

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



Fortis Hospital, Faridabad



Fortis Escorts Heart Institute, New Delhi



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Noida



Fortis Hospital, Vadapalani, Chennai



Fortis Hospital, Jaipur



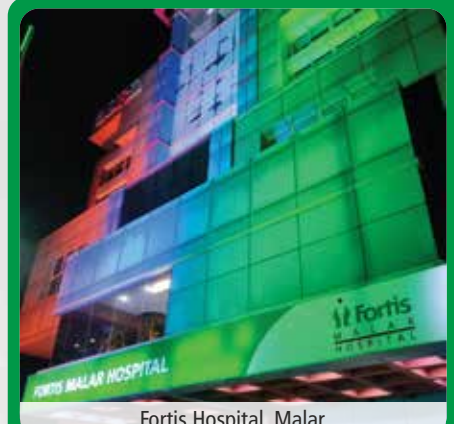
Fortis Hospital, CG Road, Bengaluru



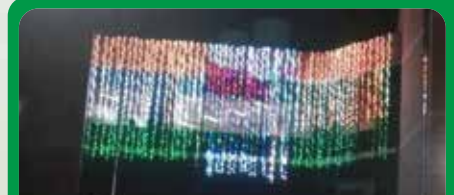
Fortis La Femme, GK-II



S L Raheja Hospital



Fortis Hospital, Malar



Fortis Hospital, Mohali



Fortis Hospital, Mulund

Fortis Celebrates
**75 Glorious
Years of INDIA'S
INDEPENDENCE**

Message from the MD & CEO

Dear Colleagues,

Heartiest Independence Day good wishes. As the country celebrates 'Azadi Ka Amrit Mahotsav' to commemorate 75 glorious years of our Independence, let us re-dedicate ourselves to the cause of healing, helping and doing good every day.

There has been a lot going on at Fortis over past few weeks and I am happy to share a few highlights. However, I want to start by thanking and acknowledging our wonderful doctors and nurses for their enormous contribution. Whether it is a life-saving procedure in the OT or sharing knowledge with the public through media interactions, our clinicians lead the way and make us proud every day.

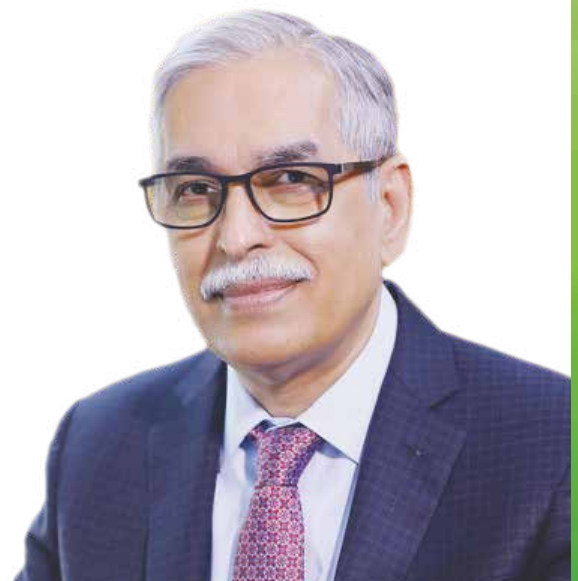
As you are aware, we are focusing strongly on building our presence and augmenting our medical services. As part of this initiative, a state-of-the-art Cancer Daycare centre was inaugurated at Defence Colony, New Delhi. We are exploring opportunities to expand our footprint and capacity expansion projects are already underway at several units across the network. We are also adopting cutting edge technology and several infrastructure upgrade projects are being pursued vigorously across our network.

We have recently made some realignments in the leadership structure. These changes are aimed at making our organisation more purposeful, aligned and responsive to the emerging requirements.

As we head towards September and the change in seasons, we are witnessing a rise in vector-borne diseases. COVID-19 is also spiking in some areas and these developments definitely call for being extra careful and observant. I urge all of you to continue to take adequate precautions and stay protected.

Thank you for all your hard work.

Regards,
Dr A. Raghuvanshi
MD & CEO



New Beginnings & Launches

State-of-the-art Fortis Cancer Institute inaugurated at Defence Colony, New Delhi



From left to right: Dr Vedant Kabra, Principal Director - Surgical Oncology at Fortis Memorial Research Institute, Gurugram, Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, Dr Nitesh Rohatgi, Senior Director - Medical Oncology, Fortis Memorial Research Institute, Gurugram, eminent film personality Ms Sharmila Tagore, Dr Ankur Bahl, Senior Director - Medical Oncology and Haemato-Oncology, Fortis Memorial Research Institute, Gurugram, Dr Vinod Raina, Chairman - Oncosciences, Fortis Cancer Institute, Mr Mahipal Singh Bhanot, Business Head - FMRI, Shalimar Bagh & Vasant Kunj, Mr Anil Vinayak, Group Chief Operating Officer, Dr Ritu Garg, Chief Growth & Innovation Officer and Dr Rama Joshi, Principal Director - Gynaecology Oncology, Fortis Memorial Research Institute, Gurugram



Dr Ashutosh Raghuvanshi with Chief Guest Ms Sharmila Tagore

A state-of-the-art Fortis Cancer Institute was inaugurated at Defence Colony, New Delhi, on June 22, 2022. This daycare centre is the latest addition to the comprehensive Cancer Care programme of Fortis in Delhi NCR. The institute is led by highly skilled and experienced Oncologists, offering personalised cancer treatment with a focus on providing empathetic care to patients in a positive, warm and comfortable environment.

The Centre is equipped with a 12-bedded chemotherapy facility and aims to have programmes for patients focused on mind, body and nutrition. The centre was inaugurated by eminent film personality Ms Sharmila Tagore in the presence of Dr Ashutosh Raghuvanshi, MD & CEO, senior clinicians and the Fortis Leadership.

High Dose Radiolodine Therapy Isolation Ward inaugurated at Fortis Hospital, Bannerghatta Road, Bengaluru



(R-L): Dr Murali Chakravarthy, Director - Anaesthesia, Critical Care and Pain Relief, Mr Anil Vinayak, Group COO, Mr Praveen Wali, Head - Administration, Dr Priya Sreedharan, Medical Director, Dr Vivek Jawali, Chief Cardiothoracic & Vascular Surgeon and Chairman - Cardiovascular Sciences, Fortis Hospitals, Bangalore, Sister Latha, CNO, Dr Gayana S, Consultant - Nuclear Medicine, Mr Akshay Oleti, Business Head - Bangalore, Mr Ganesh Rao, Head - Zonal HR and Dr Sunay Mahesh, Head - Medical Services

A state-of-the-art High Dose Radiolodine Therapy Isolation Ward was inaugurated at Fortis Hospital, Bannerghatta Road, Bengaluru, in the presence of Mr Anil Vinayak, Group COO, on June 14, 2022. The facility is a sophisticated and well-ventilated isolation set up for patients requiring High Dose Radiolodine Therapy and is led by Dr Gayana S, Consultant - Nuclear Medicine. The isolation unit accommodates two patients at a time. Radioiodine is the mainstay of treatment for cancer of thyroid gland.

State-of-the-art Joint Replacement Care Centre launched at Fortis Hospital, Shalimar Bagh, New Delhi

The Fortis Bone & Joint Institute at Fortis Hospital, Shalimar Bagh, New Delhi, launched a dedicated, state-of-the-art Joint Replacement Care Centre on July 1, 2022. The centre is backed by advanced technological equipment and will



Mr Deepak Narang, Facility Director Fortis Hospital, Shalimar Bagh, congratulating Dr Prof Amite Pankaj Aggarwal, Director & HOD, Orthopaedics



Inauguration of the Joint Replacement Care Centre at Fortis, Shalimar Bagh

cater to personalised care and rehabilitation of patients. The institute has an advanced fourth generation pinless computer navigation system, which helps in knee surgeries using the latest cutting-edge technology to make the implants placed last longer, reduce complications and aid faster recovery. The newly launched institute also caters to fast-track knee replacement surgeries, including painless and stitch-less procedures, ensuring the best possible clinical outcomes. In order to ensure a pain-free recovery of the patients, a dedicated Pain Management Team ensures painless rehabilitation. Additionally, the Joint Replacement Care Centre conducts all kinds of partial knee replacements, revision knee replacements, hip replacements, revision hip replacements, total shoulder replacements and reverse shoulder replacement surgeries.

