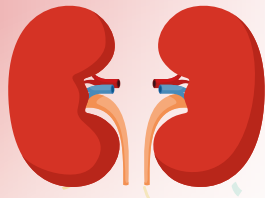


# THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



## Fortis observes World Kidney Day



Fortis Hospital & Kidney Institute, Kolkata



Fortis Escorts Hospital, Faridabad



Fortis Hospital, Vasant Kunj



Fortis Hospital, Amritsar



Fortis Hospital, Ludhiana



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Noida



## MD & CEO's Message

Dear Fortis Family,

It gives me great pleasure to connect with you through yet another edition of *The Fortisian*, our in-house e-magazine.

In the past couple of months, we had the opportunity to celebrate a number of occasions, such as World Kidney Day, Service Week 2024, World Hand Hygiene Day and International Nurses Day among others. These events are important reminders for all of us in the healthcare sector about the various vital health concerns, commitment to exceptional service, the need for inculcating healthy habits and recognising the contribution of our colleagues. It is important for all of us to be ambassadors of good health and contribute towards building a healthy society by spreading awareness.

At Fortis, we are committed to providing the best working and learning environment for all our employees so that they can explore their full potential. The Fortis Future Operational Leadership Development Program is a pathbreaking step in this direction. The program aims to build requisite capabilities and acumen for taking on hospital leadership roles and responsibilities by providing integrated education, exposure and experience opportunities. We have recently announced the names of the selected candidates for FY24-25 and I wish them all the very best.

Our growth and expansion plans are on track and I am sure that we will soon be sharing more information and updates with you about the various developments.

Thank you once again.

Best,

Dr Ashutosh Raghuvanshi

MD & CEO

## New Beginnings

### Fortis Nagarbhavi, Bengaluru, transformed into 80-bed multi-speciality tertiary care facility



Fortis Healthcare relaunched the Fortis Hospital in Nagarbhavi, Bengaluru, now transformed into a state-of-the-art tertiary care facility. The upgraded hospital was inaugurated on April 19, 2024, by distinguished guests including Shri Upendra, renowned actor and filmmaker; Shri Munirathna, MLA of Rajarajeshwari Nagar; Dr Rajani M, Joint Director of Health & Family Welfare Services; and Dr Ravindranath M, District Health & Family Welfare Officer. The event was graced by Fortis Healthcare's leadership, including Mr Anil Vinayak, Group COO; Dr Bishnu Panigrahi, Group Head - Medical Strategy & Operations; Mr Ashish Bhatia, Business Head - Punjab; Dr Ritu Garg, Chief Growth & Innovation Officer; Mr Akshay Oleti, VP & Business Head, Fortis Hospitals, Bengaluru; Dr Vivek Jawali, Chairman - Cardiac Sciences, Fortis Hospitals, Bengaluru; Dr Mohan Keshavamurthy, Senior Director – Urology, Fortis Hospitals, Bengaluru; Dr Murali Chakravarthy, Director – Clinical Affairs, Fortis Bannerghatta; and other senior dignitaries and clinicians.

This significant upgrade includes the introduction of comprehensive services such as 24/7 emergency and trauma care, ICU & Critical Care, the Fortis Heart & Vascular Centre, the Fortis Cancer Institute, Woman & Childcare, and the Institute of Gastrointestinal Sciences. With an expanded bed capacity of 80, soon to increase to 100, the hospital is set to meet the growing healthcare demands of Nagarbhavi and surrounding communities. With a legacy of over 35 years and a robust team of more than 100 expert clinicians, Fortis Nagarbhavi is dedicated to providing cutting-edge medical care and enhancing the health infrastructure of the region.

### Fortis Hospital, Vasant Kunj, acquires Joint Replacement Robotic Technology



On March 29, 2024, Fortis Hospital, Vasant Kunj, inaugurated its Joint Replacement Robotic Technology suite. The inauguration ceremony was attended by several senior clinicians, including Dr Gurinder Bedi, Principal Director - Orthopaedics, Dr Pankaj Bajaj, Director – Orthopaedics, Dr Pradeep Sharma, Senior Consultant – Orthopaedics, Dr Rahul Nagpal, Principal Director - Paediatrics & Neonatology, Dr Amit Bhargava, Director - Medical Oncology, Dr Sapan Vinayak, Senior Consultant - Paediatrics & Neonatology and Dr Ashish Pandey, Consultant

Orthopaedics. Mr Yash Rawat, Facility Director, Mr Avik Chauhan, Head - Administration, Mr Somnath Narone, Finance Controller, Dr Amit Singh, Medical Superintendent and Mr Gurjinder Singh, Head - Trade Sales were also present on the occasion.

## Maitri – specialised menopause clinic – launched at Fortis Memorial, Gurugram



Fortis Memorial Research Institute, Gurugram, launched Maitri - Fortis Menopause Clinic, for providing specialised care and screening packages for women in menopause, on April 12, 2024. The event welcomed Ms Suneeta Mukherjee, retired Health Secretary, Government of India, as Chief Guest, and included members of the Inner Wheel Club, Gurgaon, and key figures from Corporates and public sector enterprises. Mr Mahipal Bhanot, Business Head - FMRI, FHVK & FHSB, and Dr Gurvinder Kaur – Facility Director, FMRI, graced the event with their presence.

A panel discussion, featuring experts Dr Suneeta Mittal, Senior Director and HOD - OBS and Gyn, Dr Ajay Luthra, Director – Endocrinology, Dr Vinayak Agrawal, Senior Director and HOD – Non-Interventional Cardiology, Dr Mukta Kapila, Director and HOD – Obs and Minimally Invasive Gynaecology, Dr Nupur Gupta, Director – Obs and Gyn, Dr Shambhavi Jaimam, Psychiatrist and Ms Deepti Khatuja, Head – Clinical Nutrition, comprehensively addressed menopause-related health aspects.

## Fortis Escorts, Faridabad, acquires Intraoperative Neuro Navigation Technology to treat complex neuro cases



Fortis Escorts Hospital, Faridabad, has acquired Intraoperative Neuro Navigation Technology for the first time in the region, along with surgical suite and endoscopy suite. The technology was inaugurated on March 21, 2024, in the presence of the Chief Guest, Dr Vinay Gupta, Chief Medical Officer - Faridabad. The event was also graced by Mr Anil Vinayak, Group COO Fortis Healthcare, Dr Bishnu Panigrahi, Group Head - MSOG, Mr Dakshna Moorthy, Head - Domestic Sales and Collections, Ms Renu Vij, Head - International Sales, Mr Yogendra Awadhya, Facility Director - Fortis Escorts Hospital, Faridabad, Mr Rajeev Nayyar, DMO - MSOG, Dr Kamal Verma, Director - Neurosurgery, along with other senior clinicians and hospital staff, setting a new standard for precision and care in neurosurgery in the region. The advanced neuro navigation technology brings real time GPS to the operation theatre with the ability to navigate easily during delicate procedures, thus, elevating accuracy to a new level. Additionally, it requires smaller incision, leading to significantly less pain, fewer blood transfusions, shorter duration of surgery and potentially fewer complications. Brain tumour surgeries, endoscopic brain surgery, image guided spinal instrumentation, frameless stereotactic surgeries, deformity correction, minimal invasive spine surgery can be performed with ease with the new technology.

## Fortis Hospital, Shalimar Bagh launches Obstetrics and Gynaecology Operation Theatre



Fortis Hospital, Shalimar Bagh has launched a state-of-the-art Obstetrics and Gynaecology Operation Theatre (OT) on March 15, 2024. The ceremony was graced by Dr Sunita Varma, Senior Director & HOD - Obstetrics & Gynaecology; Dr Uma Vaidyanathan, Director - Obstetrics & Gynaecology and Dr Nymphaea Walecha, Director & Unit Head – Obstetrics & Gynaecology, apart from Mr Deepak Narang, Facility Director, alongside the team of Gynaecologists at Fortis Nest, Shalimar Bagh.

## Fortis Hospital, Vasant Kunj adds new rooms to IPD block

Fortis Hospital, Vasant Kunj (FHVK) has added five new rooms to the IPD block. The brand new rooms are equipped with all amenities required by patients. The new block has a dedicated nursing station and exclusive housekeeping support. The inauguration was done on International Women's Day (March 8, 2024) by all the leading female doctors of FHVK, including Dr Ratna Sud, Senior Consultant - Cardiology, Dr Rashmi Taneja, Senior Consultant - Plastic & Reconstructive Surgery, Dr Mugdha Tapdiya, Additional Director - Internal Medicine and Dr Narola Yanger, Senior Consultant - GI Surgery in the presence of Mr Mahipal Bhanot, Business Head - FMRI, Shalimar Bagh & Vasant Kunj and Mr Yash Rawat, Facility Director, among others.



## Fortis Hospital Mulund launches Movement Disorder & DBS Clinic



Fortis Hospital Mulund's NeuroSciences team, Dr Gurneet Singh Sawhney, and the administrative heads along with patients at the launch of Movement Disorder & DBS Clinic

On March 9<sup>th</sup> 2024 Fortis Hospital Mulund announced the launch of the 'Movement Disorder & DBS Clinic'. This pioneering facility dedicated to the treatment of various movement disorders, including Dystonia, Tremors, Hemifacial Spasm, and Ataxia. The unit was inaugurated by Dr Gurneet Singh Sawhney, Senior Consultant-Neuro and Spine Surgery, Dr Vishal Beri, Facility Director, Fortis Hospital Mulund and Dr S. Narayani-Business Head, Fortis Hospitals Maharashtra, in the presence of patients who have successfully been treated for their movement disorders.

The Movement Disorder Clinic will be headed by Dr Gurneet Singh Sawhney along with his team comprising of Movement Disorder Specialists Dr Anil Venkatachalam and Dr. Syed Moeed Zafer. The clinic offers patients complete evaluations and personalized treatment plan. These include consultations with Neurologists, medication therapy, botox injections, and potential surgical interventions such as Stereotactic Lesioning, Radiofrequency Lesioning, Deep Brain Stimulation (DBS) along with physical & cognitive rehabilitation and psychotherapy.

## Clinical Excellence

### Fortis Hospital, Bannerghatta Road, Bengaluru achieves milestone in treating Left Kidney Cancer with Solitary Metastasis to Left Humerus, a rare instance globally



Fortis Hospital, Bannerghatta Road, Bengaluru achieved a significant feat in treating a 58-year-old man diagnosed with Left Kidney Cancer with Solitary Metastasis to Left Humerus, a rare case with few reported instances worldwide.

