care Medicine, Ms Sunithamma Tomy Deputy, Chief of Nursing and Dr Sunay Mahesh, Senior Manager – Medical Administration. Dr Padmakumar and Dr Ganesh conducted sessions on 'Evolution of CPR' and 'Guideline Changes' respectively. A talk on 'Algorithms' was delivered by Dr Kumar Swamy followed by Analysis of Code Blue Outcomes by respective unit convenors.

Dr. Murali Chakravarthy and Dr Chandan conducted sessions on 'ECPR Learnings' and 'New Developments' respectively. Dr Pooja spoke on 'Post resuscitation Care' followed by a panel discussion on 'Ethics and Legal Implications of CPR' moderated by Dr Padmakumar. The panellists included Dr Mural Chakravarthy, Dr Sheela Chakravarthy and Dr Sunay Mahesh. The conclave was a grand success with participation from nearly 90 people from across Fortis Hospitals Bangalore.

Fortis Escorts Heart Institute, Okhla Road launches 'Reset the Beat,' an awareness campaign on sudden cardiac arrests



Fortis Escorts Heart Institute, Okhla and an external partner launched 'Reset the Beat', a nationwide campaign aimed on Sudden Cardiac Arrests (SCA) and CPR on July 5, 2023. The campaign will eventually be amplified in association with other leading hospitals across India. In the first phase spanning three months, over 1500 people will be trained through 36 CPR workshops across hospitals, railway stations, public markets, schools, colleges etc. in Delhi and Chennai.

Eminent leaders including Prof.

(Dr.) Ashok Seth – Chairman, Fortis Escorts Heart Institute & Fortis Healthcare Medical Council, Dr Anil Saxena - Executive Director, Cardiac Pacing & Electrophysiology, Dr Aparna Jaswal -Director, Cardiac Electrophysiology, Mr. Bidesh Chandra Paul, Head SBU, Mr. Harpreet Singh, Business Partner Sales at Fortis Escorts Heart Institute; Mr. Michael Blackwell, Vice President, Medtronic India graced the launch event with their presence, Mr. Govind Sharma – ACP, Traffic Police, Delhi.

The Reset the Beat campaign extends beyond physical training sessions for bystanders and medical staff and also includes an interactive online platform hosting a rich assortment of resources. These include detailed training modules, enlightening videos and practical guides, all designed to enhance knowledge of sudden cardiac arrest (SCA) signs and suitable responses. Available on the campaign's exclusive website www.resetthebeat.com, these resources are designed for a wide audience, ranging from healthcare professionals to everyday people looking to improve their emergency response abilities.

Inter-Hospital Venous Thromboembolism Prevention Workshop conducted at Fortis Escorts Hospital, Jaipur



Fortis Escorts Hospital, Jaipur, conducted an 'Inter-Hospital Workshop on Venous Thromboembolism Prevention' on the occasion of International Nurses Day 2023, in collaboration with an external partner, on May 9, 2023. A total of 25 nurses from 11 hospitals across Jaipur, including those from Fortis Jaipur, participated in the workshop. Dr Shashikant Sharma, Registrar - Rajasthan Nursing Council, was the chief guest. Ms Jijimol James, Chief Nursing Officer, delivered the welcome address, followed by Mr Neerav Bansal, Head - SBU and Dr Mala Airun, Director - Medical Operations.

The workshop covered topics such as the global economic and humanitarian burden, Virchow's triad in VTE development, the importance of identifying VTE for the healthcare system and patients, VTE assessment tools, and the role of early rehabilitation in addressing Hospital Acquired Thrombosis (HAT). Pre and post-tests were conducted, and the candidates with the highest and second-highest scores were rewarded. The workshop received accreditation of 5 credit hours from the Rajasthan Nursing Council.