Speaking on the launch, Dr (Prof.) Amite Pankaj Aggarwal, Joint Replacement Surgeon & Head - Orthopaedics, Fortis Hospital, Shalimar Bagh, said, "We are happy to launch a specialised and advanced Joint Replacement Care Centre. This newly launched centre will provide fast-track surgery with minimal pain along with fast recovery, cutting-edge technologies, a dedicated pain management team, and will use painless techniques of physiotherapy and rehabilitation. Our team of experts is committed to provide the best patient outcomes through modern technology, innovation and rich clinical expertise and experience."

Fortis Healthcare Information Centre inaugurated at Nellore, Andhra Pradesh



The Information Centre being inaugurated

A Fortis Information Centre was inaugurated at Vijaya Hospital, Nellore, Andhra Pradesh, on May 26, 2022, by Dr G Ashok, Ex-president, IMA Andhra Pradesh, in the presence of Dr Krishna Reddy, Founder and Director, Vijaya Hospital and Dr Poorna Chandran, Medical Superintendent, Fortis Hospital, Vadapalani.

The information centre has been established to make Fortis Healthcare's world-class healthcare services accessible

to the people of Nellore. Doctors from Fortis hospitals in Chennai from various specialties such as Cardiology, Pulmonology, Neurology, Gastroenterology and Nephrology will visit the information centre regularly to provide OPD consultations. The centre is expected to be beneficial for those residing in the remote areas of Nellore and the adjoining districts, who had to travel to far off metro cities to avail of international standard medical advice.

New floor with 42 additional beds inaugurated at Fortis Hospital, Mulund



Mr Anil Vinayak, GCOO, with Team Mulund at the inauguration

Fortis Hospital, Mulund, has added a new floor consisting of additional 42 beds in twin sharing, single room and isolation room settings. The new floor – Level 8 – was inaugurated by Mr Anil Vinayak, Group COO, along with Dr S. Narayani, Business Head – Mumbai, on June 30, 2022. Ms Rinku Mavani, Business Partner – Sales, Fortis Hospital, Mumbai, Mr Mohit Wankhede, Head – Administration, Fortis Hospital, Mulund, Mr Satish Patil, SBU Head – HR, Fortis Hospital, Mumbai, Mr E Chandrashekhar, Head – Finance, Fortis Hospital, Mulund, Ms Minimole Varghese, Chief Nursing Officer, Fortis Hospital, Mulund and Mr Kalidas Bharate, Head – Corporate Affairs, Fortis Hospital, Mumbai, were also present during the inauguration.

International Patient Waiting Lounge inaugurated at Fortis BG Road, Bengaluru

With an aim to provide better comfort and accessibility to International patients and their attendees, Fortis Hospital, Bannerghatta Road, Bengaluru has created a dedicated International Patient Waiting Lounge. The lounge was inaugurated on May 19, 2022, by Dr Priya Sreedharan, Medical Director, Fortis BG Road and Mr Vinayak Nayak, Head - International Marketing, Fortis BG Road. The lounge has a waiting area and a discussion room that will be used to brief and counsel the patients for various cases such as transplants and complex surgeries.



Dr Priya Sreedharan along with Mr Gopi, Business Partner - Sales and Mr Vinayak, Head- International Marketing, inaugurating the lounge



Dr Priya Sreedharan and Sister Latha lighting the ceremonial lamp

Clinical Excellence

First in India: 74-year-old with congenital heart anomaly gets new lease of life after challenging TAVR at Fortis Escorts, New Delhi



Dr Atul Mathur with the patient

A team of doctors at Fortis Escorts Heart Institute, New Delhi, led by Dr Atul Mathur, Executive Director – Interventional Cardiology & Chief of Cath Lab, performed a challenging Transcatheter Aortic Valve Replacement (TAVR) procedure on a 74-year-old male patient who was born with his heart on the right side (dextrocardia), on May 25, 2022. This is the first such case reported in India and only the fourth in the world.

The patient was admitted with complaints of chest pain for about a week. He had also been feeling breathless on exertion for about a year and a half. The patient had multiple comorbidities, including diabetes, hypertension and obstructive sleep apnea. He also had a very high body

mass index. Investigations revealed that the patient was suffering from aortic stenosis, a condition wherein the heart's aortic valve gets constricted, resulting in reduced blood flow from the heart to the rest of the body. Though the patient's anomalous heart condition and comorbidities posed a challenge, the doctors performed the TAVR procedure successfully, giving the patient a present in the form of a fresh lease of life a day before his birthday on May 26. After a brief hospital stay of three days, the patient was discharged in a stable condition.

In a first in Western UP, 'Impella' pump used at Fortis Noida during the treatment of 62-year-old's heart blockages

In a first in Western Uttar Pradesh, doctors at Fortis Hospital, Noida, successfully performed a complex angioplasty and stenting procedure with the help of Impella – the smallest heart pump – on a 62-year-old male suffering from multiple heart blockages and valve leakage. The device is used to maintain blood flow during complex cardiac procedures when the heart function is low.

The patient had undergone angioplasty and stenting of the right artery four years ago at Fortis Noida. However, for the last two years, he was suffering from breathlessness, chest pain and suffocation on mild exertion. An echocardiogram showed reduced heart function (LVEF 30-35%) and moderate leakage of the mitral valve, which

regulates blood flow between the upper left and the lower left heart chambers. An angiogram, done to check how the previously placed stent was functioning or if any new blockage had developed on the left side of the artery, revealed a critical triple vessel disease with 90% blockage in the left main artery of the heart with more than three significant blockages. The patient also suffered from high blood pressure and was on heavy medication. In view of his compromised lung function due to a history of smoking and high-risk bypass surgery, the doctors opted for a multi-vessel angioplasty by using a miniature heart pump, Impella, to support the heart function during the procedure.

Dr Ajay Kaul, Chairman - Cardiac Sciences and Dr Sanjeev Gera, HOD & Director - Cardiology, Fortis Hospital, Noida, said, "The challenge in this case was that the patient was a past smoker and his lungs were not in good condition for a bypass surgery. He was advised Impella assisted angioplasty (protected PCI) because of high risk in bypass surgery."

The patient underwent a three-hour angioplasty wherein four stents inserted under intravascular ultrasound guidance. The procedure went off very well and the device was removed after an hour. The hospital stay went smoothly and his heart function increased to 40% at discharge on June 6, 2022.



Dr Sanjeev Gera with the patient

Doctors at Fortis Memorial, Gurugram, use extremely challenging Intra-Arterial delivery of Chemotherapy (IAC) procedure to treat Nigerian infant's eye cancer



Dr Anita, Dr Mayank, patient & family



The IAC Team with the patient and his family

A multi-disciplinary team of doctors, including Dr Anita Sethi and Dr Mayank Bansal from the Ophthalmology Team, Dr Vijay Kant Dixit from Interventional Neuro-Radiology and Dr Suman S Karanth from Medical Oncology at Fortis Memorial Research Institute,

Gurugram, used the Intra-Arterial delivery of Chemotherapy (IAC) procedure to treat a Nigerian infant's Bilateral Retinoblastoma (Eye Cancer of both eyes). FMRI is one of the first private hospitals to perform this procedure in Northern India.

This was case of Familial Retinoblastoma. The child's father had the same disease and both his eyes had to be removed. The child's left eye, which had a large tumour, had been removed in Nigeria. He had received chemotherapy in Nigeria, which had caused regression of the right eye Retinoblastoma lesions. However, the right eye had a recurrence and the child was brought to FMRI for treatment. To minimise systemic side effects and deliver chemotherapy as locally as possible, an IAC was planned, wherein the drugs were delivered into the Ophthalmic Artery under radiological guidance. This was extremely challenging, as the arteries are very small and delicate in infants. Also, any leakage of the drugs could have damaged the optic nerve or other delicate structures of the eye.