Initially presenting with left-sided body pain, medical investigations revealed a mass in the left kidney that had metastasized to the left upper arm bone. Under the collaborative expertise of Dr. Mohan Keshavamurthy, Senior Director of Urology, Uro-Oncology, Uro-Gynaecology, Transplant & Robotic Surgery, Fortis Hospitals, Bengaluru and Dr. Mohan Puttaswamy, Senior Consultant in Reconstructive Orthopaedics & Joint Replacement Surgery, Fortis Hospital, Bannerghatta Road, a staged excision was

performed. This involved a robotic-assisted laparoscopic partial left nephrectomy followed by the removal of the left humerus tumor and fixation of a tumor prosthesis, resulting in a complete cure.

The successful preservation of the vascularity of the left upper limb, along with the intact brachial plexus, highlights the meticulous approach taken by the medical team. The patient has shown remarkable functional recovery and is expected to resume most routine activities.

### Rare procedure for a case of complex monochorionic twin pregnancy conducted at Fortis La Femme, GK-II



Dr Vidhi Hathi, Consultant - Foetal Medicine, Fortis La Femme, GK II, New Delhi, achieved a groundbreaking milestone on March 13, 2024, by performing the inaugural selective reduction using Radiofrequency Ablation for a complex monochorionic twin pregnancy. This procedure, characterised by its intricacy and demand for high skill, is a rarity conducted only at a few select centers nationwide.

Monochorionic twin pregnancies, distinguished by a shared placenta, harbor specific complications primarily rooted in abnormal vascular connections at the placental level. These complications, affecting 10-15% of such pregnancies, encompass twin-twin transfusion syndrome, selective foetal growth restriction, and twin anemia polycythemia sequence. Notably, the presence of these connections complicates the traditional approach of foetal reduction using KCl. The spectrum of care for monochorionic complications includes foetoscopic laser ablation of anastomotic vessels and selective foetal reduction through radiofrequency ablation or bipolar cord occlusion, tailored to each patient's condition.

In this case, a monochorionic twin pregnancy conceived through IVF developed selective Foetal Growth Restriction in one twin at 16 weeks. Rigorous monitoring ensued, culminating in the radiofrequency ablation of one twin at 23 weeks due to critical doppler abnormalities. Notably, radiofrequency ablation boasts an 80% survival rate for the co-twin. The procedure was executed successfully, and subsequent two-week follow-up revealed no maternal or foetal complications, marking a significant advancement in managing complex monochorionic twin pregnancies.

## Milestones

### S. L. Raheja Hospital, Mahim celebrates sixth foundation day of 'Institute of Digestive and Liver Care,' launches Endoscopy System



(C) Dr Vinay Dhir and Dr Kunal Punamiya inaugurate the state-of-the-art 'Enteroscopy System'

S. L. Raheja Hospital, Mahim - A Fortis Associate, celebrated the sixth foundation day of the Institute of Digestive and Liver Care (IDL Care) on April 3, 2024. At the event, Dr Ritu Garg, Chief Growth & Innovation Officer, Mr Dakshna Moorthy, Vice President & Group Head – Sales, Dr S. Narayani, Business Head - Fortis Hospitals Maharashtra, Dr Kunal Punamiya, CEO - S.L. Raheja Hospital, Mahim, Ms Rinku Mavani, Business Partner – Sales (Mumbai) along with key consultants and other esteemed guests, extended their congratulations to Dr Vinay Dhir, Chairman – IDL Care, and his team for their leadership and achievements.

On the occasion, Dr Kunal Punamiya inaugurated state-of-the-art 'Enteroscopy System,' which is utilised for diagnosis and treatment of small intestinal disorders. He also emphasised the need for continued technological expansion and assured all help towards making IDL Care one of the best Centres of Excellence in the field of Gastroenterology and Therapeutic Endoscopy. Speaking on the occasion, Dr Vinay Dhir congratulated the team for the progress made in the past five years in the areas of clinical care, teaching and clinical research.

### Fortis Hospital, Bannerghatta Road, Bengaluru sets new standards with 1080 successful robotic surgeries in 2023



Fortis Hospital, Bannerghatta Road successfully conducted 1080 robotic surgeries in 2023, setting new benchmarks in precision and excellence. With a multidisciplinary approach, the facility's Centre of Excellence in Robotic Surgery caters to a diverse range of specialties, including Orthopaedics, Urology, Oncology, Gynaecology, Cardiac Surgery, and Gastroenterology. This comprehensive scope ensures that patients receive personalized care tailored to their specific medical needs. From knee replacements to kidney transplants to cancer and cardiac surgeries, the hospital is dedicated to achieving exceptional results. Leveraging state-of-the-art technologies like the Mako robotic technology and Da Vinci Xi robot, Fortis Bannerghatta is revolutionizing surgical outcomes and enhancing patient experiences.

## Fortis Shalimar Bagh hosts 'Niramaya – Patient Support Group Meet' on completion of over 250 Robotic Knee Replacements



Dr (Prof) Amite Pankaj Aggarwal, Senior Director and HOD, Orthopaedics and Joint Replacement, Fortis Hospital, Shalimar Bagh has successfully completed over 250 Robotic Knee Replacement surgeries. To mark this achievement and celebrate patients' journey, the hospital hosted a vibrant

'Niramaya - Patient Support Group Meet' with Holi Milan festivities on March 23, 2024. Over 80 participants joined in, sharing their experiences, thoughts and spreading joy through dance, song and a delightful ramp walk.

## 100 robotic-aided surgeries completed within 100 days of introducing Da Vinci X system at Fortis Anandapur, Kolkata



Doctors celebrating along with Ms Richa Singh Debgupta, Chief of Strategy and Operations (JK) and Mr Ashish Mukherjee, Facility Director

Doctors at Fortis Anandapur have accomplished a remarkable feat by conducting 100 robotic surgeries within just 100 days of the Da Vinci X Robotic Surgical System's introduction at the hospital. The significant milestone was a result of the dedicated efforts of Dr Udipta Ray, Director, GI, General & Robotic Surgery, Dr Ramesh Agarwalla, Director - GI, Minimal Access & Bariatric Surgery; Dr Shrinivas Narayan, Director – Urology; Dr R. K. Gopala Krishna, Director - Urology, Dr Sandip Ray, Consultant - General Surgery and Dr Sujata Datta, Consultant - Gynaecology.

The achievement was celebrated on February 29, 2024, with a cake-cutting ceremony in the presence of Ms Richa Singh Debgupta, Chief of Strategy and Operations (JK), Mr Ashish Mukherjee, Facility Director, and other senior clinicians and leaders.



## Dr Pradeep Jain of Fortis Shalimar Bagh, sets new record by completing over 250 robotic surgeries in just 480 days



Dr Pradeep Jain, Principal Director & HOD LAP GI, GI Onco, Bariatric & MIS Surgery, Fortis Hospital, Shalimar Bagh, has completed over 250 robotic surgeries in just 480 days, setting a new record according to DaVinci data. The achievement was celebrated on March 15, 2024, in the presence of Mr Deepak Narang, Facility Director, and senior clinicians.

## Fortis Escorts Heart Institute, New Delhi celebrated 100<sup>th</sup> Institutional Ethics Committee (IEC)



The Academic and Research Department, Fortis Escorts Heart Institute celebrated its 100<sup>th</sup> Institutional Ethics Committee Meeting on 21<sup>st</sup> Feb 2024. It was a proud moment for the committee as well as the Clinical Research department for successfully completing its journey and maintaining the Ethical values & Safety of Human Trial Participants.

The Member secretary Dr Z.S. Meharwal, Executive Director & Head – Adult Cardiac Surgery, Heart Transplant & VAD Program has presented a brief of the journey of the Committee since its 1<sup>st</sup> Meeting held on 27<sup>th</sup> Jan 2006 till the present 100<sup>th</sup> meeting followed by an Audio-Visual message of the Former chairperson Dr Abdul Hamid Zargar, who served for 13 years as Chairperson. The Event was graced by the valuable & encouraging words of the current Chairperson Dr K.K. Talwar as Chairperson, Institutional Ethics Committee – Fortis Escorts & Chairman, Cardiology Department, PSRI Hospital, the Guest of Honor Dr Ashok Seth, Chairman of Fortis Escorts Heart Institute & Fortis Healthcare Medical Council, Mr Bidesh Chandra Paul, Head - SBU and Dr Anil Saxena, Executive Director – Electrophysiology & Cardiac Pacing & Head of Clinical Research Department and hosted by the Ethics Committee Secretariat, Ms Bishnupriya Nayak.

The celebration included the cake cutting ceremony and a gala lunch in the presence of the respective Directors & Heads of different departments, the Senior Doctors & the esteemed Ethics Committee Members.

The Event was Organized under the guidance of Dr Z.S. Meharwal & Dr Anil Saxena and Hosted by the Ethics Committee Secretariat Ms Bishnupriya Nayak.

The Institutional Ethics Committee has received the Ethics Committee Reaccreditation from the NABH recently.

## Fortis Mulund celebrates 100 Bone Marrow Transplants; raises awareness about blood disorders



Dr Subhprakash Sanyal and his team, with the patients and their families at the cake cutting ceremony

Fortis Hospital, Mulund, on February 17, 2024, celebrated the successful completion of 100 Bone Marrow Transplants (BMTs). This milestone marks a remarkable journey of hope, resilience and transformative care for patients battling blood disorders. Dr Subhprakash Sanyal, Director - Haematology, Haemato-Oncology & BMT, alongside his team including Dr Hamza Dalal, Consultant-Haematology & BMT, Dr Alisha Kerkar, Associate Consultant-Transfusion Medicine, Dr Kirti Sabnis, Consultant-Infectious Diseases, Dr Lalit Dhantole, Head-Transfusion Medicine, and others, spearheaded a series of successful bone marrow transplants for patients afflicted with various blood disorders such as Multiple Myeloma, Lymphoma, Leukaemia, Myelodysplastic Syndrome, Myelofibrosis, Aplastic Anaemia and more.

Over the course of several months, the Haematology Team at the hospital performed a spectrum of bone marrow transplants, ranging from haploidentical (half-matched) transplants to unrelated bone marrow transplants. Advanced medical management techniques, tailored to the individual needs of each patient, were employed, particularly for elderly patients. These included reduced intensity conditioning and precise stem cell collection, aimed at maximising the success rate of transplants and minimising the risk of complications. Throughout the transplant journey, the dedicated team at Fortis Hospital Mulund provided comprehensive support and care to patients, between 12-70 years, addressing their needs at every stage of treatment. Their multidisciplinary approach, integrating paediatric and geriatric care, advanced transplant procedures, and expertise in hematopathology, ensured a holistic and effective treatment experience for all BMT patients.

