

# THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



Dr. HJS Gill,  
Senior Consultant, Nephrology,  
Fortis Hospital, Mohali



Dr. Atul Ingale,  
Senior Consultant, Nephrology,  
Hiranandani Hospital, Vashi



Dr. Rajesh Garsa,  
Consultant, Nephrology,  
Fortis Escorts Hospital, Jaipur



Dr. Sanjeev K Gulati,  
Director, Nephrology, Fortis Flt. Lt.  
Rajan Dhall Hospital, Vasant Kunj, New Delhi



Dr. Ramesh Rao,  
Senior Consultant, Nephrology,  
SL Raheja Hospital, Mahim, Mumbai



Dr. C M Thiagarajan  
HOD - Nephrology,  
Fortis Malar Hospital, Chennai



Dr. Suresh Chandra,  
Consultant, Nephrology,  
Fortis Escorts Hospital, Faridabad



Dr. Hilal Ahmad Malla,  
Consultant, Nephrology,  
Fortis Escorts Hospital, Amritsar



Dr. Hareesh Dodeja,  
Senior Consultant, Nephrology,  
Fortis Hospital, Mulund & Kalyan, Mumbai



Dr. Manoj Arora,  
Senior Consultant, Nephrology,  
Fortis Hospital, Shalimar Bagh, New Delhi

**FORTIS**  
*celebrates*  
**WORLD**  
**KIDNEY DAY**

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for more details & pictures...



Dr. Salil Jain,  
Director, Nephrology,  
Fortis Memorial Research Institute, Gurugram



Dr. Mohan Keshavamurthy,  
Director Urology, Uro-Oncology, Andrology  
Transplant and Robotic Surgery, Fortis Hospitals, Bengaluru



Dr. Varun Verma,  
Senior Consultant, Nephrology,  
Fortis Hospital, Noida



Dr. Arup Ratan Dutta,  
Director, Nephrology,  
Fortis Hospital, Anandapur and  
Fortis Hospital and Kidney Institute, Kolkata



Dr. Navdeep Singh Khaira,  
Director, Nephrology & Transplant Medicine,  
Fortis Hospital, Ludhiana



## Message from the CEO

### *My dear fellow Fortisians,*

As I write my first message to you all, I am extremely excited and positive about the work we are going to be doing together. I am awed at the resilience this organization has displayed and the loyalty and faith displayed by each and every member of Team Fortis through the journey for the past year and a half. I am truly inspired by the commitment you all have shown for the organization and I feel deeply honored to have this opportunity to work with such a fantastic team. With a team like this, we can together achieve great heights.

I believe our organization has tremendous potential which can be harnessed effectively to make the company an undisputed leader going forward. As you all are aware the healthcare industry in this country is undergoing a lot of transformation, especially over the last 3 years. In recent times there has been lot of spotlight on healthcare sector in general and private healthcare in specific. This has become the new reality and going forward we, as part of this industry, have to be sensitive to the needs of the external environment and work within the constraints imposed by

the external environment to provide world-class service.

With all challenges come opportunities. I believe this is the time where we have to innovate our care and delivery model and live the value of empathy in practice in our day-to-day interaction with all our patients and colleagues.

I look forward to connecting with all of you as I travel around the network and understand the organization better.

I once again would like to share my sincere appreciation for the great work you have been doing.

Thank you and wish all of us best for future.

With warm regards,

**Dr. A. Raghuvanshi**  
MD & CEO

## New Beginnings & Launches

### Region North & East launches Quality Dossier

Region North & East launched a 'Quality Dossier' to highlight and assess the impact of various quality endeavours undertaken at all the hospitals in the region. The first edition of the dossier for Q1-2 for FY 2018-19 was released by Mr Ashish Bhatia, RCOO-N&E, along with Dr Gurbir Singh, RMD- N&E, and Mr Abhijit Singh, ZD, during the monthly quality connect, Region N&E, held at Fortis Hospital, Mohali.



Mr Ashish Bhatia, RCOO- N&E, Dr Gurbir Singh, RMD- N&E, Mr Abhijit Singh, ZD, Fortis Hospital, Mohali and Dr Shweta Prabhakar, RQH - N&E releasing the dossier

Dr Shweta Prabhakar, Regional Quality Head, N&E, designed the dossier as part of a regional quality initiative. The dossier is a standardized template which captures the key quality indicators for processes, outcomes, QIPs, clinical audits, accreditation, and other performance indicators of quality initiatives across hospitals in the region.