After two cycles of IAC, the child had a complete regression of the right eye tumours. He maintained the vision in the affected and only eye. The success of the procedure was fruitful due to the teamwork between the Ophthalmology, Interventional Radiology and Medical Oncology teams.

Multi-disciplinary team of doctors at Fortis BG Road, Bengaluru, help 18-year-old accident victim return to normal life



Dr Padmakumar with the patient



Dr Manish Joshi (L) and Dr Pruthu (R) walking with the patient



Patient along with team of doctors in the ICU

A multi-disciplinary team of doctors from Neurosurgery, Orthopaedics, Cardiothoracic, Anaesthesia, Pulmonology, Infectious Disease, and Surgical and Critical Care at Fortis Hospital, BG Road, Bengaluru, gave a new lease of life to an 18-year-old boy who had met with a high-impact accident that caused multiple fractures and crushed both the lungs. The team of doctors included Dr Padmakumar, Head - Critical Care, Dr Vivek Anand Padegal, Director - Pulmonology, Dr Pruthu Dhekane, Infectious Diseases Specialist, Dr Pooja, Dr Chandan Consultant - MICU, Dr Sudarshan GT, CTVS, Dr Geeta, ECMO, Dr Manish Joshi, Senior Surgical Gastroenterologist among others. The patient underwent prolonged ICU stay and was closely monitored for over two-and-a-half months. He was discharged on May 27, 2022. During a recent follow-up visit, the patient was able to walk by himself. The patient's parents have gratefully acknowledged the excellent care provided by Team BG Road.

Doctors at Fortis Nagarbhavi, Bengaluru, remove 67-year-old's complex and recurrent Common Bile Duct stones along with broken stent



A team of doctors led by Dr Ramraj V N, Consultant Surgical Gastroenterologist, Advanced Laparoscopy, Bariatric and Metabolic Surgeon at Fortis Hospital, Nagarbhavi, Bengaluru, successfully removed complex and recurrent Common Bile Duct stones along with an adherent and broken common bile duct stent from a 67-year-old patient by combining Laparoscopic CBD exploration with Choledochoscopy. The patient was discharged on April 27, 2022.

Unlike conventional techniques which use X-ray or C-arm imaging, Choledochoscopy offers the advantage of direct visualisation of the enlarged bile ducts to ensure complete removal of all stones and sludge, the doctor said. This patient had Gall bladder stones (Cholelithiasis) with Common bile duct stones (Choledocholithiasis) in 2020, and had undergone endoscopic removal of stones with stenting at a private hospital. Two years later, the patient developed Common bile duct stones (Choledocholithiasis) and infection of the biliary system (Cholangitis). Repeat endoscopy and stone removal was attempted. But, the stent placed earlier was adherent and broke and could not be retrieved completely.

He visited Fortis Nagarbhavi for further management. After elaborate discussions on all the available treatment options, patient and family opted for a single stage treatment, i.e surgery. The doctors went ahead with Laparoscopic Cholecystectomy with Laparoscopic Common Bile Duct Exploration & Choledochoscopy, where through laparoscopy or small key holes, gall bladder with stones were removed and along with this the Common bile duct was identified and opened through the same small key holes and the previously placed broken and densely adherent or stuck stent was removed, the common hepatic (CHD) and common bile duct (CBD) were cleared of all the calculi (stones) using a Fogarty balloon catheter. Choledochoscope, a special slender fibre optic scope, was introduced through these same small key holes (Laparoscopically) in to the bile tubes and clearance was ensured.

Milestones

Fortis Hospital & Kidney Institute, Kolkata, celebrated its 23rd Foundation Day



Dr Partha Karmakar felicitating Dr Shivaji Basu



Cake Cutting



Cake



Dr R. K. Gopala Krishna and Dr Basu



Dr Ayush Choudhary honouring Dr Shivaji Basu



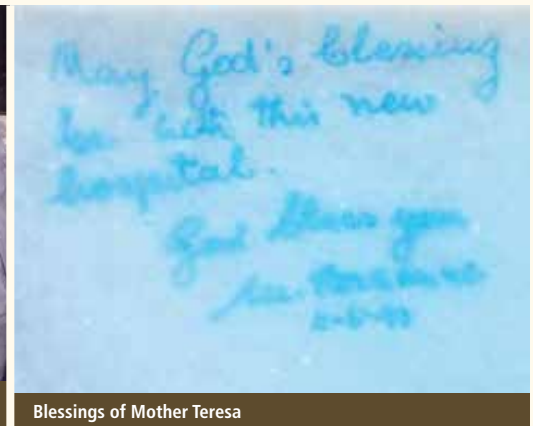
Dr Partha Karmakar, Dr Basu and Dr Ayush Choudhary



Team-FHKI



This day, 23 years ago - Dr Basu with Mother Teresa at the Foundation Stone laying ceremony



Blessings of Mother Teresa

Fortis Hospital & Kidney Institute, Kolkata, celebrated its 23rd Foundation Day on July 2, 2022. The event began with the felicitation of Dr Shivaji Basu, Director – Urology, who has been one of the pillars of the hospital. This was followed by cake cutting by Dr Basu, Dr R. K. Gopala Krishna, Director – Urology and Dr Partha Karmakar, Consultant – Nephrology, in the presence of Dr Gautam Hazarika, Medical Superintendent, Capt Gopa Hazra, CNO, Mr Subhendu Prakash, Facility Director and employees of the hospital. The hospital facade was decked up with a drop down captioned “23 Years of Helping People Live their Best Life.”

The hospital had started its journey as a super-speciality hospital with 43 beds dedicated to Urology & Nephrology Care in 1999. The hospital was the first-of-its-kind for renal care centre in Eastern India and is now acclaimed as a tertiary referral centre for renal diseases and the preferred destination for kidney transplants in the region. The hospital has 569 kidney transplants to its credit. It is also the first hospital to undertake lithotripsy, laparoscopic donor nephrectomy; neo-bladder construct and lap-urethroplasty in the Eastern region. At present, the hospital has 72 beds including a 12-bedded 24/7 Dialysis Unit.

Special Feature

WORLD BLOOD DONOR DAY

Over 900 units of blood collected across the network

Fortis Mumbai Cluster collects 658 units



Dr Manjeet Singh of Fortis Mulund playing the perfect emcee



Team Mulund with the chief guest, Shri Manoj Kotak, Hon'ble Member of Parliament



Blood donation camp at a prominent jewellery store in Mumbai



Blood donation camp at a shopping mall



Blood donation at camp organised by Hiranandani Hospital, Vashi - A Fortis Network Hospital



Donors at the camp conducted by SL Raheja Hospital, Mahim - A Fortis Associate

Fortis hospitals in Mumbai joined hands to celebrate World Blood Donor Day on June 14, 2022, by organising a mega blood donation drive in various parts of the city.

Shri Manoj Kotak, Hon'ble Member of Parliament, was the chief guest at the event held at the Fortis Hospital, Mulund, premises. Dr Manjeet Singh, Consultant Physician, was the emcee for the event and Dr Hasmukh Rawat, Senior Consultant – Interventional Cardiology and Dr Manisha Pathak, Head – Medical Services, Fortis Hospital, Mulund, graced the occasion with their presence. A large number of celebrities, including Mr Nandesh Umap, Marathi folk singer, Mr Jayesh Rane, Indian football player, Mr Kittu Myakal, music recordist, Ms Himani Parab, Arjuna Awardee in Mallakhamb (traditional sport), Mr Nikhil Rane, world whistling champion, Ms Meghali Korgaonkar, national Kabaddi (traditional sport) player and Mr Sachin Mhaskar, international Rugby player, participated in the event. A live band played music to encourage the volunteers. Fortis Mulund also conducted blood donation drives at the premises of a prominent jewellery store and a mall in the city. The camps were organised by the Community Connect team under the leadership of Ms Rinku Mavani, Business Partner – Sales, Fortis Hospitals, Mumbai.