Fortis Hospital, Mohali, organises blood donation camp to mark World Blood Donor Day



Glimpses from the event



Fortis Hospital, Mohali, observed World Blood Donor Day by organising a blood donation camp on June 14, 2023. More than 100 units of blood were collected from the staff and other volunteers at the donation drive. Mr Ashish Bhatia, COO-Punjab and Mr Abhijit Singh, Head-SBU, felicitated the donors with certificates and tokens of appreciation. Later, after the cake cutting ceremony, Dr Apra Kalra, Head-Blood Bank, Fortis Mohali, lauded the support shown by the volunteers.

Fortis Hospital, Mulund's Anaesthesia Team hosts course on 'Ultrasonography in Nerve Blocks'

Fortis Hospital, Mulund's Anaesthesia Team comprising Dr Vijay Shetty, HOD-Anaesthesia, Dr Lokesh Chinchkhede, Consultant Anaesthetist, Dr Seema Waidande, Consultant Anaesthetist, and Dr Vinita Keshri, Associate - Consultant Anaesthetist, conducted a cadaver-based course on 'Ultrasonography in Nerve Blocks' on April 30, 2023. 22 delegates were trained at this workshop, including a few post-graduates from Fortis Hospital, Mulund. The USG Nerve Blocks were first demonstrated on volunteers and then on cadavers. The course was held at an external location.



Anaesthesia workshop

Fortis Hospital, Mulund, hosts scientific session on 'Lysosomal Storage Disorders - Diagnosis and Management'



Dr Anup Rawool addressing the participants

Fortis Hospital, Mulund hosted a scientific session on 'Lysosomal Storage Disorders - Diagnosis and Management' on June 20, 2023. The session was hosted by Dr Anup Rawool, Associate Director-Medical Genetics, Consultant-Clinical & Cancer Geneticist, Agilus Diagnostics and Fortis Hospital, Mulund. The session was attended by Dr Manisha Pathak, Head-Medical Services, Fortis Hospital, Mulund and Dr Sameer Sadawarte, Senior Consultant-Neonatology, Fortis Hospital, Mulund along with doctors from various specialties across the hospital. The hour-long session witnessed participation from over 30 attendees.

Engagement

Fortis Escorts, Okhla Road, New Delhi celebrates International Day of Yoga



Nephrology & Kidney Transplant. The session was delivered by Yoga instructors from Ministry of Ayush and saw a participation from more than 150 people.

Fortis Escorts, Okhla Road, New Delhi organised a Yoga session for patients and staff on June 21, 2023 to mark International Day of Yoga. The Yoga session focused on various types of yoga asanas which can help in accelerating patient recovery. The session also included nephrology patients along with Dr Sanjeev Gulati, Principal Director - Nephrology & Kidney Transplant & Dr Ajit Singh Narula, Principal Director

Fortis Mohali organises Art Therapy Summer Workshops for children of facility staff

Ms Anchal Sharma, Counselling Psychologist, Department of Mental Health & Behavioural Sciences, Fortis Hospital Mohali, held Art Therapy Summer Workshops - 'Discovering Pluto' for the children of Fortis employees from June 5-7, 2023. The workshops provided a creative and engaging platform for the children to explore arts and enhance their overall development. Several activities related to art and problem solving exercises were organised during the four-hour sessions. The workshops allowed the children to discover their strengths, develop problem-solving skills, and foster a sense of accomplishment.



250 staff nurses participate in capacity-building workshop on medical devices at Fortis Mohali



and ECG machine among others. Nursing administrators Rajbir Aulakh and Joice Thomas briefed the staff. The workshop was conceptualised and spearheaded by the Nursing Education Department in collaboration with the Biomedical Engineering and medical device vendors.