## Milestone

### First organ donation and retrieval procedure at Fortis Hospital, Kalyan, saves six lives

Fortis Hospital, Kalyan, marked its first ever organ donation and retrieval procedure after the family members of a patient consented to donate their father's organs when he was rushed to the hospital when he suffered an Intracranial Bleeding due to Aneurysm rupture. He could not be saved despite relentless efforts by the team. The kind and benevolent gesture by the family gave six patients, suffering from end stage organ failure, a new lease of life.



(L-R) Suresh Chavan, Head-Human Resources, Rounak Karandikar, Head-Administration, Dr Sandeep Patil, Chief Intensivist, Priti Mishra, Patient Experience Officer, Mini John-Chief Nursing Officer, Dr Supriya Amey, Facility Director, Dr Swati Suryawanshi, Head-Medical Services, Shinu Thomas, Counsellor & Transplant Coordinator, Rajesh Shukla, Head-Sales & Marketing – the team working relentlessly to enable this milestone for the unit

### Fortis BG Road, Bengaluru is first in South-West Region to receive Ethics Committee Accreditation from NABH



Dr Sunay Mahesh, Deputy Manager - Medical Administration, Fortis BG Road, Dr Ashwath Narayana, NABH Lead Assessor, Dr M K Sudarshan, Chairperson Ethics Committee, Fortis Hospitals, Dr Sumeet Roy, NABH Principal Assessor, Ms Nayana, Clinical Research Coordinator, Ms Paramita, Ethics Committee Coordinator, Ms Rekha Chakrabarti, Head Quality, Fortis BG Road

Fortis Hospital, BG Road, Bengaluru, has been granted the Ethics Committee Accreditation by the National Accreditation Board of Hospitals and Healthcare Providers (NABH). Accreditation of Ethics Committee (ECs), involved in supervision of clinical trials and ethical research on new drugs, has been made mandatory by the Ministry of Health and Family Welfare, Government of India. The hospital is the first in South-West region to receive the accreditation.

## Fortis Escorts, Faridabad, is the first in Delhi-NCR to receive Ethics Committee Accreditation from NABH

Fortis Escorts Hospital, Faridabad, has been granted the Ethics Committee Accreditation by the National Accreditation Board of Hospitals and Healthcare Providers (NABH). The accreditation is a recognition of the achievement of accreditation standards. The accreditation is an incentive to improve quality as well as capacity of the registered Ethics Committee to conduct ethical research on new drugs. The hospital is first in Delhi-NCR to receive the accreditation.



(L-R): Dr. Manu Shankar-Sr. Consultant General Surgery; Dr. Shanu Sharma - Medical Superintendent; Dr. Neha Dewan-Head Quality; Ms. Priyanka Tripathi - Coordinator-Ethics Committee; Mr. Mohit Singh-Facility Director

## Dr Rama Joshi of Fortis Gurugram is first in North India to cross 225 robotic surgeries milestone in record time



The Gynae Onco Robotic Surgery Team at FMRI: Dr Rama Joshi (fourth from left). L-R: Mr Pradeep, Mr Binish, Dr Rashmi, Dr Balkar Singh- Head- Anesthesia, Dr Deepali, Dr Anoosha and Mr Ashish

Dr Rama Joshi, Director and Head of Department, Gynae-Oncology, Fortis Memorial Research Institute (FMRI), Gurugram, has become the first Gynae Onco Surgeon in Northern India to complete 225 surgeries using the Da Vinci Robotic Surgery System in a record time.

Dr Joshi has performed these surgeries on patients as young as 9 years to as elderly as 82

years. Majority of the patients were obese and some of these even were morbidly obese with BMI as high as 63.4 Kg/sqmt. These surgeries included complex hysterectomies, radical surgeries for endometrial cancers, for early ovarian cancers, complex ovarian masses, completion surgical staging for endometrial and ovarian cancers, surgeries for suspected malignant and premalignant condition.