Hiranandani Hospital, Vashi - A Fortis Network Hospital, conducted a blood donation drive in collaboration with Mazagon Dock Shipbuilders Limited (MDL), a public sector undertaking. The event was inaugurated by Mr CDR Puranik, Director - Corporate Planning & Personnel, MDL. At SL Raheja Hospital, Mahim - A Fortis Associate, over 170 employees donated blood. Over 700 donors participated in the event across the city and a total of 658 units of blood were collected.

59 persons donate blood at camp organised by Fortis Escorts, Okhla, New Delhi



Fortis Escorts, Okhla, New Delhi, celebrated World Blood Donor Day on June 14, 2022, by conducting a blood donation drive and building awareness. A total of 59 voluntary donors came forward for blood donation. They were honoured and thanked for this noble service. Blood Donation badges, donation certificates and caps were given to them.

Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, collects 31 units



In continuation of World Blood Donation Day initiatives, Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, conducted a blood donation drive at a prominent hotel in Aerocity, New Delhi, on June 22, 2022. The drive enabled the team to collect 31 units of blood. Blood donors were appreciated with certificates and gifts. The camp received the whole-hearted support of Dr Rajeev Nayyar, Facility Director – FHVK, Dr Sweta Nayak, Head – Blood Bank, Mr Virender Joshi, Manager – Corporate & TPA and Ms Anjali, Community Connect Coordinator, apart from other team members.

Fortis Hospital, Shalimar Bagh, New Delhi, felicitates voluntary blood donors



Fortis Hospital, Shalimar Bagh, New Delhi, celebrated World Blood Donor Day on June 14, 2022, with 51 voluntary blood donations. The day started with honouring the voluntary blood donors by Dr Nippun Prinja, Head - Transfusion Medicine and Blood Bank. This was followed by a cake cutting ceremony and distribution of gifts and sweets by Mr Lokesh Pal and his team from the Blood Bank. The Blood Bank staff also thanked the voluntary blood donors.

The theme this year was 'Donating blood is an act of solidarity. Join the effort and save lives.' June 14 marks the birth anniversary of Karl

Landsteiner who discovered the ABO blood group system. The day aims to raise awareness about the need for safe blood and blood products, whilst highlighting the contribution of voluntary donors and all organisations that are part of the blood donation ecosystem.

More than 120 units of blood collected at camp conducted by Fortis Hospital, Mohali



Glimpses from the event

As part of World Blood Donation Day initiatives, Fortis Hospital, Mohali, organised a two-day voluntary blood donation camp at the facility on June 14 – 15, 2022. More than 120 units of blood were collected from the staff and other volunteers at the donation drive. All donors were felicitated with certificates and tokens of appreciation. Dr Apra Kalra, Head - Blood Bank, Fortis Mohali, lauded the support shown by the blood donors.

Community Connect

Fortis BG Road, Bengaluru, participates in 'World's Largest Health Camp,' provides medical help to the needy



Fortis team during the health camp



Health camp- Participation certificate

Fortis Hospital, Bannerghatta Road, Bengaluru, participated in a World Record event, 'Arogya Mela 2022,' the 'World's Largest Health Camp' held at Chikkaballapur, 60 kms north of Bengaluru. The event was jointly organised by the Health and Family Welfare Department, Medical Education Department, private hospitals, Chikkaballapur district administration as well as Dr K Sudhakar Foundation on May 14-15, 2022. The two-day health camp is being claimed as a world record as more than 2 lakh people were examined and treated for various kinds of ailments under one roof.

Fortis BG Road was appreciated and acknowledged with a certificate of participation for providing the medical services. The hospital supported the camp by providing around 25 doctors and 4 nursings, 4 technicians and 4 nonmedical staff apart from an ambulance. The health camp – Bruhat Arogya Tapasane and Chikitsya Mela – offered free consultation, testing, diagnosis and treatment to patients from the economically weaker sections.

Cancer survivors share inspirational stories during 'Saarthak' support group meet at Fortis Mohali



Glimpses from the event

To celebrate the unwavering fighting spirit of cancer survivors, Fortis Hospital, Mohali, organised a support group event, 'Saarthak,' on the eve of National Cancer Survivors Day on June 4, 2022. Nearly 45 cancer survivors along with their families attended the event and shared their personal stories. The Oncology Team comprising Dr Rajeev Bedi, Dr Narendra Bhalla, Dr Rajnish Talwar and Dr Naval Bansal along with the entire Day Care team were present. The event kicked off with the lamp lighting ceremony. Several activities, including games, dance, tambola, question and answer round etc., drew an energetic response from the participants.

Fortis Mulund launches Brain Tumour Support Group on World Brain Tumour Day



Glimpses from the event

Fortis Hospital, Mulund, celebrated World Brain Tumour Day on June 8, 2022, by launching a Brain Tumour Support Group. The Support Group was created in keeping with this year's theme, 'Together we are stronger.' The event was inaugurated by Dr Gurneet Singh Sawhney, Senior Consultant – Neuro and Spine Surgery, Fortis Mulund. Senior consultants from Neuro, Critical Care and Medical and Radiation Oncology teams were also present during the launch. Around 40 patients participated in the event and shared their experience. Their talks helped others to better understand the treatment journey of brain tumour patients.

In tune with the Fortis hashtag slogan #GreyMatters, the OPDs were decorated with grey balloons. The initiative was driven by the Community Connect Team. The efforts of Manjusha, Jaseem and Avinash were well appreciated by the unit leadership. An engaging Facebook Live session with Dr Gurneet Singh Sawhney was also held. Two of his patients shared their experiences about their recovery from Brain Tumour.

Over 100 Yoga enthusiasts participate in International Yoga Day event organised by Hiranandani Hospital, Vashi - A Fortis Network Hospital

As part of the International Yoga Day celebrations, Hiranandani Hospital, Vashi - A Fortis Network Hospital, organised a Yoga session on June 19, 2022. The event was led by a well-known external Yoga instructor. Over 100 Yoga enthusiasts, including college students, housewives and senior citizens, participated in the event. The attendees practiced Yoga postures, performed Pranayama breathing exercises and attended a meditation session. Diet tips for a healthy life were also shared.



The attendees practiced Yoga postures, performed Pranayama breathing exercises and attended a meditation session. Diet tips for a healthy life were also shared.

Basic Life Support (BLS Training)

Fortis Nagarbhavi, Bengaluru, conducts training for over 350 employees of tech multinational



Photographs of the BLS training

Fortis Hospital, Nagarbhavi, Bengaluru, conducted a Basic Life Support (BLS) training for the employees of the Bengaluru office of BOSCH, a German engineering and technology multinational. The training was facilitated by Dr Richard Edwin, Senior Medical Officer – Emergency Department, and was conducted on April 8, May 18 and May 25, 2022. Two batches of employees were trained on each day and over 350 employees undertook the training.

Fortis Escorts Hospital, Amritsar, conducts training for Punjab Police personnel



Basic Life Support (BLS) training session being conducted for the Amritsar Commissionerate Police

Basic Life Support (BLS) training session in progress with Punjab Police, District Amritsar – Rural

Fortis Escorts Hospital, Amritsar, conducted a Basic Life Support (BLS) training session for the Amritsar Commissionerate Police, especially PCR and Traffic Police Staff, on June 22, 2022. The training was facilitated by Ms Karamjit Kaur, Clinical Instructor, and Mr Gurpreet Singh, Nursing Staff. More than 250 police personnel attend the training session. Another BLS training session was held for the Punjab Police, District Amritsar - Rural. The training was led by Dr Ashish Jain, Principal Consultant - Critical Care, and was conducted on June 24, 2022. More than 100 police personnel attend this training session.

Fortis Hospital & Kidney Institute organises health check-up camp and training for Oil major's employees



Fortis Hospital & Kidney Institute (FHKI), Rash Behari Avenue, Kolkata, organised a series of health check-up camps and Basic Life Support (BLS) training for the employees of a prominent Public Sector Enterprise from June 27-29, 2022, as part of their Annual Day celebration.

Around 253 employees underwent health screening, and BLS and First Aid training was offered to 52 employees. Post training, certificates were handed over to all the participants as a token of appreciation. The activity was conducted by Team Nursing and was coordinated by Team Marketing. The event was highly appreciated by the senior management as well as the staff of the units who took part with a lot of enthusiasm.