Over 250 staff nurses of Fortis Hospital, Mohali, attended a capacity-building workshop on medical devices, held at the facility on July 4, 2023. The nursing staff of all critical and non-critical areas were trained on handling critical equipment and critical alarms, and their maintenance. Stations were set up to provide training on various equipment, such as ventilator, defibrillator, syringe pump, cardiac monitor, motorised bed

Events

Fortis Healthcare and Agilus Diagnostics join fight against TB; commence distribution of nutrition kits to patients



Fortis Healthcare and Agilus Diagnostics have joined the fight against tuberculosis (TB) after being designated as Ni-kshay Mitra, as part of the Prime Minister's TB Mukh Bharat Abhiyan (TB eradication campaign). As a first step, Fortis and Agilus have begun distributing nutrition kits to underprivileged patients. On July 10, 2023, Mr Naveen

Bhatia and Ms Nisha Pandey of the Corporate Affairs & CSR Team, representing Fortis Healthcare and Agilus Diagnostics, distributed nutrition kits to TB patients in the Firoz Gandhi Colony and Laxman Vihar areas of Gurugram. Dr Keshav Sharma, Deputy Civil Surgeon and District TB Officer, Gurugram, and Dr Arun Saini, Assistant Senior Medical Officer, Gurugram, were present on the occasion. The initiative will be extended to other centres across the Fortis network.

Coal India Limited signs MOU with Fortis Healthcare to treat Thalassaemic children under its CSR Initiative



Fortis Healthcare has joined hands with Coal India Limited (CIL) to treat underprivileged children suffering from thalassemia, under CIL's flagship CSR initiative, 'Thalassemia Bal Sewa Yojana.' A Memorandum of Understanding (MoU) for this partnership was signed on July 28, 2023, at Fortis Memorial Research Institute, Gurugram, in the presence of Smt. Renu Chaturvedi, General Manager (CSR), Coal India, Smt. Shobha Tuli, Secretary, Thalasseemics India, Shri Anil Vinayak, Group COO, Fortis Healthcare, Dr Rahul Bhargava, Principal Director - Haematology and Bone Marrow Transplant, Fortis Gurugram and other senior leaders from Fortis. In 2017, Coal India had launched 'Thalassemia Bal Sewa Yojana' to support the treatment of underprivileged children affected by Thalassemia. Later in 2020 Aplastic Anemia was also added under the programme.

As per the MoU, financial assistance of up to Rs 10 lakhs will be provided by Coal India Limited to eligible patients for bone marrow transplants and the treatment can be done at Fortis Hospital, Gurugram. Fortis Memorial Research Institute has one of the largest and most comprehensive BMT centres in the country with an experienced team of nearly 20 doctors, who have expertise in treatment of all kinds of blood disorders and also perform complicated Bone Marrow Transplants. The Bone Marrow Transplant Centre in Gurgaon has a 26 bedded BMT ICU and has successfully completed 1500+ Bone Marrow Transplants including 250+ Haploidentical BMTs, 100+ Sickle Cell Anemia BMTs, 100+ Thalassemia BMTs and 75+ Multiple Sclerosis BMTs.

Fortis Hospital, BG Road, Bengaluru, collaborates with Nigerian National Petroleum Corporation to help strengthen their surgical facility



Fortis Hospital, BG Road, Bengaluru, has entered into a collaboration with the Nigerian National Petroleum Corporation (NNPC) to help enhance their surgical facility in Abuja, Nigeria. Dr Rajakumar Deshpande, Director –Neurosurgery, Fortis BG Road along with Ms Renu Vij, Head – International Sales, Fortis Healthcare signed an MoU on June, 14, 2023. The event was attended by Mr Vinayak Nayak, International Sales, Fortis BG Road, Dr Ribadu Musa, MD - NNPC HMO and Dr Mohammed Zango, MD – NNPC Medical Services. With this collaboration Fortis BG Road will be responsible for building surgical capability, growth and expansion of the NNPC facility which has a capacity of 80 beds.