## Fortis Kalyan conducts 376 dialysis procedures in January 2019, highest ever at the hospital



(L-R) Technicians Narendra Chaudhary, Udaising Desai, Sandesh Rokade, along with Dr Haresh Dodeja, Senior Consultant, Nephrologist and sister Sonia Alex, the team that made this achievement possible



(L-R) Dr Supriya Amey, Facility Director, Fortis Hospital, Kalyan thanking Dr Haresh Dodeja, Senior Consultant, Nephrologist for the colossal achievement

Fortis Hospital, Kalyan, reached a new milestone in dialysis cases in the month of January this year. Led by Dr Haresh Dodeja, it recorded its highest ever number of 376 cases for the unit. Dr Supriya Amey, Facility Director, congratulated the team for its dedication and care in managing the high number of cases.

## Clinical Excellence

### First in India: Doctors at Fortis Escorts, Okhla Road, use artificial lung support (ECMO) to treat pregnant Swine Flu patient; save both mother and unborn child



Dr Vineeta Goyal, Senior Consultant,  
Critical Care, Fortis Escorts Heart Institute,  
Okhla Road, New Delhi

In a rare case, doctors at Fortis Escorts Heart Institute (FEHI), Okhla Road, New Delhi, saved the lives of a 30-year-old pregnant woman who had tested positive for Swine Flu (H1N1 virus) and her unborn child, by putting her on Extracorporeal Membrane Oxygenation (ECMO), which works as an artificial lung support. The case was extremely critical as the patient's condition deteriorated very rapidly, impairing her ability to breathe and resulting in a dangerous drop blood oxygen level. There was a possibility of the mother developing additional complications and even losing the baby in the womb. However, a team of doctors, led by Dr Vineeta Goyal, Senior Consultant, Critical Care Department, took on this high-risk case and treated the patient successfully using ECMO.

The patient was 24 weeks pregnant when she was brought to the hospital with complaints of fever, persistent cough and shortness of breath. Her symptoms had worsened over the course of the day and her blood oxygen level deteriorated. Her breathing became progressively laboured and she had to be immediately put on ventilator support. However, her condition continued to worsen. As the chances of survival for both, the patient and her child, fell considerably, the doctors immediately decided to put the patient on ECMO, which acts as a heart-lung bypass. The machine can support and perform the functions of the lungs and the heart.

### Doctors at Fortis Noida reconstruct accident victim's chest wall and repair lungs; give him new lease of life

A team of doctors at Fortis Hospital, Noida, led by Dr Vaibhav Mishra, Additional Director and Head-Department of Cardio Thoracic and Vascular Surgery came across a shocking case where a 36 years road accident victim had been so badly injured that his lungs had protruded out of his chest. The doctors were able to administer surgical intervention and save the patient, giving him a second chance at life.

The patient was hit by a vehicle and flung 20 feet into the air. He landed on a tin sheet on the left side of his chest. This caused his chest to divide into two parts causing a large open

exposing complete left defect which resulted in his left lung coming out. He also fractured multiple ribs on the same side and there was a large laceration on his left lung. By the time the patient was brought to Fortis Hospital, Noida his lung was exposed, he had lost lot of blood and there was huge defect in his chest wall and large tear in left the lung. The hospital immediately took him for an emergency surgery, where his lung was repaired. His ribs were fixed and his entire chest wall was reconstructed in a 3 hour long surgery.



Dr Mehar Kumar Bedi, Medical Director, Dr Vaibhav Mishra, Additional Director & Head,  
Dept of Cardio Thoracic and Vascular Surgery, Fortis Hospital and Patient Mr Yogendra Kumar

## Special Feature

### World Kidney Day (March 10, 2019)

#### Fortis Memorial, Gurugram, marks World Kidney Day with Support Group meet



Participants of the Support Group meet at Fortis Memorial Research Institute, Gurugram

To mark World Kidney Day, Fortis Memorial Research Institute, Gurugram, organised a support group meet- Sankalp, for dialysis and kidney transplant patients. The meet aimed to give a common platform to patients with chronic kidney diseases to come together and draw strength and support from each other's experiences and to overcome their challenges as part of a group. Mr Amit Khatri, Deputy Commissioner of Gurugram, lent his invaluable support to the meet with his presence. The event was led by Dr Salil Jain, Director, Nephrology, FMRI and Dr Ritu Garg, Zonal Director, FMRI.