Fortis Escorts Hospital, Amritsar, conducts training for employees of Metro Bus Service



Fortis Escorts Hospital, Amritsar conducted a Basic Life Support (BLS) training for the employees of the Metro Bus Service, Amritsar. The training was facilitated by Ms Karamjit Kaur, Clinical Instructor and Mr Gurpreet Singh, Staff Nurse, and was conducted on July 12, 2022. More than 150 employees attend this training session.

Engagement

Fortis BG Road, Bengaluru, organises Rationale Infusion Standards for Excellence (RISE) workshop for nurses



Dr Murali addressing the nurses during the session



Team of doctors, nurses and representative of the partner organisation during the session



A representative from the partner organisation briefing the nurses

Fortis Hospital BG Road, Bengaluru, organised the Rationale Infusion Standards for Excellence (RISE) workshop for nurses on June 14, 2022. The workshop was led by Dr Murali Chakravarthy, Director - Anaesthesia, Critical Care, Pain Relief and Clinical Affairs, and Chairman, Central Infection Prevention and Control Committee, Ms Latha Nonis, Chief Nursing Officer and an external partner. Nearly 150 nurses participated and benefited from the training. The participating nurses received certificates at the end of the training.

The RISE workshops are designed to create awareness about the best practices in vascular access management and provide scientific approaches to prevent IV complications such as CRBSI, Phlebitis, Infiltration, occlusion or dislodgement. The workshops cover insertion and maintenance strategies for both Central and Peripheral VADs.

The workshop provides an ideal combination of learning and hands-on demonstration using mannequins. The workshop is designed in a 'walk-in and learn' model where nursing teams can visit the workshop in batches and go through the module in 30 to 40 minutes. The workshop aims to improve patient outcomes by raising standards of care through awareness and education initiatives.

Basic Life Support and Advanced Cardiovascular Life Support training conducted at Fortis Noida

A Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS) course was conducted at Fortis Hospital, Noida, in association with an external partner, on May 6-8, 2022. The training was led by Dr Anurag Agarwal, HOD – Emergency, and supported by Dr Keshav and Dr Farha from the Emergency Team at Fortis Noida and a few external instructors. A total of 22 participants from Fortis and a few from other city hospitals participated in the training.



Glimpses of the event

Fortis Escorts, Okhla, New Delhi, celebrates World Hand Hygiene Day



Glimpses of World Hand Hygiene Day celebration at Fortis Escorts, Okhla

Fortis Escorts, Okhla, New Delhi, celebrated World Hand Hygiene Day on May 5, 2022, with great enthusiasm. The Infection Control Team organised many engaging and educating activities such as Count the Germs, Spin Wheel Quiz and Word Puzzle for the attendants, healthcare workers and employees. Awareness sessions were also held, in keeping with the theme of the event for the year, 'Unite for Safty: Clean Your Hands.' The event was well received and appreciated.

Fortis Escorts, Okhla, New Delhi observes Central Line Associated Bloodstream Infection (CLABSI) Prevention Week

The Infection Control Team at Fortis Escorts, Okhla, New Delhi observed Central Line Associated Bloodstream Infection (CLABSI) Prevention Week from April 25-30, 2022. The aim of the event was to build awareness and remind all healthcare workers about the importance of adhering to CLABSI preventive measures such as scrubbing the hub on the IV injection port prior to accessing the line to administer medications, fluids, flushes or blood draws.



Glimpses of the event

The week-long campaign included educational sessions, word puzzle game, quiz competition and making of scrub-hub boutique in different patient areas. Doctors, nurses and paramedic staff participated in the awareness campaign, making it successful.

Fortis Hospital, Noida, organises awareness session on Monkeypox for hospital staff



Glimpses of the event

A talk to create awareness on Monkeypox was organised in Fortis Hospital, Noida on May 25, 2022. Dr Chhavi Gupta, Infectious Diseases Specialist, discussed about the disease epidemiology, current outbreak, clinical presentation, management and prevention

strategies. Dr Ravneet Kaur, Senior Microbiologist, spoke at length about laboratory diagnosis. The talk was attended by Dr Shanu Sharma, Medical Superintendent- Fortis Hospital, Noida, senior clinicians, nurses and the paramedical staff.

Fortis Anandapur, Kolkata, organises quiz competition on patient safety



Winners Ms Doyel, Ms, Shitlangki, Ms Isha, Ms Sonali



Certificates Received by the Winners & Participants



1st Runner Up: Ms Balaphisha, Ms Stelin, Ms Neena, Ms Soma



2nd Runner Up: Mr Rajkumar, Mr Jagannath, Ms Momota, Ms Saptashree



Fortis Hospital, Anandapur, Kolkata, organised an intra-departmental quiz competition on May 23, 2022. The event was arranged by the Nursing Education and Infection Prevention & Control teams in coordination with an external partner. The rigorous four-round competition focused on patient safety parameters, management of pressure injury, IAD and prevention of phlebitis. A total of five teams with nursing personnel from various areas participated in the quiz. Sister Doli Biswas, Chief Nursing Officer, honoured the winners as well as the first and second runners-up with certificates and mementos. All the participants were appreciated for their enthusiasm. The event ended with a group photo session.

Fortis Escorts Hospital, Faridabad, organises skill enhancement workshop for Surgical Residents



With the aim of upskilling and training the newly joined PG Residents into the basics of surgery, the Department of Minimal Access & General Surgery at Fortis Escorts Hospital, Faridabad conducted an insightful surgical skills workshop on 22nd May.

The workshop was led by the Director Surgery, Dr Manu Shankar and was attended by 23 surgical residents from various hospitals across the city of Faridabad and Noida.

PG Residents were engaged through detailed lectures and hands on training in suturing and laparoscopy and were felicitated with participation certificates towards the end. The workshop was a successful event and was endorsed by the Faridabad City Chapter of Association of India and supported by Meril as an Industrial Partner.



Glimpses of the event

On World Environment Day, Fortis La Femme, GK-II, New Delhi, conducts plantation drive



Glimpses of the event

On World Environment Day, Fortis La Femme, GK-II, New Delhi, in association with S.O. (Horticulture), New Delhi, planted 30 saplings in a neighbourhood park. Eco-friendly plantable seeds paper pencils were also distributed to the participants.

Convocation ceremony for 10th Batch of Critical Care Nursing Specialisation Programme and induction of 11th Batch held at Fortis Anandapur, Kolkata



Convocation ceremony of 10th Batch of CCNP



Ms Deblina Das bagged 1st Position



Ms Shloka Das bagged 2nd Position



Ms Suchitra Nayak bagged 3rd position



Welcoming of 11th Batch of CCNP by Lamp Lighting Ceremony



Fortis Hospital, Anandapur, Kolkata, organised a Convocation Ceremony for the 10th batch of the Critical Care Nursing Programme (CCNP) recently. Training for the 10th batch had commenced in June 2021 and the participants had successfully completed the programme in May 2022. The training included classroom discussions, lectures, case presentations and clinical demonstrations. The Critical Care Nursing Program (CCNP) is a 12-month In-house Specialisation Programme that is being conducted since 2012.

A total of 15 participants of the 11th batch were also welcomed during the event, which was organised by the Nursing Education Team. The ceremony began with Lamp Lighting in the presence of Mr Pratyush Srivastava Head, SBU – Kolkata, Dr Anuradha Majumder, Medical Superintendent, Dr Sanjay Singh, HOD – Anaesthesia, Dr Yasish Paliwal, Critical Care Intensivist, Dr Subhadeep Maity, Consultant - Critical Care, Dr Debojyoti Dutta, Consultant - Critical Care, Dr Sandip Kumar Mondal, Consultant - Critical Care, Dr Amit Das, Consultant - Critical Care, Ms Doli Biswas, Chief of Nursing and Ms Sathya Anand Kumar, Deputy Chief of Nursing. The leaders addressed the audience and encouraged them. The participants of the CCNP 10th Batch were the felicitated with mementos and certificates, celebrating the successful completion of the training programme.