Fortis Hospital, Mulund, hosts workshop on 'Brain Death & Organ Donation' in collaboration with partner



(Seated – on the right) (L-R) Dr Haresh Meshram, Consultant-Critical Care, Fortis Hospital, Mulund, Dr SK. Mathur, President-ZTCC, Mumbai, Dr Abdul Ansari, Head-Intensive Care, a city hospital, and Dr Amit Raodeo, Consultant-Critical Care, Fortis Hospital, Mulund engage with (L) Dr Vaishali Solao on a difficult case scenario.

Fortis Hospital, Mulund, in collaboration with Zonal Transplant Coordination Centre (ZTCC), Mumbai, organised a workshop on 'Brain Death and Organ Donation' on July 1, 2023. Hosted at Fortis Mulund, the program was attended by 70 delegates from across the city, including Physicians and Transplant Coordinators. The program included talks by Fortis Mulund's Dr Amit Raodeo, Consultant-Critical Care on 'Identifying Brain Death' and Dr Tushar Budvani, Consultant-Critical Care on 'Maintenance of Brain-Dead Donor'. This was followed by a panel discussion on various difficult situations faced by intensivists and clinicians in Brain Stem Death declaration and organ donation. The highlight of the program was a talk by Dr SK. Mathur, President, ZTCC, Mumbai on 'Donation after Cardiac Death (DCD) and Status in India as of Today'. Dr Jumana Haji, Director-ECMO Program, spoke on DCD with normothermic perfusion.

Dr Manisha Pathak, Head-Medical Services, Fortis Hospital, Mulund, presented the inaugural talk and the workshop was helmed by Dr Vaishali Solao, Director-Critical Care, Fortis Hospital, Mulund.

CME on 'Blood and Coagulation - Anaesthesia Review' hosted at Fortis Hospital, Mulund

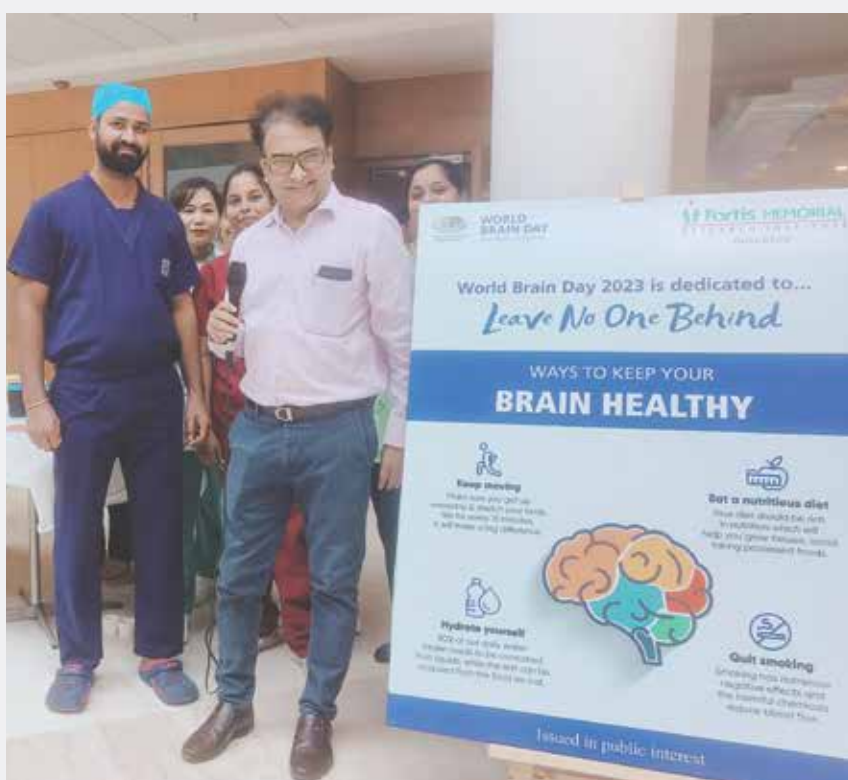


Dr Subhprakash Sanyal, Director- Dept. of Haematology & BMT, Fortis Hospital Mulund hosting a session on 'A Haematologists view on coagulation issues in a patients coming in for surgery'