## Dr Swapna Misra of Fortis Mohali completes 500 robot-aided surgeries



Dr Swapna with her team

Dr Swapna Misra, Director, Obstetrics and Gynaecology, Fortis Hospital Mohali, has achieved a remarkable feat by completing TR 500 Robot-aided surgeries recently. Dr Misra's feat is exceptional as there was not a single case of conversion to open in all the gynae surgeries. Besides being a competent Obstetrician and Gynaecologist, Dr Misra is also a Robotic Gynaecological and Laparoscopic Surgeon as well. She also has the achievement of being the highest trained TR Robotic Surgeon in the country. In May 2022, Dr Misra had undergone advanced training under Dr Peter Lim – an obstetrician-gynaecologist with over 3,500 robot-aided surgeries to his credit – at San Diego, USA.

## Special Features



### Fortis Hospital & Kidney Institute, Kolkata



Fortis Hospital & Kidney Institute, Kolkata, celebrated World Kidney Day on March 8, 2024, by organising SAHAYAK, a support group meeting for Dialysis patients. Dr Arup Ratan Dutta, Director – Nephrology and Dr Upal Sengupta, Director – Nephrology, explained the pros and cons of dialysis, the right stage of Chronic Kidney Disease (CKD) when kidney transplant can be performed and benefits of kidney transplant for dialysis patients. A

special session on proper diet for kidney patients was also organised. The participants were given plants, symbolising a 'Gift of Life.' "Corporate KOL", a meeting with the Key Corporate personnel followed by hospital visit and felicitation was organised.

To spread awareness and promote 'Kidney Health for All,' 14 videos and 3 reels discussing kidney stones, renal transplant, benefits of dialysis, cross-blood group transplant, spousal transplant, kidney problems in children, risk factors of kidney cancer, protecting kidneys from cancer, partial nephrectomy to preserve kidney and promotional messages on urinary tract infection, prevention of kidney failure and CKD and its symptoms were posted on social media platforms. The Awareness Campaigns were extended in District Towns of Durgapur and Hooghly through temporary Hoardings placed at strategic locations. Kidney shaped fridge magnets displaying the steps to prevent kidney failure was distributed to all the patients discharged on the World Kidney Day and will continue till June, 2024.

On the day of the event, a health check-up camp was organised. A pledge board was placed outside the hospital to encourage people to take pledge for keeping their kidneys healthy. A competition for Dialysis patients themed "Crafts from the waste products at home" was organised. A panel of Doctors selected the Winners of this competition who were rewarded. The event concluded with the cutting of a cake in presence of Dr Arup Ratan Dutta, Director - Nephrology, Dr Upal Sengupta, Director - Nephrology, Mr Baishpayan Mukherjee, Facility Director, FHKI-FMC, Mr Ashish Mukherjee, Facility Director, Fortis Anandapur, Arindam Chakraborty, Consultant-Microbiologist; Dr Anusuya Bose, Medical Superintendent, FHKI-FMC, Mr Abdul Rashid, DGM - HRD, Fortis Anandapur, Mr Partha Sarkar, Head-Sales & Marketing, FHKI-FMC and staff members.

### Fortis Escorts Hospital, Faridabad



Fortis Escorts Hospital, Faridabad, celebrated World Kidney Day on March 14, 2024, with over 45 dialysis and kidney transplant patients. Dr Anup Gulati, Director - Urology and Dr Tejender Singh Chauhan,

Senior Consultant - Nephrology addressed the audience and emphasised the importance of kidney health, while sharing vital lifestyle tips. Mr Yogender Nath Awadhiya, Facility Director, inspired the participants with a motivating speech. Engaging events such as games, skit by the Dialysis Team and a fun quiz session was organised. The winners and performers received gifts.

'SANKALP,' a kidney care group, was also launched on the occasion, in the presence of senior Nephrology and Urology clinicians as well as senior leaders. The event concluded with a cake-cutting ceremony and refreshments.

## Fortis Hospital, Vasant Kunj



On World Kidney Day, a special yoga session was organised by Fortis Hospital Vasant Kunj that brought together more than 200 participants from the neighbourhood. Emphasising the connection between exercise and kidney health, the event aimed to raise awareness about how yoga can contribute to the prevention and management of kidney diseases. The session included a series of gentle yet effective yoga poses, breathing exercises and meditation techniques tailored to enhance kidney function and overall well-being.

Dr (Prof) Sanjeev Gulati, Principal Director - Nephrology and Kidney Transplant, along with his team, addressed the participants about kidney health and educated the attendees about the importance of kidney health and the role of lifestyle choices in preventing kidney diseases.

## Fortis Hospital, Chandigarh Road and Mall Road, Ludhiana



Fortis Hospitals at Chandigarh Road and Mall Road, Ludhiana, jointly observed World Kidney Day with a series of events. The day commenced with a warm welcome by Dr Navdeep Singh Khaira, Director - Nephrology and Dr Jaspreet Singh Chhabra, Senior Consultant - Urology & KTP Surgeon. Thereafter, a health talk was delivered by Dr Varun Mittal, Consultant - Urology, shedding light on the critical topic of Kidney Transplant, providing valuable insights into this life-saving procedure. This was followed by an enlightening session by Dr Ankit Gupta, Associate Consultant - Urology and Dr Tanish Dhir, Associate Consultant - Nephrology, who shared their expertise in managing acute problems during dialysis. Dr Benika Kajla, Microbiologist and Infection Control Officer, addressed the vital role of antimicrobials in spreading awareness and combating resistance, highlighting the importance of infection control in healthcare.

In recognition of their unwavering dedication and hard work, more than 45 Dialysis Technicians were honoured with gifts and certificates. The event concluded with a cake-cutting ceremony with the dialysis patients.

## Fortis Escorts Hospital, Amritsar



Fortis Escorts Hospital, Amritsar, organised a special event on March 14, 2024, as part of World Kidney Day, to raise awareness and highlight the importance of kidney health. A large number of dialysis patients

participated in the event, which commenced with cake cutting in the presence of senior clinicians, including Dr Gaurav Singla, Associate Consultant - Nephrology and Dr Fayaz Ahmad Wani, Associate Consultant – Nephrology, apart from Dr Vikram Aggarwal, Facility Director, and staff members. The patients were presented with gifts as a token of appreciation for their resilience, perseverance and unwavering determination in their journey towards better health.

## Fortis Hospital, Noida



As part of our ongoing commitment to kidney health and patients' well-being, Fortis Noida organized a special event dedicated to honouring and supporting the dialysis patients. The event started with ceremonial lamp lighting by Mr. Mohit Singh, Head SBU- Noida, Greater Noida & Faridabad, Dr Anuja Porwal, Additional Director, Nephrology, Dr. Piyush Varshney, Additional Director, Urology & Kidney Transplant, Mr. Siddharth Nigam, Head -Operations, Capt. Neelam Deshwal, Head of Nursing, Mr. Piyush Barjatya, Head -Sales & Marketing with dialysis team; followed by cake cutting ceremony.

The event was enriched by the inspiring stories shared by dialysis patients, who courageously recounted their personal experiences and triumphs in managing kidney disease. Their stories served as a source of inspiration and encouragement, highlighting the importance of resilience, hope, and community in navigating life's challenges. Each patient received a thoughtful gift as a token of gratitude for their resilience, perseverance, and unwavering determination in their journey towards better health.

## Fortis Memorial Research Institute, Gurugram

On World Kidney Day 2024, FMRI Gurugram organized a special program in collaboration with the Department of Nephrology & Kidney Transplant. The event attracted a lively audience from various segments including the Senior Citizens Association, Laughterians Club, PSUs, and key Corporates.

The program featured informative talks on Kidney Health & Kidney Disease Management delivered by Dr Salil Jain, Senior Director – Nephrology & Kidney Transplant; Dr Gagandeep Chhabra, Director & Unit Head – Nephrology & Kidney Transplant and their teams. Following the talks, there was an engaging quiz hosted by the Department of Dietetics, adding a fun element to the event.



Noteworthy personalities such as Mr Mahipal Bhanot, Senior VP & Business Head, and Dr Gurvinder Kaur, FD - FMRI, Gurugram graced the occasion with their presence, further adding to the significance of the event. Overall, it was an enriching and enjoyable gathering aimed at raising awareness about kidney health and disease management.



## Fortis Hospital, Cunningham Road, Bengaluru



On the occasion of International Women's Day, Fortis Hospital Cunningham Road hosted a celebration to honour and appreciate the relentless dedication and care exemplified by the women employees in the organisation. The celebration commenced with an engaging Best Hair Stylist competition. Recognising the crucial importance of financial management for every working woman, the hospital organised a Financial Transformation Workshop for women across all roles. This workshop, conducted by a leading investment firm, focused on empowering participants with knowledge about financial security and independence through strategic personal investments. Each participant was gifted with presents, greeting cards and chocolates as a token of gratitude and appreciation for their unwavering dedication and significant contributions to the organisation's growth.

## Fortis Hospital, Vasant Kunj



On the occasion of International Women's Day, Fortis Hospital, Vasant Kunj organised a series of activities for the women team members, including doctors, nurses and other medical as well as non-medical staff. A warm welcome was extended to all the female staff members with chocolates and flower pots. The hospital also invited the female presidents of neighbourhood residential associations, who attended an interactive session and received gifts. Dr Neema Sharma, Director & Unit Head - Obstetrics & Gynaecology and Dr Rashmi Sharma, Senior Consultant - Dermatology shared their thoughts on the importance of a healthy mind, body and soul for all women.

## Fortis Hospital, Noida



On International Women's Day, Dr Priya Bansal, Consultant - Gynae Onco-Surgery at Fortis Hospital, Noida, addressed women employees of hospital to spread awareness about cervical cancer load in Indian women. Dr Priya explained the preventive methods and stated that it was the only cancer that could be prevented with cervical cancer HPV vaccine and cervical smear/PAP smear screening. She also shared the importance of building public awareness about risk factors and the symptoms of the disease. She concluded the session with an appeal to all women present to undergo screening and vaccination.

## Fortis Hospital, Mohali



To celebrate the spirit of womanhood, a host of activities were organised by Fortis Hospital Mohali to mark International Women's Day on March 8, 2024. A special health talk was organised for elderly members of the Mohali Senior Citizens Association. A meditation session was held by Dr Rabia Kapur, Lactation and Fitness Consultant, and recreational games were facilitated by Ms Anchal Sharma, Counselling Psychologist, Department of Mental Health & Behavioural Sciences. Art and craft activities were also organised for the women employees of Fortis Mohali.

## Fortis Hospital, La Femme, GK II

Fortis La Femme organized an Inspiring Walkathon with Rahagiri on Sunday, 10<sup>th</sup> March'24. More than 200 participants including doctors had the opportunity to enjoy a rejuvenating walk around Connaught Place, surrounded by the vibrant energy of like-minded individuals committed to fostering inclusivity and empowerment. Through this creative platform voices were heard, barriers were broken and connections were made. The event aimed at creating awareness on Women's Health and we believed that by coming together, we could create a meaningful change and build a community where every individual feels valued and empowered.