Critical Care Nursing Programme launched at Fortis Hospital, Shalimar Bagh, New Delhi



Dr Sonal Gupta, Director & HOD-Neuro Surgery



Mr Mahipal Singh Bhanot, Business Head - FMRI, Shalimar Bagh & Vasant Kunj



Ms Girja Sharma, Chief Nursing Officer



Dr Harjit Singh Mahay, Director - Critical Care



Dr Pankaj Kumar, Director - Critical Care



Capt Sandhya Shankar, Chief of Nursing - Fortis Healthcare Ltd



Unveiling of the Critical Care Nurse Programme Participant Workbook by the dignitaries



Group photo with the Education team

A Critical Care Nursing Programme was launched at Fortis Hospital, Shalimar Bagh, New Delhi, on May 4, 2022. The programme was inaugurated by Capt. Sandhya Shankar, Chief of Nursing – Fortis Healthcare, and Mr Mahipal Singh Bhanot, Business Head - FMRI, Shalimar Bagh & Vasant Kunj. The first batch, with 27 participants, commenced training on May 28, 2022.

The programme has been developed in-house by the Nursing Education Team at Fortis, Shalimar Bagh, under the supervision of Ms Girja Sharma, Chief Nursing Officer, and incorporates the valuable inputs received from the Critical Care physicians. The 16-week course aims to help increase the skills and confidence of the nurses and enable them to deliver safe and high quality patient care. The programme lays emphasis on clinical nursing procedures and provides nurses working in the wards with an opportunity to upskill themselves.

Fortis Kalyan organises 'Patients First' training session for front-end staff



A 'Patients First' training session was organised for the front-end staff at Fortis Hospital, Kalyan, from July 19-20, 2022. About 15 participants from Patient Care Services, Security, Housekeeping, Physiotherapy and Maintenance, attended the event. The training was conducted jointly by Ms Jalaja Mehta, Corporate Trainer (Learning & Development); Ms Shraddha Joshi, Trainer – Fortis Mulund; Ms Bhawna, Trainer – SL Raheja Hospital, Mahim - A Fortis Associate and Ms Ritu, Trainer - Hiranandani Hospital, Vashi - A Fortis Network Hospital.

Fortis BG Road, Bengaluru, conducts 'Anti-microbial Stewardship for Nurses' programme



Dr Murali and Dr Pruthu during the lamp lighting ceremony



Dr Pruthu addressing the nurses



Dr Yamini addressing the gathering

Fortis Hospital, BG Road, Bengaluru, conducted a continuing medical education programme on 'Anti-microbial Stewardship for Nurses' with Dr Murali Chakravarthy, Dr Mohan Keshavamurthy, Ms Latha Nonis, Dr Yamini - Medical Admin, Dr Pruthu Dhekane, Dr Arvind and Ms Sani Anto. The event was inaugurated on June 1, 2022, and nearly 50 nurses participated and gained knowledge on various aspects of AMS including key nursing practices in clinical areas, antibiotic resistance and the impact on patients, populations and society, core elements of AMS, fundamental microbiology, selected bacterial infections and antibiotics use, improvement methods and tools that can be used to implement nursing AMS practices. All these sessions were represented by the eminent speakers and the knowledge of the participants were assessed by a pre-test and a post-test.

Fortis Mohali conducts 'Antibiotic Guardianship Programme' for nurses and pharmacists



Participants and instructors of the programme

A three-month certificate programme on Antibiotic Guardianship concluded at Fortis Hospital Mohali on July 22, 2022. The training aimed to empower pharmacists, infection control nurses and clinical instructors to play a key role in preventing antibiotic resistance. The sessions were conducted under the guidance of Dr Shivani Juneja Bedi, Clinical Pharmacologist, and included four modules. These were based on understanding the use of antibiotics and antibiotic resistance in hospitals, antibiotic guardianship and its application in hospitals, avoiding medication and dispensing errors with medication, and role of nurses and pharmacists in antibiotic guardianship.

Events

Fortis Hospital, Ludhiana, conducts fire safety awareness sessions



Awareness session in progress



Mock evacuation drill



Session with Punjab Fire Service Department

Fortis Hospital, Ludhiana, observed National Fire Service Day on April 14, 2022, by conducting several activities aimed at raising fire safety awareness. These included a session on fire safety and an overview of fire fighting equipment and methods. Exercises were conducted in association with the Punjab Fire Service Department. The highlight of the event was an Evacuation Drill and the testing of the hospital's fire hydrant system in the presence of Fire Services officials. A compatibility checking of the system with fire

tankers was also done. The session was appreciated by the Fire Safety department officials.

Doctors from across the globe participate in Robot-assisted Kidney Transplant live demo conducted by Fortis BG Road, Bengaluru

Fortis Hospital, Bannerghatta Road, Bengaluru, conducted a live surgery demonstration of Robot-assisted Kidney Transplant on June 24, 2022. The three-hour live session was led by Dr Mohan Keshavamurthy, Chairman - Renal Sciences Speciality Council, Fortis Hospitals, India & Director- Urology, Uro oncology, Andrology, Robotic Surgery & Transplantation, Fortis Hospitals, Bengaluru, and Dr Sreeharsha Harinatha, Consultant - Urology, Robotic Surgery & Transplantation, Fortis Hospitals, Bengaluru. Around 1,280 doctors from across India and other parts of the world participated in the session, which was held in a hybrid mode.



Dr Mohan Keshavamurthy during the live workshop

The session demonstrated various skills and expertise required for robot-assisted kidney transplants and explained the evolution of minimally invasive kidney transplantation, with a specific focus on robot-assisted kidney transplant and the benefit it offers to specific patient groups.

Team Sales celebrates successful completion of 1000+ Bone Marrow Transplants by the Delhi NCR BMT Team



Glimpses of celebration held on June 29



Glimpses of celebration held on June 24

Fortis Memorial Research Institute, Gurugram and Fortis Hospital, Noida, joined hands to celebrate the successful completion of 1000+ Bone Marrow Transplants. This remarkable clinical milestone was achieved by the team of Haematology, Haemato-Oncology and Bone Marrow Transplant Team, led by Dr Rahul Bhargava and Dr Vikas Dua.

On June 24, 2022, a celebration was organised by the Domestic Sales Team at Aerocity, New Delhi, which attracted over 100 representatives from PSUs, Govt. and Private Corporates. Chief guests at the event were eminent personalities, Mr Maroof Raza and Mr Nikhil Chopra.

On June 29, 2022, the International Sales Team organised an event at Aerocity, New Delhi, attracted over 150 representatives from Diplomatic Missions, Embassies, High Commissions as well as International Associates.

Senior Fortis leaders and the BMT Team graced the occasions.

Awards & Accolades

Abstracts authored by Dr Narendra Bhalla of Fortis Mohali published in European Society for Radiotherapy and Oncology Journal



Dr Narendra Bhalla

Abstracts authored by Dr Narendra Kumar Bhalla, Director, Radiation Oncology, Fortis Hospital Mohali, have been published in the European Society for Radiotherapy and Oncology (ESTRO) Congress-2022 in Copenhagen, Denmark, under the Radiotherapy and Oncology (Green Journal). Dr Bhalla's abstracts were based on 'Impact of Intentional Avoidance of Internal Mammary Nodes by Volumetric Modulated Arc Therapy in Left Chest Wall Irradiation'. The purpose of this study was to assess planning outcomes for internal mammary chain (IMC) by Volumetric Arc Therapy (VMAT) with "intentional avoidance". The other abstract was on 'Influence of Combination of Photon Beam with Single and Dual Isocenter Bilateral Breast VMAT Plan'. This study aimed to evaluate the influence of combination of different photon beams with single and Dual Iso-Center VMAT. Dr Bhalla had also received the ESTRO Mobility Grant (TTG) fellowship at the Queen Alexandra Hospital, Portsmouth, UK, in 2017. He is also

a member of the American Society for Therapeutic Radiation and Oncology (ASTRO), European Society for Radiotherapy and Oncology (ESTRO), Association of Radiation Oncology of India (AROI), Indian Society of Neuro-Oncology (ISNO), Cooperative trials Group for Neuro-oncology (COGNO), American Association of Physicists in Medicine (AAPM) and National Cancer Registrars Association (NCRA).