Over 50 patients attended the event to share their life experiences with each other. The event was greatly appreciated by all the participants.

### Wall of Tribute unveiled at Fortis Vasant Kunj on World Kidney Day

To pay a tribute the bravehearts who have donated their organs, Fortis Vasant Kunj inaugurated a wall with the inscription "WE SALUTE THE SPIRIT OF GIVING" on World Kidney Day. The Wall of Tribute was inaugurated by Mr Bhavdeep Singh, CEO, Fortis Healthcare and Dr Chan Boon Kheng, Member- Board of Directors at Fortis Healthcare in the presence of family members who donated organs of their brain-dead relatives. Col. H. S. Chehal, COO, Delhi-NCR, senior Clinicians and Mr Ramesh Kakkar, ACP South Delhi, were among those present, apart from staff members, patients and attendants.



FHVK Critical Care Head Dr Gaurishankar Sharma being appreciated for his & team efforts for promoting organ donation

Certificates of merit were given to all the doctors, transplant coordinators and non-medical staff to felicitate those who go beyond the call of duty to make organ donations possible. A dedicated audio-visual on organ donation was also launched, which will be running in the hospital screens to encourage people to register for organ donation. Multiple free camps were also organised by the hospital to mark World Kidney Day.

## SL Raheja Hospital, Mahim- A Fortis Associate, celebrates World Kidney Day with symposium on kidney transplant and organ donation



World Kidney Day celebration at SL Raheja Hospital, Mahim- A Fortis Associate

On the occasion of World Kidney Day, SL Raheja Hospital, Mahim- A Fortis Associate, organised a symposium on 'Kidney Transplant Programme & Organ Donation' to mark the day and to promote organ donation. With the participation of key representatives from Zonal Transplant Coordination Centre (ZTCC) as panelists, the symposium saw over 100 medical professionals discuss various aspects of kidney transplant programme and organ donation at the year's first interactive meet on organ donation in Maharashtra. The delegates were welcomed by Dr Shanthi Radhakrishnan, Head – Medical Services. Dr Rajesh Kumar, Consultant Nephrologist; Dr Ramesh Patankar, Consultant Neurologist; Dr Vatsala Trivedi, Consultant Urologist & Kidney Transplant Surgeon; Dr Amit Nabar, Head-Emergency Medicine & HBOT; Dr Suresh Bhagat, Consultant Urologist & Kidney Transplant Surgeon, Dr Nilesh Rangnekar, Consultant Urologist & Kidney Transplant Surgeon; and Dr Sanjith Saseedharan, Head-ICU & Critical Care, addressed the delegates and expressed their views and expert opinions during the session.

Dr S K Mathur, President- ZTCC; Dr Bharat Shah, General Secretary- ZTCC, and Dr Shruti Tapiawala, Member of Kidney Subcommittee, ZTCC, were also present at the occasion and thanked Dr Hiren Ambegaokar, CEO, SL Raheja Hospital, Mahim- A Fortis Associate, for the support of the hospital in promoting the cause.

## Fortis Noida launches world-class dialysis centre on the occasion of World Kidney Day



Mr Hardeep Singh, Zonal Director, Fortis Hospital, Noida and Mr Punit Kohli, Managing Director, Fresenius Medical Care India, Mr. Krishna Chellappa – Director Provider Business, Fresenius Medical Care India, Dr Dushyant Nadar, Director, Dept of Urology & Kidney Transplant and Dr Varun Verma, Senior Consultant, Dept of Nephrology, Fortis Hospital, Noida at a press conference

Fortis Hospital, Noida, recently inaugurated a State-of-the-art dialysis centre on the occasion of the World Kidney Day. With 21 dialysis stations offering advanced dialysis therapies, the new centre will help meet the growing demand for treatment of renal patients. The centre has been launched in collaboration with Fresenius Medical Care, the world's largest provider of dialysis products and services.

The hospital-based centre will offer a range of advanced dialysis options including high-flux hemodialysis and online hemodiafiltration (HDF). Online HDF allows better removal of waste products from the blood, which may contribute to improved survival for patients compared with those receiving standard hemodialysis.<sup>2,3</sup> As part of the company's holistic approach to patient care, the centre will offer holiday dialysis, allowing patients travelling from other regions or from overseas to receive uninterrupted treatment.