## Fortis Escorts, Okhla



To commemorate International Women's Day, Fortis Escorts, Okhla Road, New Delhi expressed gratitude to the female patients and their attendants by presenting them with flowers and a bookmark carrying a heartfelt message. The female staff received special recognition throughout the day, receiving roses, chocolates and message cards. Additionally, they were involved in a Brahma Kumaris meditation session and enjoyed various engaging activities designed to help them relax and fully embrace their special day.

## Fortis Escorts Hospital, Faridabad



On the occasion of International Women's Day, Fortis Escorts Hospital, Faridabad organized a series of captivating events. This included the launch of a specialized Obs & Gynae clinic, a fashionable Ramp Walk, and enjoyable activities for New mothers, corporate HR, and Internal employees.

The hospital premises were beautifully adorned with balloons and danglers.

A dedicated super specialty gynae clinic was launched for the first time in the region. The clinic will be operational every day from 3-4pm. The patients can get a 30% discount on investigation, as per doctor's advice.

The clinic was inaugurated by Chief Guest Dr Punita Hasija, Past IMA President and Ms. Meenu Gupta, President – Inner Wheel Club. The event was also graced by Yogendra Nath Awadhiya, Facility Director, Fortis Escorts Hospital, Faridabad, Dr Niti Kautish, Director & HOD – Obstetrics and Gynecology, Dr Anita Soni, Visiting Consultant - Obstetrics and Gynecology along with other senior clinicians and hospital staff.



## Meet Our Clinician



**Dr Jagdish Chandra**  
 Director - General Surgery  
 Fortis Hospital, Greater Noida

### Since how long have you been working with Fortis?

I have been working with Fortis group of hospitals since 2021. Initially I was at the sector- 62, Fortis, but with the opening of Greater Noida branch, I shifted here

### Can you tell us about your overall experience in the field of medicine and what inspired you to become a doctor/clinician?

When I was studying, career options were very limited. Those doing well in the studies were expected to take up either Medicine or Engineering. Likewise, I too opted for Medicine and was lucky enough to get selected for MBBS course at the prestigious AIIMS, New Delhi, where I pursued MBBS and MS degrees. Subsequently, I had the privilege of working in other great institutions like PGI, Chandigarh and Maulana Azad Medical College, New Delhi.

### What are some rewarding aspects of you being a doctor/clinician, both personally and professionally?

The sense of gratitude shown the patients and their relatives are very rewarding and you come across such experiences very frequently. Before the advent of corporate hospitals, only a limited number of tertiary care hospitals were catering to a very large population and the standard of care provided in the peripheral hospitals were not up to the mark. In such a scenario, the recovery of patient from serious and life-threatening diseases was nothing short of miracle for the relatives. Hence, the doctor too got convinced that he/she is indispensable.

### Can you share a memorable patient story that had a profound effect on your life and career?

Many times, we treat our patients without knowing about patient's social background. We feel satisfied at the good clinical outcome. Laparotomy performed on an unmarried daughter of poor parents, becomes big liability for the parents, because scar of surgery makes her either virtually ineligible for marriage or

exponentially increases the cost of marriage. While working in government run medical institutions, I had standing instruction to my associates the all such patients will be laparoscopically operated by me, so that she carries no stigmata of any surgery. I succeeded in this endeavor to a large extent.

### Have you ever made a difficult decision in your professional life? If yes, what were the outcomes?

I have made many difficult and unconventional decisions to save patients' lives in otherwise hopeless situations. Some the the new procedures described by me were made in such situations, where the patients were virtually left to die for want of clinical options. These include Rectus muscle flap for high output duodenal fistulae, Reverse peritoneo-atrial shunt for intractable ascites, Creation of neo-urethra after total penectomy for penile cancer and prostatic block for patients undergoing TURP, but declared unfit for anesthesia due to co-morbidities.

### Can you tell us about some of your hobbies that help you rejuvenate outside your personal life?

I don't have many hobbies. Busy work schedule didn't allow me to develop my hobbies, but I would like to swim, that too not in the static waters of swimming pool, but in the fast-flowing tributaries of Chenab river.

### How do you approach interprofessional collaboration and teamwork in your clinical setting?

During my stint in USA, I found that there was tremendous emphasis on camaraderie and team work. This is particularly true of all the surgical disciplines. There should be close co-operation with many other specialties including Radiology, Anesthesia, Biochemistry, Pathology, Microbiology, Medicine and many other departments. We learn from the collective wisdom, and medical science is progressing at a tremendous pace. You can catch up its pace by close co-operation with other specialties and it is not possible to do so individually.

## Meet Our Nurse



**Nikethana R Nair**  
 Chief of Nursing  
 Fortis Hospital, Mohali

### **What inspired you to pursue your career in nursing and how it has shaped your professional and personal life?**

I was raised in a joint family which comprised my parents, aunt, uncle and cousin. My aunt was a nurse who usually preferred shifts where she could pick me up from school. Sometimes, I also accompanied her to the hospital and witnessed her in action at the Nursing Station. I was deeply motivated by her dedication and how she took ownership of the hospital, managed the novice nurses, Code Blue scenarios, and held discussions with doctors and patients. This stirred my conscience and paved the way for my future path as a nurse. I pursued my MPhil in Hospital & Health Care Management System from BITS, Pilani. Being a nurse has transformed me on various levels as I witnessed several complex and serious circumstances. The guidance that I received from senior leadership helped me hone my clinical, administrative and people management skills.

### **How do you manage a healthy work-life balance as a nurse?**

It is imperative to set your priorities right and remain organised in the midst of a busy schedule. I always try to maintain a healthy work-life balance. Taking care of one's health is important and I ensure to maintain a positive workplace culture. Positivity and a strong resolve helps in remaining calm in stressful situations.

### **Can you share a personal experience that exemplifies the impact nursing had on your life?**

My mother once underwent an emergency laparotomy for hernia repair when I was in Class 11, following which she faced certain health complications. This prolonged her stay in the hospital. However, the team of ICU nurses attending to her was extremely efficient and went out of their way to look after my mother. Nurses are the torchbearers of medical care and play an important role in providing care to patients.

### **What steps do you take to stay updated on the advancements and evidence-based practices in nursing?**

I participate in online discussion forums, scientific sessions and have also enrolled myself in professional nursing/non-nursing bodies such as Association of Nurse Executives, Consortium of Accredited Healthcare Organizations, INS. I also participate in Quality Improvement Programmes, conferences and workshops, read professional journals and publications, discuss important issues pertaining to nurses with seniors and seek their suggestions.

### **How has been your journey working at Fortis?**

Working with Fortis has been a transformative experience for me. The able guidance of Capt Sandhya Shankar, Group CNO, and MSOG Fortis Healthcare has helped me navigate challenges and transformed me as a professional. This is the only corporate organisation which values an individual's vision, mission, ideas and ensures a long association.

### **What qualities or attributes do you think a nurse must possess?**

An ideal nurse should be empathetic, compassionate and kind. To put a smile on a patient's face in the midst of a physical ailment is a great and rewarding experience.

### **How do you ensure essential communication with other healthcare professionals to provide optimal patient care?**

I share clear and concise information with all of my colleagues and subordinates. I also encourage appropriate handing over of duty in each shift utilizing the ISBAR tool. Closed loop communication during critical times are also important to ensure optimal patient care.

### **Tell us a bit about your family?**

I hail from God's Own Country, Kerala. My parents are retired and settled in Trivandrum. I am married to Mr. Saravanan, currently associated with Fortis Hospital, Mohali, as a Physician Assistant at the Critical Care Unit.

# INSPIRING STORIES

## Security Team at Fortis Anandapur, Kolkata, helps douse slum fire



Security Team with the Fire Department



Security Team and staff from Fortis Hospital, Anandapur



Fortis Hospital, Anandapur, exemplified unwavering commitment to community welfare during a critical moment. On February 25, 2024, at 10:40 am, a nearby slum was engulfed in flames. The vigilant security officers at Fortis Anandapur, Mr Bablu Ghosh and Mr Basudeb Chatterjee, sprang into action. Their swift response, supported by the quick response team, ensured coordination with emergency medical services, ready to aid any injured individuals. Bravely battling alongside Fire Department personnel, they utilized 11 hoses from the hospital's hydrant outlet until the fire was doused. But the hospital's support didn't end there; the housekeeping and engineering departments provided essential water and refreshments to all in need. "We are immensely proud of their heroism", recognized by Mr Sanjay Mukherjee, Director General of Fire Services West Bengal, and local counsellor Mr Sushanta K. Ghosh. Mr Ashish Mukherjee, Facility Director, commended the exemplary dedication of the security officers, reflecting Fortis Hospital's enduring commitment to serving the community at times of crisis.

## Community Connect

### Fortis Hospital, Kalyan, hosts cancer awareness session for women employees of Municipal body



(L-R) Ms Zankhana Shetty, Dr Pushkar Ingle, Dr Uma Dangi, Dr Shalini Ananth, Dr Harshit Shah & Dr Anil Heroor at the IWD 2024 talk at KDMC

Fortis Hospital, Kalyan, brought women's healthcare and cancer awareness to Kalyan-Dombivli Municipal Corporation (KDMC) employees through a panel discussion hosted at the municipal office on March 15, 2024. A clinical team from the hospital spoke about the importance of cancer care and the need to adopt a holistic approach towards prevention, treatment, and rehabilitation of patients. The panel discussion helmed by Fortis Hospital Kalyan's Dr Anil Heroor, Senior Consultant - Surgical Oncology, Dr Harshit Shah, Associate Consultant - Surgical Oncology, Dr Uma Dangi, Consultant - Medical Oncologist, Dr Pushkar Ingle, Consultant - Radiation Oncologist, Ms Zankhana Shetty, Nutrition Expert and Dr Shalini Ananth, Physiotherapist, with honourable Dr Indurani Jakhar, Commissioner, Kalyan-Dombivli Municipal Corporation (KDMC) in attendance, was a huge success.

The discussion also allowed the participants to engage with healthcare professionals, ask them questions and learn about available cancer screening and support services.

### First 'One Fortis CME' held in Bareilly, Uttar Pradesh



Interaction with IMA Clinicians

As part of its Upcountry Outreach Strategy, the Fortis Corporate Sales Team organised the first 'One Fortis CME' in Bareilly with association of IMA Bareilly on March 30, 2024, at IMA Bhawan.

It was a first-of-its-kind CME to build Fortis brand visibility in upcountry markets, FMRI, FEHI and Fortis Noida partnered as ONE FORTIS team. The program was based on the theme of Transplants.