Dr Ramesh Agarwalla of Fortis Anandapur, Kolkata, felicitated with lifetime achievement award

Dr Ramesh Agarwalla, Director - GI & Minimal Access Surgery, Fortis Hospital, Anandapur, was honoured with the lifetime achievement award by the Indian Association of Gastrointestinal Endosurgeons of India (IAGES). The award was given at the Annual Conference of Indian Association of Gastrointestinal Endosurgeons at Rajahmundry, Andhra Pradesh, on June 10, 2022. Dr Agarwalla was felicitated for his contribution to teaching and training in Minimal Access Surgery in India.



Dr Ramesh Agarwalla being honoured with the lifetime achievement award

Fortis Shalimar Bagh, New Delhi, is first in Delhi-NCR to get INFUZE certification



INFUZE Certificate



Glimpses of the Event

Fortis Hospital, Shalimar Bagh (FHSB), New Delhi, has become the first hospital in Delhi NCR to receive the coveted INFUZE certification from the Infusion Nursing Society-India. INFUZE is a quality improvement programme aimed at improving compliance with the best practices in infusion therapy.

FHSB also hosted an INS conference for the Delhi chapter on June 8, 2022. The event was attended by various senior nursing leaders both in person and online. Col. Binu Sharma, President INS-India and Capt. Sandhya Shankar, Chief of Nursing – Fortis Healthcare, awarded the INFUZE certificate to Ms Girja Sharma, Chief Nursing Officer, FHSB and her team.

Ms Girja Sharma encouraged and motivated the other nursing leaders by sharing her hospital's success story and outlining the

blue print for successfully completing the INFUZE quality improvement program. Participating in this project has helped the unit to create a detailed Infusion Therapy Manual, develop a process for escalation for difficult cannulations, increase its first prick success rate for IV cannulation, increase the average dwell time for in-situ cannula and actively monitor early signs of phlebitis therefore, reducing adverse events and complications associated with IV therapy and overall improve patient experience and satisfaction.

Dr Rahul Singhal of Fortis Jaipur wins 'Best Cardiologist in Cardiac Electrophysiology' award



Dr Rahul Singhal receiving the award from the legendary cricketer, Sunil Gavaskar

Dr Rahul Singhal, Additional Director - Cardiology and Cardiac Electrophysiology, Fortis Escorts Hospital, Jaipur, has been felicitated with the 'Best Cardiologist in Cardiac Electrophysiology Award,' instituted by Times Cyber Media. Dr Singhal won the award for his significant contribution in field of Cardiology. The award was presented to him by the legendary cricketing icon, Sunil Gavaskar during an event in Mumbai recently. This was the second time Dr Singhal has won the award; he had been felicitated in 2019 also.

Ms Shanu Thomas of Fortis Hospital & Kidney Institute, Kolkata, wins first position at elocution competition organised by Association of Nurse Executives (India)



Shanu Thomas with Certificate



(L-R) Capt Gopa Hazra, CNO, Dr Gautam Hazarika, Medical Superintendent, Ms Shanu Thomas and Mr Subhendu Prakash, Facility Director

Ms Shanu Thomas, Quality Nurse at Fortis Hospital & Kidney Institute, Kolkata, has won the first position at an elocution competition organised by the Association of Nurse Executives (India). Ms Thomas spoke on 'Invest in Nursing -staff Nurse's Prospect,' to win the honours. Ms Thomas first won the contest against eight other

participants from various hospitals in West Bengal, earning the 'State Champion' title. She then went on to compete with the other State Champions and was adjudged as the winner by the jury, comprising of eminent nursing leaders associated with ANEI from all over India. The competition was held as part of ANEICON-22, a two-day annual conference held on May 27-28, 2022.

Ms Thomas was inducted as a Quality Nurse in 2019. Since then, she has been actively participating in various competitions on Nursing Quality and Patient Safety. She had also secured the first position in a video making competition on 'Needle Stick Injury' organised by ANEI.

Posters presented by Surgical Residents from Fortis Faridabad widely appreciated at Haryana surgeons' meet

A team of Surgical Residents from Fortis Escorts Hospital, Faridabad, presented three posters at the annual conference of the Haryana State Chapter of Association of Surgeons of India (HASICON 2022), on May 7-8, 2022. The



Glimpses of the event

presented posters were well appreciated by the delegates and were prepared under the guidance of Dr Manu Shankar, Director - General Surgery and Dr Nitin Sardana, Senior Consultant - Surgery. Dr Vineet Mohan Samal, DNB, presented a poster, on the 'Role of Percutaneous Cholecystectomy in the Era of Laparoscopic Surgery,' with the illustration of five cases. A poster on 'Surgical Intervention for Haemorrhagic Complications of Dengue' based on a series of three cases was presented by Dr Bhagyashree Ganagi, Surgical Resident. Another poster 'Hernia Surgery in patients with Chronic Liver Disease' based on a series of 16 patients was presented by Dr Sanjana Mauraya, Surgical Resident. The conference was a great success and was attended by a group of 300 surgeons from across the State with the Department of General & Minimal Access Surgery, Fortis Escorts Hospital, Faridabad, being a part of the faculty.

Meet Our Clinician



Dr Sandeep Nayak
 Director & HOD –
 Surgical Oncology
 Fortis Hospital, Bangalore

Sandeep Nayak is the Director and the Head of the Department of surgical oncology at Fortis Hospital, Bangalore. Though his ancestors hail from a small village near Mangalore, he was born in Kerala. His father is a banker and for this reason his basic education happened various places as his father was transferred from place to place. He was passionate about taking up medicine from early childhood and the plan materialised when he got a seat at Kasturba Medical College, Mangalore where he graduated in medicine in 1999. Soon after he got a position under World Health Organisation's project and served there for more than an year. There he learnt the nuances of management as he had to manage large geographies. Those were the formative years that immensely benefited in making future decisions. Though public health interested him, he was always keen on pursuing surgery. This was because of his keen interest in fine arts like drawing and painting. He strongly believes that surgery is an art. He received his postgraduate degree in General surgery in 2006 from Calicut Medical College, Kozhikode. He fondly

remembers the days when he had to be in the hospital for 72 hours at a go as the workload was enormous. Though, the work is tough, the work shapes the craftsman. During these years his interest in complex oncological surgeries grew and he pursued the interest and took surgical oncology as a speciality. Dr. Nayak completed his post-doctoral training in surgical oncology in 2010 from Chittaranjan National Cancer Institute, Kolkata. He has received Diplomate of National Board from National Board of Examinations in General Surgery and Surgical Oncology in the years 2006 and 2010 respectively. Keeping his experience in public health he has also published a booklet on cancer prevention of which more than 6000 copies have been circulated.

When he completed his surgical oncology training his interest and focus went towards finetuning the results further. This he took up a fellowship in laparoscopic and robotic oncology in 2011 from Galaxy Care Laparoscopy Institute, Pune where one of the first robot in India was installed. Those days minimal access surgery for cancer was not so established. However, he saw the potential in it and pursued the field. In 2011, most of oncology work was done using open technique and hospitals were not willing to invest in advanced technologies. However, with the emerging evidence to which Dr Nayak also contributed, this changed.

Dr Nayak strongly believes that spirit of scientific enquiry is the most important part of medical courier. He started participating in medical conferences when he was in his graduation. He published several research papers in his career. He has more than 25 research papers to his credit. He has also designed or invented some of the surgeries that have become popular today. A

procedure called RABIT which is a type of robotic thyroidectomy is one such procedure. This procedure is being performed in many centres in India. There are many other surgeries that have been invented by him like the RIA-MIND which is a technique of neck dissection, so on and so forth.

He is also passionate about teaching. He worked as a faculty at Kidwai Memorial Institute of Oncology till 2017 when he joined Fortis Cancer Institute. At Fortis he established a new fellowship program for minimal access surgical oncology under Rajeev Gandhi university of health sciences which was first of its kind in the country. This program trains two surgical oncologists every year in performing laparoscopic and robotic onco-surgeries. Dr Nayak has demonstrated robotic and laparoscopic surgeries at multiple national and international conferences. He always says that he has 2 families. One is in the hospital and one at home. Both are very dear to him. The surgical team that started in 2017 with two people has 10 surgeons, 2 medical oncologists and 1 radiation oncologist. The complex and challenging work is only feasible because of the presence of the team. His son, Samarth is 9 year old and His wife, Dr Soumya is an anaesthetist. She is that woman who is behind the success. This makes everything possible.