## Fortis Hospital & Kidney Institute, Kolkata, celebrates World Kidney Day with walkathon



Team FHKI all set for the Walkathon

On the occasion of World Kidney Day, Fortis Hospital & Kidney Institute (FHKI), Kolkata, organised a walkathon to create awareness about the importance of maintaining a healthy kidney. Leading celebrities such as actors Abir Chatterjee and Phalguni Chatterjee participated in the event along with differently-abled children from Monovikas Kendra to help raise awareness about the cause. Patients undergoing dialysis at FHKI also joined in the walkathon to lend their support.

The walkathon was flagged off by Dr Shivaji Basu, Director - Urology; Dr R.K. Gopala Krishna, Director - Urology, and Dr Upal Sengupta, Consultant - Nephrology. Mr Kalyan Mukhopadhyay, Deputy Commissioner of Police, along with Mr Siddhartha Dutta, Assistant Commissioner of Police, and Mr Jayanta Mukhopadhyay, Officer In-Charge of Rabindra Sarobar Police Station, were also present on the occasion.

The hospital had also organised a week-long Awareness Drive on Kidney Health by making a tableau decorated with banners, which went on rounds through strategic routes in Kolkata.

## On World Kidney Day, Fortis Cunningham Road, Bengaluru, encourages people to drink more water



Water bottles distributed in sports club

On the occasion of World Kidney Day, Fortis Hospital, Cunningham Road, Bengaluru drove home the point that one needs to drink more water to ensure kidney health by organising a two-day awareness drive wherein over 5,000 bottles of water were distributed.

The activity was conducted at sports clubs, traffic signals, Karnataka State Transport depots, private companies and parks. Dr Mohan Keshavamurthy, Director - Urology, Uro oncology, Andrology, Transplant & Robotic Surgery, Fortis Hospitals, Bengaluru,

said, "The best and easiest way to keep our kidney healthy is by consuming plenty of water. Majority of the youngsters tend to consume unhealthy food that puts them at risk for several lifestyle related diseases. In a busy day, we often forget to keep a check on the amount of water we are consuming. By giving away water bottles, we wanted to remind and encourage people to consume adequate water in a day so that they are free from any kind of ailment.

Dr Priya Sreedharan, Facility Director, Cunningham road, said, "Through such initiative, we want to educate people to drink ample amount of water to keep kidney diseases at bay. We hope such initiative will encourage people to take care of their health."



## Events

### 'Super Starter Inc. - The Healthcare Start-up Challenge,' by Fortis Memorial, Gurugram, throws up host of innovative ideas



Team Mr Shubham Mishra being felicitated

The Grand Finale of 'Super Starter Inc. - The Healthcare Start-up Challenge' was held at Fortis Memorial Research Institute (FMRI), Gurugram. FMRI is the first healthcare delivery institution to have pioneered the start-up challenge. Close to 50 entries were received from all over the world for the contest. Ten teams were shortlisted after a detailed scrutiny by an esteemed panel consisting of Mr Saurabh Srivastava, former Chairman-NASSCOM and Padma Shri awardee; Dr Ajit Singh, MD-Artiman Ventures; Dr Amit Varma, MD-Quadria Capital and Dr Ritu Garg, Zonal Director, FMRI, Gurugram, among others. The final presentation was held at FMRI. The top three teams which made to the finals were Lyfas, Keyer and Team Shubham Mishra.

The winning idea was of Team Shubham Mishra, who developed a point care diagnostic equipment that can detect different kinds of biological analytes within a minute and at an estimated cost of just Rs 20-25. The 1st runner up, Keyer, had created a device that enabled contraction monitoring during the intrapartum period. The device aimed at saving of lives of the mother and the baby during childbirth. The 2nd runner up, Lyfas, had innovated a non-invasive mobile diabetic screening device which aims to help address the challenges of diabetic screening, monitoring and real-time streaming of results.

### Fortis Hospital, Kalyan provides Basic Life Support training to Central Railway employees

A Basic Life Support training was organised by Fortis Hospital, Kalyan for Central Railways employees. Attended by over 40 employees, the training imparted necessary skills to enable them to provide aid and assistance in an emergency situation. The training was conducted by Sister Apeksha Wagh in the presence of Mr DK Sharma, General Manager, Central Railways.