A CME on 'Blood and Coagulation - Anaesthesia Review' was organised by Mumbai Anaesthesiologist Society and the Department of Anaesthesia, Fortis Hospital Mulund. Held on May 27, 2023, the CME coordinated by Dr Vijay Shetty, HOD-Anaesthesia, Fortis Hospital , Mulund, had lectures on basic topics like coagulation pathway, tests and drugs acting on coagulation pathway, as well as recent update on regional anaesthesia in patient on antiplatelet & anticoagulants. The session also featured an interdepartmental discussion on a Haematologist's view on patient with coagulation issues coming in for surgery.

Dr Anila Malde, HOD-Anaesthesia, Lokmanya Tilak Municipal General Hospital, Sion, Mumbai was invited as a speaker for this session. Dr Subhprakash Sanyal, Director- Dept. of Haematology & BMT was invited as a guest speaker. Panel discussions on various practical issues regarding coagulation was also conducted.

World Brain Day celebrated at Fortis Memorial, Gurugram



Fortis Memorial Research Institute, Gurugram, organised an event to mark World Brain Day event on July 24, 2023, featuring a talk by Dr Praveen Gupta, Principal Director – Neurology, on brain care. The Nutrition team, too, participated in the event organised multiple engaging activities. The event aimed at raising awareness about the importance of brain health and cognitive well-being.

Dr Praveen Gupta's insightful talk provided valuable information and tips on how to take care of our brains and maintain optimal brain health. The audience benefited from his expertise in the field of neurolog and gained a better understanding of brain-related issues. The Brain Day event also featured various activities designed to stimulate mental agility and promote brain fitness. These activities were both enjoyable and educational, encouraging participants to actively participate in exercises that support brain function.

SL Raheja Hospital collaborates with Crime Branch - Mumbai Police, to host session on 'Women's Safety & POCSO'



Crime branch officials Ms Unnati Thakkar & Ms Mahima Mohite (C) with the HODs and participants from SL Raheja Hospital

SL Raheja Hospital, Mahim - A Fortis Associate, in collaboration with Crime Branch – Mumbai Police, conducted an awareness programme on 'Women's Safety & POCSO (Protection of Children from Sexual Offences).' Held on July 25, 2023, the 90-minute session was led by Crime Branch officials. They engaged with the audiences to share information on various forms of safety issues amongst women and children, and when and how to seek emergency guidance in those situations. Real situation-based examples were shared as a part of the lecture; this was an important step for the audience to understand the importance of safety and assistance in the need of the hour. The session was well attended by more than 75 female employees from across all functions of the hospital.

Fortis Hospital Mulund collects 500 units of blood in a day-long drive



Blood donation drive is underway here

Team from Fortis Hospital, Mulund recently hosted a day-long blood donation drive in conjunction with Dr Shri Nanasaheb Dharmadhakari Sansthan. 500 voluntary blood donors participated in this drive, helping collect 500 units of blood in a day – highest ever collection by the hospital. Held on July 16, 2023, the drive was led by Dr Lalit Dhantole, Consultant & Head-Transfusion Medicine and his team, and supported by Ms. Manjusha T. Senior Manager-Sales & Marketing and Jaseem Khan, Senior Officer-Community Connect, Fortis Hospital, Mulund.

Fortis La Femme GK-2, New Delhi, observes World IVF Day



Fortis La Femme GK-2, New Delhi, organised an event to celebrate World IVF Day on July 25, 2023, in collaboration with Bloom IVF Centre. The event witnessed the participation of various healthcare facilitators and medical tourism companies and aimed to raise awareness about IVF and advancements in reproductive healthcare.