Dr Sanjeev Gulati, Executive Director -Nephrology & Kidney Transplant, Fortis Escorts, Okhla delivered a lecture on Kidney Transplant. Dr Mukul Rastogi, Director - Hepatology, Gastroenterology & Liver Transplants, Fortis Hospital, Noida, spoke on Liver Transplant. Dr Rahul Bhargava, Principal Director - Haematology, Haemato-Oncology & Bone Marrow Transplant - Fortis Memorial Research Institute, Gurugram, shared his thoughts on Bone Marrow Transplant.

A total of 60 clinicians participated in the interactive and highly educative program. The event was appreciated by IMA and lauded for creating awareness about transplants. The program was conceptualised and initiated by Fortis Corporate Upcountry Lead.

## Fortis Hospitals, Ludhiana, join hands with IMA for CME on 'Fine Skills with Finest Quality'



Gastro Clinicians (L-R): Dr Neeraj Singla, Consultant – Gastroenterology, Dr Amit Bansal, Consultant – Gastroenterology; Dr Mudit Kumar, Additional Director - Gastrointestinal & Laparoscopic Surgery; Dr Nitin Shanker Behl, Additional Director – Gastroenterology; Dr Harish Matta, Additional Director - General & Onco Surgery

Fortis Hospitals Ludhiana conducted a Continuing Medical Education (CME) event on 'Fine Skills with Finest Quality', in association with the Indian Medical Association Ludhiana, under the aegis of the Punjab Medical Council, on April 6, 2024. The event featured insightful discussions led by renowned medical professionals. Dr Mudit Kumar, Additional Director - Gastrointestinal & Laparoscopic Surgery, enlightened the audience about 'Quality in Surgical Care,' with Dr Harish Matta, Additional Director - General & Onco Surgery, officiating as the chairperson for this topic.

The attendees also benefited from a comprehensive talk on 'Overview of Chronic Hepatitis B Management-Case Scenarios' by Dr Amit Bansal, Consultant - Gastroenterology. Dr Nitin Shanker Behl, Additional Director - Gastroenterology, chaired this session. Finally, Dr Neeraj Singla, Consultant - Gastroenterology, discussed the 'Role of some latest GI Devices in clinical practice: Case Scenarios,' with Dr Rajoo Singh Chhina, Director - Gastroenterology, chairing the session.

The event was graced by Guest of Honour, Dr Vishavdeep Goyal, SBU Head - Fortis Hospitals (Ludhiana & Amritsar) and Mr Gurdarshan Singh Mangat, Centre Head - Fortis Hospital, Mall Road Ludhiana.

## Doctors and nurses from Myanmar complete six-month International Fellowship at Fortis Anandapur, Kolkata



Group Photo with the CTVS Department

On April 6, 2024, Fortis Anandapur celebrated the successful completion of the International Fellowship of 10 doctors and nurses from DSG Hospital and DSOGC Hospital, Yangon, Myanmar. These healthcare professionals received high-end training under the guidance of Dr K. M. Mandana Director - Cardio thoracic and Vascular Surgery, and his team, at Fortis Anandapur.

The felicitation ceremony was a testament to their hard work and the unwavering support provided by the hospital. Dr Mandana congratulated the trainees on the occasion and wished them well in their journey ahead.

## Doctors from Myanmar complete six-month international fellowship in Neurology at Fortis Anandapur, Kolkata



Dr Amit Haldar and Dr Aparajita Chatterjee presenting the certificate to Dr Hein Zaw Zaw and Dr Kyaw Zeya

On March 4, 2024, two Fortis Anandapur, Kolkata, celebrated the successful completion of the six-month International Fellowship of Dr Hein Zaw Zaw and Dr Kyaw Zeya from DSG Hospital, Yangon, Myanmar. The two doctors completed their fellowship with the Department of Neurosciences, under the guidance of Dr Amit Haldar, Director - Neurology, Dr Aparajita Chatterjee, Consultant - Neurology and Dr Sinjan Ghosh, Consultant - Neurology.

The two doctors expressed their gratitude towards Dr Haldar for his insightful mentorship and towards Dr Chatterjee and Dr Ghosh for their hands-on guidance. The Fortis leadership congratulated Dr Hein Zaw Zaw and Dr Kyaw Zeya on completion of their fellowship and wished them continued success.

## Fortis Hospital Kalyan is health partner for city marathons



Ms Madhavi Varik, Head-Sales & Marketing, Fortis Hospital Kalyan with the organizers of the Borgaonkar Marathon on February 18

Fortis Hospital Kalyan joined hands with Rotary Club of Kalyan, as their health partner, for three large-format marathons that were hosted in the city over the past few weeks. On February 18, 2024, KDMC's first full run (42Kms) marathon, the 'Borgaonkar Marathon' was hosted that witnessed participation from 2800 runners across 42Km, 24Km, 10Km, 7Km, 5Km & 3Km categories. The marathon built support to offer prosthetic limbs free of cost to specially abled people, to upgrade school infrastructure in rural areas and to repair or build water conservation units.

On February 25, Fortis Kalyan joined hands with Rotary Club of Kalyan again to support and raise funds for the family members of martyred soldiers. This initiative witnessed participation from over 1000 runners. And on March 17, 2024, Fortis Hospital Kalyan partnered with Rotary Club of Kalyan to host 'Super Women Champion Run' wherein 800 women participated. This initiative, which had 5Km and 3Km runs witnessed enthusiastic participation, and was hosted as part of International Women's Day.

## Fortis Mohali participates as official medical partner in Snow Marathon



Doctors from the Emergency Department examining patients at the medical camp at Keylong

Fortis Hospital Mohali was the official medical partner in the 3rd Edition of the Snow Marathon held at Lahaul, Himachal Pradesh, on March 10, 2024. The marathon was held at an average altitude of 11,000 ft offering four formats of running – 42 km, 21 km, 10 km and 5 km. More than 200 runners from across India and abroad, including veterans, took part in the event with the youngest runner being a 10-year-old boy. Doctors from the Emergency Department, including Dr Debi Dutta Das and Dr Abdullah Ansari, represented Fortis Mohali at a medical camp organised at Keylong on March 9, wherein residents of more than 20 villages got themselves examined.

## Fortis Memorial, Gurugram, is official medical partner for Gurugram Marathon 2024



Fortis Memorial Research Institute (FMRI), Gurugram, participated in the Gurguram Marathon 2024, held on February 25, 2024, as the official medical partner. Over 30,000 fitness enthusiasts joined the event, which was graced by Hon'ble Chief Minister of Haryana, Shri Manohar Lal Khattar as the Chief Guest, and ace Indian cricketer, Mr Shikhar Dhawan.

The clinical team from FMRI Gurugram was present throughout the event to offer medical assistance to the participants. With 10 medical set-ups dispersed along the track, the team ensured swift medical support. The FMRI team included Dr Vinayak Agrawal, Senior Director & Head - Non-Invasive Cardiology, Dr Sandeep Dewan, Senior Director & HOD - Critical Care, Dr Ramit Wadhwa, Consultant - Non-Invasive Cardiology, and the Emergency Team. The event was graced by Mr Mahipal Bhanot, Sr. VP & Business Head, Dr Ritu Garg, Chief Growth & Innovation Officer at Fortis Healthcare & Dr Gurvinder Kaur, FD – FMRI, Gurugram.

## Fortis Jaipur is official Medical Partner for Jaipur Literature Festival 2024



Fortis Jaipur was the official medical partner at the 17th edition of Jaipur Literature Festival 2024, which was held in the city on February 1-5, 2024. The event hosted over 550 speakers and over 1.5 lakh people visited the five-day festival. Fortis provided a medical team along with a well-equipped critical care ambulance to take care of the medical needs at the venue.

## 300 delegates attend symposium on new advances in breast cancer care at Fortis Mohali



To highlight the latest medical advancements in breast cancer care, Fortis Cancer Institute, Mohali, organised a 'Breast Cancer Symposium' at the facility on February 24, 2024. The brainchild of Dr Rajeev Bedi, Director - Medical Oncology; Dr Naval Bansal, Endocrine & Breast Cancer Surgeon; and Dr Narendra Kumar Bhalla, Director - Radiation Oncology, the multi-disciplinary meet was the first of its kind to be organised in the North region. More than 300 delegates, including renowned breast cancer surgeons and oncologists, participated in the event, which showcased optimal treatment modalities for breast cancer.



## Fortis Escorts, Faridabad, collaborates with Haryana Police to drive home road safety message



On February 28, 2024, Fortis Escorts Faridabad, in collaboration with Haryana Police, organised a comprehensive 'Road Safety Awareness Programme' aimed at creating awareness among pedestrians, motorists and bikers whilst promote responsible driving.

The initiative was launched by Chief Guest Shri Amit Yashwardhan, DCP NIT and DCP Traffic, along with Shri Jitesh Malhotra, ACP Traffic, and Inspector Savita Rani, SHO Women's Police Station, who were the Guests of Honour. The event was also graced by Dr Kamal Verma, Director & HOD - Neurosurgery, Dr Ashok Dhar, Additional Director - Orthopaedics, and other senior clinicians, along with Mr Yogendra Nath Awadhiya, Facility Director, Fortis Escorts Hospital, Faridabad, and the hospital staff. Haryana Police distributed as many as 100 safety helmets with Fortis logo on them to erring two-wheeler drivers, to create awareness about the importance of road safety

## Over 150 gynecologists participate in Fortis BG Road's two-day workshop on Robotics in Gynecology and Uro-gynecology



Fortis Hospital Bannerghatta Road, in collaboration with the Bangalore Society of Obstetrics and Gynaecology, organised a two-day workshop on February 23-24, 2024, on the latest advancements in robotics in gynaecology and uro-gynaecology. Over 150 gynaecologists engaged in hands-on simulator sessions, witnessed semi-live surgeries and participated in insightful panel discussions during the event. A comprehensive handbook titled 'Robotics in Gynaecology' was also launched on the occasion.

The event was graced by several leading external clinicians, apart from a galaxy of Fortis luminaries, including Dr Rama Joshi, Principal Director – Gynae Oncology at Fortis Gurugram and Dr Mohan Keshavamurthy, Senior Director – Urology, Uro-Oncology, Uro-Gynaecology, Transplant & Robotic Surgery at Fortis Hospitals, Bengaluru. The event was successfully led by Dr Rubina Shanawaz, Senior Consultant in Uro-gynaecology, Laparoscopic, and Robotic Surgery at Fortis Bannerghatta, who officiated as the organizing chairperson. Mr Akshay Oleti, Business Head at Fortis Hospitals, Bengaluru, was also present on the occasion.