Sister Apeksha Wagh during the BLS training, along with Dr Yuvraj Chowke and Mr. D K Sharma, General Manager, Central Railways

## Dietetics Day celebrated at Fortis BG Road, Bengaluru



Dietetics Day celebration

To mark Dietetics Day, the Dietetics Department at Fortis Hospital, Bannerghatta Road, Bengaluru, organised an exhibition. Several educational displays were showcased and stalls were set up. The visitors were encouraged to participate in various games. Food stalls and prizes for the participants were among the other attractions. A painting competition based on this year's theme, 'Anaemia-mukt Bharat,' witnessed good participation. The event was well appreciated by the staff and senior management.



Stall at the event

## Sixth Fellowship in Advanced Laproscopic Colorectal Surgery, 'FALS COLORECTAL,' held at Fortis Memorial, Gurugram



Dr Ajay Kriplani (standing fifth from right) with his team and international speakers

The sixth Fellowship in Advanced Laparoscopic Colorectal Surgery, FALS COLORECTAL 2018, was organised under the Chairmanship of Dr Ajay Kriplani by the Department of Minimal Access Bariatric and GI Surgery at Fortis Memorial Research Institute, Gurugram. The course included renowned national and international faculty members who participated in debates and other deliberations during the scientific sessions. Lectures by multiple international faculty members were telecast live.

The lectures, scientific sessions and the operative workshop were very well received and widely appreciated by the delegates for the richness of content. The course was attended by 79 delegates. Competition Videos Session had six presentations and the results were declared on the spot with the First Prize going to Dr Rashmi Pyasi of FMRI for her video Laparoscopic Resection Redo-Rectopexy.

## Fortis Hospital, Shalimar Bagh, organises 'Wound Care Management' workshop for nurses



Group Photograph of the participants and the leaders

Fortis Hospital, Shalimar Bagh, organised a 'Wound Care Management' workshop for the nurses to enhance their skills and to train them in best practices in wound care. 20 nurses participated in the one day workshop which was conducted by Ms Kalpana Bhatt, Expert Trainer.

Mrs Girja Sharma, Chief of Nursing, gave the welcome address and congratulated the Education department for the initiative. Mr Mahipal Bhanot, Facility Director, and Dr Gurvinder Kaur, Medical Superintendent, were also present at the occasion and congratulated the organisers and the participants. The vote of thanks was presented by Mrs Deepa Vats.

The workshop was immensely appreciated by the participating nurses.

## Fortis Hospital, Kalyan, supports Rotary Club's marathon as medical partner



(2nd from left) Mr Rajesh Shukla, Head-Sales & Marketing, along with the doctors, nurses and administrative representatives of Fortis Hospital, Kalyan at the Tycoons Marathon

Fortis Hospital, Kalyan, supported a marathon, hosted by Rotary Club of Kalyan, as its medical partner. A team comprising doctors, nurses, and other medical staff were stationed at various locations along the route to provide medical aid and assistance to the runners.

The hospital's efforts were greatly appreciated by Shri Vivek Phansalkar, Hon'ble Commissioner of Police, Thane; Dr Sanjay Shinde, Commissioner of Police, Kalyan Dombivali Municipal Corporation; and Dr Mohan Chandavarkar, President Elect-Rotary Club, Thane.

## Department of Mental Health and Behavioral Sciences launches Mental Health Advocacy Programme



21 young enthusiasts in the age group of 15-21, from several Indian cities including Delhi-NCR, Mumbai and Bengaluru among others and a student from Vancouver, are the proud members of 'The Fortis Young Mental Health Advocates - Batch of 2019.' The initiative is being conducted under the aegis of Dr Samir Parikh, Director – Mental Health and Behavioural Sciences, Fortis Healthcare. The selected youngsters will undergo training in mental health advocacy before they commence advocacy through digital media. The participants will attend master classes conducted by experts from various fields, such as mental health, healthcare marketing, healthcare journalists, NGO leaders and others. This is a special initiative by Team Mental Health to work in the digital space and drive positive conversations on mental health, which are conceptualised and executed by young minds.