Dr Sunita Arora's insightful presentation captivated the audience, helping them understand the intricacies of IVF while dispelling common misconceptions. The interactive Q&A session further enriched the guests' knowledge and provided a supportive environment for sharing experiences. The celebration concluded with a delightful cake-cutting ceremony, symbolizing hope and new beginnings for couples seeking parenthood through assisted reproductive technologies.

Over 500 people participate in Walkathon organised by Fortis Hospital Shalimar Bagh, New Delhi to promote awareness about organ donation



On the occasion of Indian Organ Donation Day, Fortis Hospital, Shalimar Bagh, New Delhi, organised a Walkathon on August 3, 2023, to spread awareness about organ donation in the community. The event was well received and attracted participation from senior clinicians, staff and paramedics. The event was appreciated by the local community and various NGOs working for the cause. An overwhelming response of more than 500 people was witnessed for the event.



Fortis celebrates World Breastfeeding Week

Fortis Hospital, Bannerghatta Road, Bengaluru observes World Breastfeeding Week 2023



Fortis Hospital, Bannerghatta Road, Bengaluru observed World Breastfeeding Week from August 1-7, 2023, by organising various activities. The inaugural ceremony was graced by the senior leadership of Fortis Hospitals, Bengaluru, HODs, doctors and nurses at Fortis Hospital, Bannerghatta Road. Fortis BG Road's team of Obstetricians and Gynaecologists along with Paediatricians, the Nursing team, the Nest team, the Nutrition Department and the Lactation Clinic conducted 14 programs during the week with participation from nearly 750 people, which included a IYCF (Optimal Infant and Young Child Feeding) certification training program, poster and quiz competitions for staff and patients and webinars on various topic related to breastfeeding. The competitions concluded with a prize distribution ceremony wherein the winners of the competitions were rewarded. The program was further amplified through medical colleges, nursing colleges PHCs, urban slums and non-governmental organisations alongside a special programme on 360 degree healthcare in the rural area.

Fortis La Femme, GK 2, New Delhi, celebrates Breast Feeding Week



Breast Feeding Week was celebrated from August 1-7, 2023 at Fortis La Femme, GK-2, New Delhi. The celebratory week saw awareness sessions by Dr Anita Sharma, Lactation Consultant, on various forums, motivating new mothers to exclusively breast feed. A poster competition by nurses was also held on the topic to spread the message.

World Breastfeeding Week celebrated at Fortis Hospital, Shalimar Bagh, New Delhi



Team Mamma Mia along with Fortis Nest Team at Fortis Hospital, Shalimar Bagh, New Delhi, arranged a range of activities to sensitise staff and antenatal patients, as part of World Breastfeeding Week. Nurses training (55 nurses) and Poster making competition (14 entries from nurses) was held and was judged by the antenatal OPD patients. An informative free antenatal workshop on breastfeeding was also organised for them and was attended by 21 couples. Online sessions were recorded on breastfeeding and its benefits with Dr Vivek Jain, Director and HOD Neonatology, Dr Arvind Kumar, Director and HOD – Paediatrics, Dr Sunita Varma, Director - OBGYN and was moderated by Dr Manishika Patait, Antenatal Programme Manager (Mamma Mia).

Awards & Accolades

Fortis Hospital, Cunningham Road, Bengaluru, recognised as the Centre of Excellence in Hernia Surgery



Dr Ganesh Shenoy

Fortis Hospital, Cunningham Road, Bengaluru, has been recognised as a Centre of Excellence in Hernia Surgery by Hernia Society of India. Fortis CG Road is the first corporate hospital in southern India to get this recognition. The certification was given in recognition of the work done in the field of Hernia Surgery by Dr Ganesh Shenoy, Additional Director – GI, Minimal Access & Bariatric Surgery at Fortis Hospital Cunningham Road. Dr Shenoy has performed numerous laparoscopic procedures with basic, advanced, newer and innovative techniques for all types of hernias. In addition to performing surgeries, he also regularly conducts courses and has trained many surgeons across the country and abroad in the field of Hernia Surgery.