## Engagement

### Fortis Hospital, Bannerghatta Road, Bengaluru hosts Annual Service Milestone Awards



Fortis Hospital, Bannerghatta Road celebrated its Annual Service Milestone Awards on March 24, 2024, recognising the remarkable dedication and commitment of its clinicians and employees. The event honoured individuals who completed 5, 10, 15, and 25 years of service as of FY2023-24 across various verticals. Led by Mr Akshay Oleti, Business Head - Fortis Hospitals, Bengaluru, the ceremony included a prayer song by nursing trainees and a lamp lighting ceremony. Over 80 long-serving Fortisians who completed 25, 15 and 10 years of their service received gold coins, certificates and appreciation letters, while other employees who completed five years of their service were presented with watches and certificates. Retired employees were also acknowledged for their invaluable contributions.

### Fortis Memorial, Gurugram, organises fire safety training for staff as part of National Fire Service Week



A fire safety training session was conducted at Fortis Memorial Research Institute, Gurugram, as part of National Fire Service Week, which is observed across the country on April 14-20 every year. Fire Officers from the Haryana Fire Department imparted training on prevention of fire, helped raise safety awareness and demonstrated firefighting techniques. Highrise firefighting was also discussed during the training programme. The participants learnt how to use the fire extinguisher, and handle the hose pipe and hydrant system in case of an emergency.

## Fortis Hospital, Ludhiana, raises awareness about antimicrobial resistance



On March 21, 2024, Fortis Hospital, Ludhiana, organised a poster walk inside the hospital premises to raise awareness against the menace of increasing antimicrobial resistance. The patients, visitors and staff were briefed about the misuse of antibiotics and its impact on the community. The initiative was led by Dr Vishavdeep Goyal, Head – SBU (Ludhiana & Amritsar) and supported by Dr (Surg Lt Cdr) Anamica Ahuja, Dr Benika Kajla, Infection Control Officer, Dr Isha Bansal, Team Lead - Medical Admin, Dr Sunny Koundal, Clinical Pharmacist, Mr Kuldeep Rawat, Head – Quality, and the Nursing Team. Leaflets explaining 'Do's and Don'ts for Antibiotic Use' were distributed in all OPD waiting areas. Many queries of the attendants were answered by the team during the activity.

## Fortis Escorts Hospital, Amritsar, organises week-long event to build Antimicrobial Stewardship awareness



Fortis Escorts Hospital, Amritsar, organised a week-long event commencing on February 21, 2024, demonstrating their commitment towards Antimicrobial Resistance. The inaugural speech was delivered by Dr Varun Pushkarna, Senior Consultant - Internal Medicine and Dr Ashish Jain, Principal Consultant - Critical Care, on the judicious use of Antimicrobials, as it may otherwise contribute to the global threat of antimicrobial resistance. The second session was on Antimicrobial Stewardship (AMS) and Medication Safety, followed by a quiz and a poster competition for nurses and doctors. An informative session on AMS and antibiogram was delivered by Dr Arpan Deep Tuli for all the consultants.

Public awareness sessions were conducted in the OPD and waiting area on Antimicrobial Resistance, the Global threat of AMR and Judicious Use of Antibiotics. This initiative was planned and executed under the leadership and guidance of Dr Vikram Aggarwal, Facility Director, and Dr Romy Jabbal, Medical Superintendent. In the end of the session, awards distribution ceremony was conducted. The initiative achieved its goal of increasing awareness about antimicrobial resistance and the importance of Antimicrobial Stewardship.

## Neonatal Resuscitation Workshop for nurses held at Fortis Anandapur, Kolkata



Group Photo

Fortis Hospital, Anandapur, Kolkata organised a Neonatal Resuscitation workshop for nurses on February 20, 2024. The day commenced with an inspiring speech by Ms Doli Biswas, Chief Nursing Officer, followed by a lamp lighting ceremony attended by senior leaders, trainers and participants. Dr Sumita Saha, Consultant along with Dr Sayantan Saha and Dr Anindya Bera from the Indian Association of Paediatrics and Neonatal Society of India, led the theory session. Participants gained insights into the steps and rationale behind neonatal resuscitation, as well as post-resuscitation care. Hands-on training further enriched their learning experience. The session concluded with a Q&A session, participant evaluations by trainers, certificate distribution, a group photo, and a delightful high tea.

## Fortis Hospital, Vasant Kunj organises day-long workshop on Invasive Mechanical Ventilation



Prof Dr J. C. Suri, Director -  
Pulmonology and Critical Care

On March 17, 2024, 40 doctors from various hospitals and across specialties attended a day-long workshop on 'Invasive Mechanical Ventilation,' organised by Fortis Hospital, Vasant Kunj. Prof Dr J. C. Suri, Director - Pulmonology and Critical Care; Dr Ayush Gupta, Senior Consultant - Pulmonology and Critical Care; Dr Nikhil Bante, Senior Consultant - Pulmonology and Critical Care; Dr Rolly Malhotra, Senior Consultant - Critical Care and Dr Deo Shankar Patel, Senior Consultant - Critical Care participated as faculty from Fortis Hospital, Vasant Kunj. Dr Abhijeet Singh, Senior Consultant - Pulmonology and Critical Care, Fortis Hospital, Greater Noida, Dr Abhishek Pratap, Associate Consultant - Pulmonology and Critical Care, Fortis Hospital, Noida along with doctors from other city hospitals were among the invited faculty. The programme was a huge success with tremendous response from the participants.

## Fortis Anandapur hosts day-long Paediatric Life Support training for nurses



Group Photo

On February 21, 2024, Fortis Hospital, Anandapur, Kolkata, hosted a Paediatric Resuscitation workshop for nurses. The day commenced with a welcome speech by Ms Doli Biswas, Chief Nursing Officer, followed by ceremonial lamp lighting by the senior leaders, trainers and participants.

Led by Paediatric Consultants and a team from the Indian Academy of Paediatrics, the session included theoretical modules and hands-on practices. The participants gained valuable insights about paediatric life support, enhancing their skills and knowledge. Facilitators conducted Q&A sessions to reinforce the learnings, followed by individual skill assessments. The day culminated with certificate presentations and a photo session, followed by refreshments.

## Fortis Hospitals, Bengaluru, organise Fortis Bangalore Cricket League - 5



Fortis Hospitals in Bengaluru hosted its annual cricket tournament, the Fortis Bangalore Cricket League – 5, on March 30, 2024. This year's competition featured ten teams: Nagarbhavi Lions, Fortis Yodhas, Fortis Falcon, BG Shield, Richmond Challengers Bangalore, Ghaja Kesari, Cunningham Challengers, Nagarbhavi Legends, CG Titans, and RNR Royals. The tournament saw enthusiastic participation from over 150 employees across various departments.

The final saw the Cunningham Challengers win over the RNR Royals by a narrow margin of 12 runs. Notable performances included Dr Mangesh Kamath, who was named 'Man of the Series,' and Dr Amjad Khan, who earned the title of 'Best Batsman of the Series.' Mr Madan M also stood out, securing both the 'Man of the Match' and 'Best Bowler of the Series' awards.

## Fortis Bannerghatta Road, Bengaluru, organises CNE on Management of Pain with Chemotherapy and Bone Marrow Transplant



Nursing Education Team at Fortis Bannerghatta Road, Bengaluru, organised a CNE on Management of Pain with Chemotherapy and Bone Marrow Transplant on February 28, 2024. The programme commenced with lamp lighting by Mr Akshay Oleti, Business Head, Fortis Hospitals, Bengaluru, Dr Priya Goutham, Medical Director, Dr Niti Raizada, Senior Director – Medical & Hemato Oncology, Dr Madhusudhan, Consultant – Radiation Oncology, Dr Sarath Chandra, Consultant – Surgical Oncology, Mr Praveen Wali, Operations Head, Mr Ganesh Rao, Head - HR, Ms Latha Nonis, Chief Nursing Officer, Ms Sunitamma Tomy, Deputy Chief of Nursing and Dr Yamini K R, Senior Manager - Medical Administration. Ms Mala, VS, Nurse Educator and Dr Thianeswaran, took a sessions on Introduction & management of patient with Chemotherapy and Management of PICC Line respectively. A talk on Management of Chemo Port was delivered by Dr Vinayogam followed by a session on Infection Prevention-Line Management by Ms Priyadarshini R, Infection Control Nurse. Dr Prajwal took a session on Management of patient with Chemotherapy and one Marrow Transplantation. The programme was a grand success with participation from 35 nurses who utilised the opportunity to enhance the knowledge on Management of Pain with Chemotherapy and Bone Marrow Transplant.

## Fortis Hospital, Bannerghatta Road, Bengaluru, observes 10<sup>th</sup> National Dietetics Day



Dietetics Department at Fortis Hospital Bannerghatta Road organised an exhibition on February 21, 2024, to mark 10th National Dietetics Day. The exhibition was attended by Dr Priya Goutham, Medical Director, Fortis Hospitals, Bengaluru, Dr Vivek Jawali, Chairman – Cardiac Sciences, Fortis Hospitals, Bengaluru, Dr Garud Chandan, Additional Director - Critical Care Medicine, Fortis BG, Aashish Parekh, Consultant – Nephrology, Fortis BG, Dr Shalini Joshi, Senior Consultant – Internal Medicine, Fortis BG, Mr. Ganesh Rao, Zonal HR Head, Ms. Latha Nonis, Chief Nursing Officer, Fortis BG and Dr Yamini KR, Senior Manager – Medical Administration, Fortis BG. As part of the event, many educational items were displayed and learning was made fun through activities. Multiple stalls were set up which imparted knowledge on various topics like good gut health, Indian traditional food and it's values, prevalence of hyperuricaemia and the associated factors, guidelines on enteral nutrition, importance of fibre in diet, role of gut microbiota in determining the food habits, hidden danger in the processed foods, pros and cons of air fryer etc. The exhibition was appreciated and attended by staff across departments including senior management, and clinicians. Many engaging games were also conducted for the doctors and the staff.

## Events

### Fortis Hospital, Vasant Kunj, observes Parkinson's Day



On the occasion of Parkinson's Day, on April 11, 2024, Fortis Hospital, Vasant Kunj, organised a support group meet for patients with Parkinson's Disease. The event was spearheaded by Dr Madhuri Behari, Senior Consultant – Neurology and a total of 32 patients participated in the event. The participants underwent a music therapy session, interacted with each other and shared their journey. Dr Sandeep Vaishya, Executive Director – Neurosurgery and Dr Amit Manchanda, Head – Physiotherapy, were also present to answer the questions raised by the patients and their attendants. As a token of appreciation, the patients were handed over potted plants.

### World Hearing Day celebrated at Fortis Mohali



The ENT Department at Fortis Hospital Mohali headed by Dr Ashok Gupta, Director, ENT and Head & Neck Surgery, celebrated World Hearing Day on March 2, 2024. Nine children, who had undergone Cochlear Implantation by Dr Gupta, along with their parents participated in the event. The programme commenced with a ceremonial lamp-lighting, followed by captivating performances by the participants. The children also shared their experiences about pre and post-implantation. The event concluded with a cake-cutting ceremony. Dr Gupta has conducted more than 1,400 cochlear implant surgeries with empowering surgical outcomes.