Meet Our Nurse

Madhavi Chikhale Chief Nursing Officer, Fortis Hospital, Mohali



Since when have you been associated with Fortis?

Having a nursing experience and expertise in critical care spanning more than 20 years, I joined Fortis Hospital Mohali as the Chief Nursing Officer on 10th November, 2021.

What do you like the most about your work?

I like interacting with my patients and staff members as they give me strength to carry on with dedication and perseverance. This has helped me deal with challenges at work and motivate me at all times.

How has been your experience at Fortis?

My experience at Fortis Mohali has been extremely educative and an enriching one. Tending to patients, meeting new people every day, and coping up with challenges with equanimity has taught me a lot.

Tell us about your achievements? (Any awards, recognition)

I am a fitness enthusiast and a promoter of women's health. Working towards this, I have conducted marathons for women in Mumbai which received awe-inspiring participation. I won a

gold medal in long jump at the Mumbai Suburban Masters Athletic competition in December, 2021, and also participated in the shot-put round at the same athletic event. I also successfully completed an intra-city run (160 KM) from Mumbai to Pune in 2017.

What are your hobbies?

I am a big travel addict, love participating in marathons and have a flair for dance.

What is your qualification?

I am a registered nurse and did MBA in Healthcare from ITM, Mumbai.

Where did you do your schooling from?

I studied at St Louis Convent High School, Mumbai.

Share some information about your family? Who all are there and what they do?

I live in a joint family. Apart from being a great wife, I am a doting mother to two wonderful children. My husband is in the IT sector, while my son is studying engineering and also preparing for the Combined Defence Services Examination. My daughter is in school.

Wall of Fame

Fortis Memorial Research Institute

Outstanding Care at Fortis Sector 44 Gurugram - special mention of Mr Girish Krishnan and Mrs Shalini Chauhan



Name of the Patient: Mrs Chhaya Hazarika

Name of the Fortisans:
Dr Rana Patir
Mr Girish (PCS-IPD(Admissions)
Mrs Shalini Chauhan(Co-ordinator)

Fortis Hospital, Noida

Gratitude to Fortis Team Members

I am daughter of Ms. Vinita Mathur and wanted to bring into notice of management that staff of Fortis Hospital is fantastic with extreme knowledge of their stream and moreover they are with full of empathy towards the patient/attendant

I am thankful to each and everyone in Fortis, Noida. My mother admitted in very miserable condition and getting discharge today after stay of 12 days which is a huge time period to stay in the hospital.

Nephrology team was extremely good and cooperative

With deep heart wishes- Thanked to each and everyone



Name of the Patient:
Mrs Vinita Mathur
 Name & Department of the Fortisian:
All Staff

Fortis Hospital, La Femme



Patient Feedback

Dear Team,

Wanted to express my greatest gratitude towards the team at Fortis La Femme, Greater Kailash-II. My wife and I had our second baby on the 25th of April 2022 and would like to definitely thank you for all the hospitality that we were treated to, starting from the time of checking into the hospital on the 25th April to the checking out on the 28th April everything was managed seamlessly.

A special thanks to our very special Doctor as well, Dr. Tripat Chaudhary. She has been taking care of our family for the last many years and we were really fortunate that both my kids (daughter born at La Femme in 2019) and my son (born now) were brought into this world by her magical hands.

Our association with La Femme definitely continues and will do so, since both my kids come to Dr. Deepak Sekriwal for their pediatric consultation. Once again thanking you specially for doing so much for us during our stay at your hospital and wishing you and the entire team at Fortis La Femme, all the Very Best!

Patient Name: Supriya Kohli & Arjun Kohli*

For **Dr Tripat Chaudhary**



*Name changed to protect patient identity.



Name of the Fortisans:
Dr Tripat Chaudhary

Fortis Hospital, Ludhiana

I had my dad's heart bypass surgery performed by Dr Nikhil in the recent past. I can easily vouch that he is a thorough professional and one of the best cardiac surgeons in Ludhiana. The best part is his conduct with the patient and their families -He takes all the effort to clear all the doubts and is ready to spend enough time to make the patient and his/her relatives comfortable and reassures them at every possible moment. Since I am not a local, I was given numerous recommendations and suggestions to get this all important surgery done from elsewhere but I am glad that I stuck with Dr Nikhil and Fortis and they have done a tremendous job and the overall experience has been super pleasant. Thanks Dr Nikhil -Appreciate all that you do to help your patients and their families.



Name of the Fortisian:
Dr Nikhil Bansal

Name of the Patient: Mr Chander Parkash

Fortis Hospital, Vadapalani

I would like to share my experience as I had my total Hip Replacement Surgery in Fortis Hospitals, Vadapalani a month ago. Now I am comfortable and able to do all my daily activities. The surgery pain will come down slowly as the day's passes. Friends, who are suffering with hip pain, please don't get afraid of Hip Replacement Surgery. It is a simple and planned surgery. Within a couple of hours they make you to walk, in few days we moved to the Hotel. I was still in regular follow up with Physiotherapy twice everyday and dressings and consultation were also made in hotel itself. It was a wonderful experience in India with all helpful people around.

Thanks to Dr. Mani Ramesh, Physiotherapy Team as well as International Team who supported us during our stay in hospital. I am so indebted to you! Thank you so much.



Name of the Patient: Mrs Patience Odigie



Name of the Fortisian: Dr Mani Ramesh

Fortis Hospital, Faridabad

Dr Pathak is a great doctor and I am very much impressed by the treatment given by him. He is a great personality and a very caring person. The overall care and treatment given by him and his team was seamless and I shall approach him and the hospital in the future.

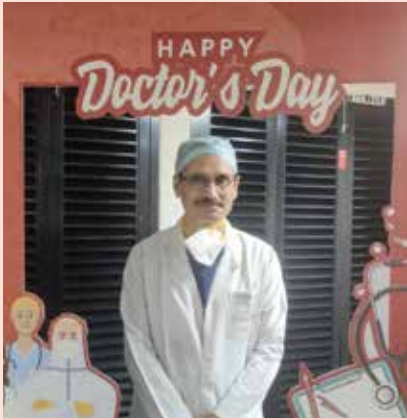
Name of the Patients:
Geetanjali



Name of the Fortisian:
Dr Brahm Prakash

Photo Feature

Fortis Celebrates National DOCTOR'S DAY



Fortis Escorts Heart Institute, New Delhi



Fortis Hospital, Anandapur, Kolkata



Fortis Hospital, Bengaluru



Fortis Hospital, Vasant Kunj



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Vadapalani, Chennai



Fortis Hospital and Kidney Institute, Kolkata



Hiranandani Hospital, Vashi



Fortis Hospital, Mulund



Fortis Hospital, Ludhiana



Fortis Hospital, Jaipur



SL Raheja Hospital, Mumbai



Fortis Hospital, Kalyan



Fortis La Femme, New Delhi

Fortis Celebrates ≡ INDEPENDENCE DAY ≡



Fortis Escorts Heart Institute, New Delhi



Fortis Hospital, Jaipur



Fortis Hospital, BG Road, Bengaluru



Fortis Hospital and Kidney Institute, Kolkata



Fortis Hospital, Mohali



Fortis Richmond Road, Bengaluru



Fortis Hospital, Anandapur, Kolkata



Fortis Hospital, Rajajinagar



Fortis Hospital, La Femme



Fortis Hospital, Vasant Kunj



Corporate Office Gurugram



Fortis Hospital, Ludhiana



Fortis Hospital, FBD

Congratulations

New Additions to the Family



Baby of Ms Indiramma E -
Nagarbhavi Unit



Baby of Gayatri Kumari -
Jaipur Unit



Baby of Ganesh Kumar V S -
Vadapalani Unit

Happy Wedding



Mahesh, Nagarbhavi Unit