Fortis Escorts, Okhla, New Delhi, wins Swachhta Champion award for the second year in a row



Fortis Escorts, Okhla has won the 'Swachhta Champion' award for the second year in a row. The award, instituted by the Municipal Corporation of Delhi and announced on World Environment Day, on June 5, 2023, was won in the Bio-Waste Management/Bulk Waste Generator category. The honour was presented by Dr Shelly Oberoi, Hon'ble Mayor of Delhi, Shri Aaley Mohammad Iqbal, Deputy Mayor, Delhi, Shri Mukesh Goel, Leader of the House, Delhi, Shri Gyanesh Bharti, Commissioner - Municipal Corporation of Delhi, Smt. Shakshi Mittal, Additional Commissioner and Smt. Angel Bhati Chauhan, IAS. Ms Sangeeta Dua, Head - Administration and Mr Mukesh Kumar, Head - Housekeeping along with the Housekeeping Team received the award on behalf of the hospital.

Dr Kunal Bahrani of Fortis Escorts Hospital, Faridabad, receives 'Most Trusted Neurologist in Delhi/NCR' award



Dr Kunal Bahrani, Director & HOD - Neurology, Fortis Escorts Hospital, Faridabad, has been felicitated with the 'Most trusted Neurologist in Delhi/NCR' on June 23, 2023, at Dr APJ Abdul Kalam Inspiration Awards, 2023. Dr Bahrani was honored with this award in the presence of Ms Mary Kom, Indian Boxer, Politician, and former Member of Parliament - Rajya Sabha, Dr Thakur Raghuraj Singh, Chairman/State Minister of Labour and Employment - Govt. of Uttar Pradesh, Shri Ramdas Athawale, Union Minister of State for Social Justice and Empowerment - Govt.

of India, Shri Jai Prakash Nishad, Member of Parliament - Rajya Sabha and Shri Ramdas Tadas, Member of Parliament - Lok Sabha.

Two posters presented by Ashwani Kumar, Lead Antimicrobial Pharmacist of Fortis Hospital Mohali, at CIDSCON 23

Ashwani Kumar, Lead, Antimicrobial Pharmacist of Fortis Hospital Mohali gave two poster presentations at the annual conference of Clinical Infectious Diseases Society of India (CIDSCON) held at Chennai from July 7-9, 2023, on behalf of Fortis Mohali's AMS team. The two poster presentations were titled 'Can Antimicrobial Time-Out be the game changer?' and 'DDD & DOT & DRI – Effective metrics to monitor the impact of an antimicrobial stewardship programme (ASP) in a tertiary care hospital of Northern India.' The abstracts of these posters have also been published in JCIDS.



Ashwani Kumar

Case study by Dr Narendra Bhalla of Fortis Mohali published in International Research Journal of Oncology



Dr Narendra Bhalla

A case study on 'Skeletal Ewing Sarcoma with Multiple Metastases in both lungs treated with Volumetric Modulated Arc Therapy (VMAT)' conducted by Dr Narendra Kumar Bhalla, Director Radiation Oncology, was recently published in the International Research Journal of Oncology, 6 (1), 143–147. Lung-only metastasis in Ewing Sarcoma is a rare presentation in an otherwise common skeletal malignancy with a poor 5-year overall survival of 30% and a 10-year event free survival of 50.3%, respectively. Dr Bhalla had treated an 11-year-old boy with ES lung-only metastatic disease, who underwent Whole Lung Irradiation post standard chemotherapy using VMAT technique. This was done to reduce the radiation dose to critical organs at risk (OAR's) viz heart and spinal cord and document dosimetric parameters.