## Fortis Escorts, Faridabad, launches health Q&A with doctors, titled 'Chai Pe Charcha'



Fortis Escorts Hospital, Faridabad, has launched a new initiative titled 'Chai Pe Charcha.' The initiative involves live interaction of the general public to engage with senior clinicians, over a cup of tea, on health issues. The inaugural session held on March 30, 2024, was expertly led by Dr Ravi Shekhar Jha, Director and Head – Pulmonology. The event saw active participation from over 50 individuals including patients, external doctors, insurance agents and residents welfare organisation representatives. The event was widely appreciated.

## Fortis Mohali accords guard of honour to Param Vir Chakra Awardee Capt. Bana Singh



To applaud the bravery of Param Vir Chakra Awardee Capt. Bana Singh, Fortis Hospital Mohali accorded a guard of honour to the war veteran when he was being discharged from the facility on April 19, 2024. Capt. Bana Singh had volunteered to be a member of a task force to clear an intrusion in the Siachen Glacier area at an altitude of 21,000 feet and successfully captured the peak, later renamed as Bana Top. It was a moment of great pride and honour for Fortis Mohali to host the Captain and serve him for his medical needs.



## Fortis Gurugram raises awareness about tuberculosis; felicitates 'TB Warriors'



Fortis Memorial Research Institute, Gurugram, celebrated National Tuberculosis Day on March 20, 2024. The event had representation from AHPI, iDEFEAT TB Project, The Union and IMA – Gurugram. The programme highlighted the critical role of the private sector in TB eradication, contributing to the national endeavour towards a TB Mukta Bharat. TB Warriors were also felicitated at the event. The programme was attended by Mr Mahipal Bhanot, Business Head - FMRI, Shalimar Bagh & Vasant Kunj and Dr Gurvinder Kaur, Facility Director, along with Dr Manoj Kumar Goel, Director and Head - Pulmonology and Dr Neha Rastogi Panda, Consultant - Infectious Diseases.

Dr Amitabh Parti, Dr Krishan Chugh, Dr Sandeep Vaishya, Dr Praveen Gupta, Dr Vinayak Agarwal, Dr Ankur Bahl, Dr Subhash Jangid, Dr Salil Jain, Dr Raman Abhi, Dr Satish Kaul, Dr Mukta Kapila and Dr Gagandeep Chhabra participated in a panel discussion covering different aspects of TB diagnosis and treatment.

## Fortis Gurugram, Fortis Shalimar Bagh & Fortis Vasant Kunj jointly celebrate partnership with Public Sector Units



On February 23, 2024, a PSUs Meet was organised, bringing together key Public Sector Unit (PSU) representatives from various departments such as HR, Administration, Finance and the Fortis clinicians as well as senior leaders. Over 100 guests from prominent PSUs such as AAI, IOCL, NTPC, BHEL, CWC, DDA, DMRC and Northern Railways among others participated. The event included an engaging quiz involving doctors, facilitated by Khurafati Nitin, as well as interactions between the Fortis leaders, doctors and PSU guests, followed by a gala dinner.

The event was graced by senior clinicians from FMRI, Fortis Shalimar Bagh & Fortis Vasant Kunj. Notable attendees included Mr Mahipal Bhanot, Business Head - FMRI, Shalimar Bagh & Vasant Kunj and Dr Gurvinder Kaur, Facility Director, FMRI Gurugram.

## Awards & Accolades

### Fortis Healthcare recognised for 'Excellence in Sustainability' by Tata Power-DDL



Fortis Healthcare has been recognised for its outstanding contribution to sustainability by Tata Power-DDL (Delhi Distribution Limited). The award was announced on April 16, 2024.

Tata Power-DDL recently held their 'Green Warriors 2.0' initiative, a program aimed at raising awareness about sustainability practices. Fortis Healthcare's Environmental, Social, and Governance (ESG) team was awarded a Certificate of Excellence under the category of 'Top 3 Green Transition Stories'.

This recognition highlights our commitment to sustainable practices across all our facilities. Our efforts in optimizing energy and water consumption, as well as managing bio-medical waste effectively, were evaluated as 'Outstanding'. Green Warriors 2.0 saw participation from over 30 organisations from across various sectors, making this achievement even more significant.

### Fortis Memorial, Gurugram, honoured with Odisha Chief Minister's Award for Excellence in Healthcare Services

In a ceremony held at Bhubaneswar, Odisha, on February 13, 2024, Fortis Memorial Research Institute (FMRI), Gurugram, was honoured with the prestigious Chief Minister's Award for Excellence in Healthcare Services by the Hon'ble Chief Minister of Odisha, Shri Naveen Patnaik. The award was bestowed in recognition of the commendable work done towards delivery of quality health services under Biju Swasthya Kalyan Yojana - Highest Footfall for Rare Surgery (for Renal Transplant) in the 'Outside State Empanelled Hospital' category, for the year 2022-23. The recognition was made possible by the relentless efforts and contributions of Dr Salil Jain, Senior Director – Nephrology and Dr Anil Mandhani, Executive Director – Urology, and their teams.

The ceremony was graced by eminent dignitaries, including the Hon'ble Health Minister of Odisha, Shri Niranjana Puri and Smt Shalini Pandit, IAS, Commissioner-cum-Secretary, Department of Health and Family Welfare, Odisha. The award was received by Mr Siddharth Datta, National Account Manager - PSU and Govt., who was instrumental in building the relationship with the BSKY Team from Corporate Office, and Mr Dev Ranjan Kuri, Team Leader, representing FMRI Gurugram. Fortis had joined hands with the Odisha State Govt in 2022 for a pan-Fortis empanelment for the State health scheme, the Biju Swasthya Kalyan Yojna (BSKY), under which Odisha's economically weak families get a cashless healthcare benefit (of up to INR 5 lakhs per family or INR 10 lakh, if there is a female member in family) across the Fortis network in the country.



## Fortis Mulund wins first position for Lightning Talk in Nursing Category at CAHOCON 2024



Ms Bincy Thomas receiving the award

Fortis Hospital Mulund has won the first position for Lightning Talk in the Nursing Category at the annual conference of Consortium of Accredited Healthcare Organisation (CAHOCON). The talk was presented by Ms Bincy Thomas, Nurse Educator. The team from Mulund had presented a total of four scientific posters under Nursing and Clinical Services categories at the 8th edition of the prestigious conference, which was held on April 6-8, 2024, at Biswa Bangla Convention Centre, Kolkata. The theme of the event was 'Making Healthcare Efficient, Effective Economical & Equitable,' and attracted more than 1,500 delegates from India and abroad.

## Fortis Anandapur wins twin accolades at CAHOCON 2024



Pre-conference workshop group photo

Fortis Anandapur, Kolkata, has won the prestigious ACE Quality Improvement Program 2023 award at CAHOCON 2024. The event was organised in Kolkata on April 5-7, 2024. The hospital won the award in the Medium Healthcare Organisation Category for the East Region. Fortis Anandapur was also honoured with the Environmental Sustainability Award (ESG) for promoting eco-friendly practices in healthcare under the leadership of Ms Richa S. Debgupta, Chief of Strategy & Operation (CJK).

On the sidelines of the event, Fortis Anandapur hosted a one-day workshop on 'Service Excellence in Healthcare.' Led by Dr Suchanda Gadre, Medical Superintendent, the event featured eminent speakers discussing patient-centric care and effective healthcare delivery strategies. Participants gained insights into enhancing patient experience and improving teamwork.

## SL Raheja Hospital, Mumbai, wins 'CAHOCON Environment Sustainability Award' for West Region



SL Raheja Hospital, Mumbai, has won the prestigious CAHOCON Environment Sustainability Award for the West region, in recognition of its outstanding commitment to environmental sustainability. The award was presented during CAHOCON, the annual conference of Consortium of Accredited Healthcare Organisations (CAHO), held in Kolkata, on April 5-7, 2024.

## Ms Chanchan Devi, Quality Nurse at FHKI, Kolkata, secures 2nd Runner-up position for poster competition at CAHOCON-2024



Ms Moirangthem Chanchan Devi, Quality Nurse at Fortis Hospital and Kidney Institute, Rash Behari, Kolkata was adjudged "2nd Runner-Up" in poster presentation for the Quality Improvement Project titled 'Improving Fall Risk Assessment & Documentation' at the 8th Edition of CAHOCON-2024, held on April 5-7, 2024 at Kolkata.

The QIP was done under guidance of Ms Sathya Ananda Kumar, Chief Nursing Officer; Dr Anusuya Bose, Medical Superintendent and Dr Partha Bikash Ghosh, Head - Quality.

## S. L. Raheja Hospital, Mahim, certified by Food Safety regulator (FSSAI) as 'Eat Right Campus'



Team F&B, Dieticians and Administrators holding up the Eat Right certification

S. L. Raheja Hospital, Mahim – A Fortis Associate's hospitality services have been certified by Food Safety and Standards Authority of India (FSSAI) as 'Eat Right Campus' for ensuring optimum food safety and quality standards as prescribed. 'Eat Right' is an initiative launched by FSSAI to ensure the right standards for industrial and healthcare catering facilities. The certification is achieved via a thorough audit system, wherein the premises undergo a pre-audit, training and implementation of standards, followed by a post-audit before qualifying for the final certification. The F&B team at the unit demonstrated its untiring involvement and ensured compliance towards achieving the required standards. The entire operations for F&B is led by Ms Sukhmani, Manager-Administration, S. L. Raheja Hospital, Mahim

## Fortis Memorial Research Institute, Gurugram is proud to have been awarded as the Eat Right Campus Certification from FSSAI



The hospital has scored an impressive 92% in the audit (Benchmark Score was 75%). Fortis Gurugram is one of the very few Healthcare Facilities in North India to be certified as an Eat Right Campus and the first among the Fortis Group.

"The Eat Right Campus (ERC) initiative is a FSSAI led initiative that was launched in 2018. Its initial objective was to Audit Educational Campuses that promote Healthy Eating Habits and a Safe Food Preparation Environment for Employees and Students. Over the years, the ERC Movement has expanded its scope to include Industrial Catering, Corporate Catering and Healthcare Facilities in its purview. The Audit includes a detailed Forensic Audit of the Food Safety Practices in a Facility and also identifies initiatives taken by the Facility to promote Safe and Healthy Eating Habits. The ERC Initiative encourages Organizations to take a Holistic view of the Mental and Physical well-being of its employees and Customers.

The F&B team of Fortis Gurugram left no stone unturned to secure this certification scoring a whopping 92%. The benchmark for a facility to be certified as Eat Right Campus is 75.