Dr Nitin Shankar Behl of Fortis Ludhiana wins 'Most Inspirational Doctor Award'



Dr Nitin Shanker Behl, Additional Director - Institute of Gastro and Liver Diseases, Fortis Hospital, Ludhiana, has been honoured with the 'Most Inspirational Doctor Award' in the field of Gastroenterology at the Dr APJ Abdul Kalam Inspiration Awards 2023. He was given this honour by Shri Arif Mohammed Khan,

Governor of Kerala, at Vigyan Bhavan, Delhi, on June 24, 2023. The occasion also featured an esteemed invitee list comprising of Olympic medallist Ms Mary Kom and well known politicians, Shri Prakash Javadekar and Shri Shahnawaz Hussain.

Dr Behl has an experience of over 15 years in the field of Gastroenterology and has to his credit more than 1 lakh procedures. He was also honoured with the National Scholar Award by the United European Gastroenterology Federation in 2010 and became the first Indian to receive this award. Apart from this, he has also received the International Scholar and Young Clinic Award from the European Association of Liver Diseases and the Young Investigator Award by the British Society of Gastroenterology.

Deepak Negi of Fortis Escorts, Okhla, New Delhi wins three gold medals at sports meet in New Delhi

Deepak Negi, Manager - Accounts, Fortis Escorts, Okhla, New Delhi, has won three gold medals at Sanyukta Bhartiya Khel Foundation's 8th National Games held at Jawahar Lal Nehru Stadium, New Delhi on May 28, 2023. He delivered a spectacular performance in long jump, triple jump and 100 metre hurdle race. The event attracted over 3,000 athletes from more than 20 states.

Deepak has won many accolades in the past at prestigious national and international sports meets, including the Masters Games held in Singapore, Japan, Australia, New Zealand, Italy and Thailand. As of now he has collected 34 international medals including 21 gold medals, 5 silver medals and 8 bronze medals. He is now preparing for the Australia Master Games – Adelaide and Pan America Master Games, to be held next year in Cleveland.



Fortis hospitals excel in Newsweek's World's Best Hospitals 2023 - India list

| Rank | Hospital | City |
|-------------|---|-------------|
| 15 | Fortis Ft. Lt. Rajan Dhall Hospital | New Delhi |
| 22 | Fortis Memorial Research Institute | Gurugram |
| 23 | Fortis Hospital Mulund | Mumbai |
| 36 | Fortis Hiranandani Hospital | Navi Mumbai |
| 40 | Fortis Hospital Nagarbhavi | Bengaluru |
| 47 | Fortis Malar Hospital | Chennai |
| Specialized | Fortis Escorts Heart Institute - Cardiology | New Delhi |

Newsweek, a US-based weekly news magazine, and global data firm, Statista, have announced the fifth annual listing of the World's Best Hospitals 2023. Over 2,300 hospitals in 28 countries have been listed. For the first time, top 250 global hospitals have been ranked. The publication has listed the best hospitals by country and each country list also includes a listing of top speciality hospitals.

Photo Feature

Fortis celebrates



Fortis Nagarbhavi, Bengaluru



Fortis Escorts Heart Institute, Okhla, New Delhi



Fortis Escorts Hospital, Jaipur



Fortis Escorts Hospital, Faridabad



Fortis Heart & Kidney Institute, Kolkata



Fortis Hospital, BG Road, Bengaluru



Fortis Hospital, Cunningham Road, Bengaluru



Fortis Hospital, C-DOC, New Delhi



Fortis Hospital, LaFemme, GK II, New Delhi



Fortis Hospital, Mulund



Fortis Corporate Office



Fortis Hospital, Greater Noida



Fortis Hospital, Kalyan



Fortis Vasant Kunj, New Delhi



SL Raheja, Mahim



Fortis Hospital, Noida



Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Hospital, Vashi



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Richmond Road, Bengaluru

Congratulations

New Additions to the Family



Baby of Vijay Kumar - Fortis C-DOC



Baby of Sridhara N V - Fortis Richmond Road



Baby of Geetha R - Fortis Nagarbhavi