## Obs & Gynae Team of Fortis Shalimar Bagh felicitated by Radio City



The Obstetrics & Gynaecology Team at Fortis Hospital, Shalimar Bagh, has been honoured with the Excellence in Obstetrics & Gynaecology Hospital in Delhi award by Radio City 91.1, a popular city FM radio channel. Dr Sunita Varma, Senior Director & HOD - Obstetrics and Gynaecology, received the 'Radio City Sheroes of Delhi' award on behalf of the hospital on April 10, 2024. She received the award from Ms Shalini Singh, IPS, Chief - Crime Branch, and Ms Manya Singh, Femina Miss India 2020 first runner-up.

## Dr Udgeath Dhir of Fortis Memorial, Gurugram, represents India at global Cardiology meet; showcases expertise in MICS Valve Surgery



Making all Fortisians proud, Dr Udgeath Dhir, Senior Director and Head - Cardiothoracic and Vascular Surgery, Fortis Memorial Research Institute, Gurugram, represented India at the 25th South Congress of Cardiology, held at the Guangzhou Yuexiu International Congress Centre, China. Dr Dhir spoke about the 'Science and Art of MICS (Minimally Invasive Cardiac Surgery) Valve Surgery' at the event, held on April 11-14, 2024. The prestigious event drew over 10,000 delegates from across the globe.

Dr Dhir was among the 15 international faculty members who spoke at the Congress. He highlighted India's commitment to healthcare excellence on a global stage, showcasing the country's world-class clinical capabilities.

## Dr Shweta Prabhakar of Fortis Mohali receives prestigious Quality Champion Award-2024



Dr Shweta Prabhakar, Head - Quality & Patient Safety, Fortis Hospital, Mohali, received the Quality Champion Award 2024 at the 8th Edition of CAHOCON-2024, the annual conference of Consortium of Accredited Healthcare Organisations, held at Kolkata from April 5-7, 2024. Dr Prabhakar has 23 years of experience in healthcare excellence, spanning clinical practice, quality, patient safety and leadership in both academic and hospital settings. Her dedication and impact on improving quality and patient safety in healthcare is truly inspiring.

## Indian Guidelines on Medical Thoracoscopy co-authored by the Pulmonologists at FMRI, Gurugram published



Dr Manoj K Goel



Dr Gargi Maitra

Medical Thoracoscopy is widely performed by respiratory physicians. The consensus-based guidelines were jointly formulated by the National College of Chest Physicians and Indian Chest Society. Dr Manoj K Goel, Director and Dr Gargi Maitra, Senior Consultant, Pulmonology at FMRI contributed as the authors to provide evidence-based information regarding all aspects of all aspects of Medical Thoracoscopy, both as a diagnostic tool and therapeutic aid for Pulmonologists across India and worldwide.

## Fortis Hospital Mulund bags two awards at an International RFCCN SAARC Conference 2024

Team Nursing from Fortis Hospital Mulund shines bright at the 3rd International RFCCN (Regional Federation of Critical Care Nursing) SAARC Conference & 7th National Conference of Critical Care Nursing 2024. This was hosted on 9th March 2024 in Mumbai, by Critical Care Nurses Society of India. The best scientific papers were selected from among 43 entries. The competition included multiple rounds with evaluation of abstracts and posters for each entry. A total of 20 eminent nurse leaders from across the country and abroad were the jury members. The first prize for Best Concept Paper and runner-up for Best Research Abstract Competition was won by Ms. Bincy Thomas, Nurse Educator, Fortis Hospital Mulund.



(L-R) Ms Minimole Varghese, Chief Nursing Officer, Fortis Hospital Mulund, and President-CCNS, handing over the 1st prize and the runner-up award to Ms. Bincy Thomas

## Ms Minimole Varghese, CNO, Fortis Hospital Mulund bestowed the role of President RFCCN for SAARC countries



Ms Laxmi K. C. handing over the insignia to Ms. Minimole Varghese

Ms. Minimole Varghese, Chief Nursing Officer, Fortis Hospital Mulund and current President-CCNS, was honoured as the President for Regional Federation of Critical Care Nurses of SAARC countries. The handover of insignia was done by past President of CCNS SAARC from Nepal Ms Laxmi K. C., at the 3rd International RFCCN SAARC conference 2024 held at Mumbai on the 9th of March 2024. The event was hosted by CCNS India-a society initiated in 2011, with the sole aim of empowering Critical Care Nurses all over the country by enhancing their knowledge, skill and professional commitment. With over 1300 members and 11 chapters from Assam to Pondicherry. CCNS is also affiliated to World Federation of Critical Care Nursing.

## Dr Sonali Gupta of Fortis Greater Noida recognised for outstanding contribution to Gynaecology and IVF



Dr Sonali Gupta, Additional Director - Obstetrics & Gynaecology at Fortis Hospital, Greater Noida, was recognised by BIG FM, a prominent media house, for her outstanding contribution to the field of Gynaecology and IVF. The honour was presented to Dr Sonali Gupta at an event held in Mumbai on February 28, 2024.

## Dr (Prof.) J. M. Hans receives Business World's 'Healthcare Honour' for lifetime contribution to ENT



Dr (Prof.) Jitendra Mohan Hans, Director – ENT, Fortis Hospital, Vasant Kunj, has been recognised with the 'Healthcare Honour' award by Business World, a prominent national media house. The award was presented at an event held in New Delhi on February 18, 2024. Prof. (Dr.) Hans, who is also a Padma Shri awardee, is well regarded for his pioneering work in the field of cochlear implant surgery. He has more than 3,000 successful cochlear implant procedures to his credit. Dr Hans is an advisor to UPSC and WHO, and works closely with several national and international organisations to inform and educate people about cochlear implant surgery.

## Dr Jagdish Chander of Fortis Greater Noida honoured with 'Lifetime Achievement Award'



Dr Jagdish Chander, Director - General and Minimal Access Surgery, Fortis Greater Noida, has been honoured with the Lifetime Achievement Award by the Society of Laparoscopic & Endoscopic Surgeons of India (SELSI) for his pioneering contributions to the advancement of laparoscopic surgery in the country. The award was presented at a medical conference held on February 17, 2024. The prestigious accolade, bestowed upon only four eminent surgeons nationwide, is a significant recognition of Dr Chander's original and transformative work in the field.

## Mr Yash Rawat, Dr Anurag Gupta and Dr Gagan Srivastava of Fortis Vasant Kunj participate in 9th Edition of New Delhi Marathon



(L-R): Mr Yash Rawat with Dr Anurag Gupta



Dr Gagan Srivastava

Fortis Hospital, Vasant Kunj, was represented by Mr Yash Rawat, Presently Facility Director of FMRI, Gurugram, Dr Anurag Gupta, Senior Consultant - Neurosurgery and Dr Gagan Srivastava, Senior Consultant - Cardiac Anaesthesia at the 9th Edition of the New Delhi Marathon, which was held on February 25, 2024. While Mr Yash Rawat and Dr Anurag Gupta completed their respective half marathon of 21 kms in 1 hour 48 mins, Dr Gagan Srivastava completed the marathon in 2 hours 30 mins. The event saw over 20,000 participants take part in various categories of the run, including marathon, half marathon, 10K and 5K.



## Deepak Negi of Fortis Escorts, Okhla, New Delhi, features in patriotic song's music video



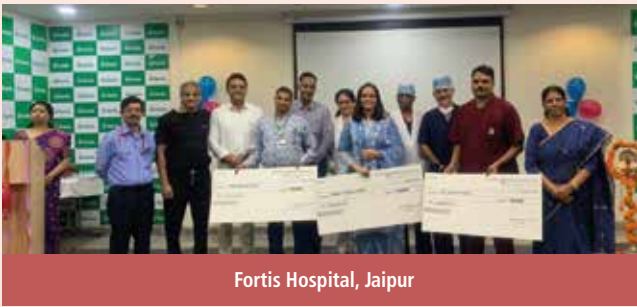
Deepak Negi, Manager – Accounts, Fortis Escorts, Okhla, New Delhi, has made all Fortisians proud by being a part of the video of a patriotic song, 'Teeranga.' The song, sung by Bollywood singer Javed Ali, was released on social media on February 13, 2024. Apart from Deepak, the video features Mary Kom, Olympic boxing legend; Sourabh Raaj Jain, actor; Swami Balkanand Ji, monk and spiritual teacher and Border Security Force, among others. The director and lyricist of the project is Aruna Arya Gupta and the music has been composed by Neil-Niraj.

## Fortis Corporate Communications wins 'BW Healthcare Award for Institutional Excellence in Healthcare Marketing'



Fortis Corporate Communications has been honoured with the BW Healthcare Award for Institutional Excellence in Healthcare Marketing, for their Pan India PR Campaign. The award was presented at an event held on February 24, 2024, in New Delhi. The campaign comes at a crucial time, with approximately 7.5 lakh people in India succumbing to sudden cardiac arrest annually, with 80% of these incidents happening outside hospital premises. The rise in cardiac arrest cases, particularly among the youth, is alarming. On World Heart Day 2023, the Fortis Corporate Communications Team organised BLS (Basic Life Support) Training Sessions for over 600 media personnel, across the Fortis Network. These sessions, held at prominent press clubs like the Bangalore, Kolkata, Chandigarh and Delhi, were well-received by the media fraternity. By equipping media professionals with BLS skills, the initiative aims to raise awareness and emphasise the critical importance of timely CPR, thereby doubling the chances of survival for cardiac arrest victims. This proactive approach recognises the pivotal role of the media as the fourth pillar of democracy in spreading awareness and saving lives.

# Photo Feature



Fortis Hospital, Jaipur



Fortis Hospital, Faridabad



Fortis Hospital, Mohali



Fortis Hospital & Kidney Institute



Fortis Escorts Hospital, Amritsar



Fortis Hospital Anandapur, Kolkata



Fortis Hospital, Hiranandani Vashi



Fortis Hospital, Kalyan



Fortis Hospital, Mulund



Fortis Hospital, SL Raheja



Fortis Hospital, Richmond Road, Bangalore



Fortis Hospital, CG Road, Bangalore



Fortis Hospital, BG Road, Bangalore



Fortis Hospital, Ludhiana



Fortis Hospital, CDCC



Fortis Hospital, La Femme GK II



Fortis Hospital, Greater Noida



Fortis Hospital, Shalimar Bagh



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Noida



Fortis Hospital, Vasant Kunj



Fortis Escorts Heart Institute, Okhla

# Congratulations

## New Additions to the Family



Baby of Chhaya Singh - Noida Unit



Baby of Ms. Navita - FEHI Okhla



Baby of Chhaya Singh - Noida Unit

## Newly Weds



Abhishek Thakur - Noida Unit



Ms. Baby Swannghailun - FEHI Okhla



Umang Bhatnagar-Noida Unit