## SL Raheja Hospital, Mahim-A Fortis Associate marks International Childhood Cancer Day with fun fair for kids



Children holding up 'No more pain-No more loss' placards, along with their parents. Also seen are Dr Hiren Ambegaokar, CEO, SL Raheja Hospital, Mahim (top left), child actor Namit Shah (center), Dr Priti Mehta, Paediatric HaematoOncologist, SL Raheja Hospital, Mahim and Ms Vinaya Chacko, Executive Director, CPAA

To mark International Childhood Cancer Day, SL Raheja Hospital, Mahim-A Fortis Associate, joined hands with Cancer Patient Aid Association (CPAA), to host a fun fair for about 25 children and their parents. Dr Hiren Ambegaokar, CEO, SL Raheja Hospital, Mahim -A Fortis Associate, led the celebration and was joined by child actor Namit Shah and Ms Vinaya Chacko, Executive Director, CPAA. Speaking about this initiative, Dr Priti Mehta, Paediatric Haemato-Oncologist, SL Raheja Hospital, Mahim, who enabled this engagement, said, "We are glad to have been able to make these children smile. We are also hosting a free screening camp in the coming weeks, which will benefit patients, and importantly, help parents plan their children's treatment."

## Fortis Hospital, Shalimar Bagh, organises workshop on Heart Failure Prevention and Management



Group Photograph of the participants and the leaders

Fortis Hospital, Shalimar Bagh, organised a workshop on Heart Failure Prevention & Management for Cardiology Nurses. Aimed at imparting knowledge about international best practices, the workshop was organised in association with the European CME-CPD Academy. The one day workshop was conducted by expert trainer Ms Priyanka.

The workshop commenced with a welcome address by Mrs Girja Sharma, Chief of Nursing. Dr Pramod Kumar, Director, Department of Cardiology, interacted with the participants and undertook an overview of the course and clinical practices in the cardiology set up. 48 cardiology nurses completed the training in two batches and were presented with the completion certificates in an award ceremony and an announcement was made by Mrs Girja Sharma for creating two heart failure prevention nurses for FHSB unit in the presence of Dr Pramod Kumar, Mr Mahipal Bhanot, Facility Director and Dr Gurvinder Kaur, Medical Superintendent. The workshop concluded with a vote of thanks by Mrs Deepa Vats, Nursing Educator.



Dr Pramod Kumar, Director Cardiology, sharing overview and clinical aspects

## Fortis Hospital, Amritsar, supports Rotary Club's marathon as medical partner



Mr Dinesh Vashist, Facility Director, Fortis Escorts, Amritsar, with staff members

Fortis Escorts Hospital, Amritsar, dedicated Valentine's Day – celebrated on February 14 – to all its employees. The highlights of the event included a hearty breakfast followed by distribution of roses and chocolates by Mr Dinesh Vashist, Facility Director. The gesture was appreciated by all the employees.

## Fortis Hospital, Shalimar Bagh, organises free lung screening camp for employees



FHSB employees at the screening



Mr Mahipal Singh Bhanot, Facility Director taking the LFT test

A free lung screening camp for employees was organised by Fortis Hospital, Shalimar Bagh. Held under the aegis of Dr Vikas Maurya, Senior Consultant & Head- Department of Pulmonary and Sleep Disorders, the camp was organised for the fellow Fortisians in view of the pollution concerns which affects the respiratory health. A total of 55 employees were screened for peak expiratory flow rate, lung testing, smoke check, and were also provided a pulmonary consultation. The camp was appreciated by all the employees.

## Blood donation camp by Fortis Hospital, Mulund, draws record number of donations



Blood donors receiving their appreciation cards, at the conclusion of the camp



Fortis Hospital, Mulund, created a record for highest number of collection ever by the hospital in a single blood donation camp. The hospital had organised a camp at Sutherland Global Services at Airoli, Mumbai, where in an astounding display of solidarity and benevolence, all 125 employees out of 175, who were found eligible after a screening, agreed to donate their blood. Relentless efforts by the Blood Bank & Community Connect Team enabled collection that helped aid over 50 Paediatric Cardiac surgeries

## Organ donation awareness camp by Fortis Hospital, Kalyan, receives overwhelming response

Fortis Hospital, Kalyan, organised an awareness camp on organ donation for the employees of Kalyan Dombivli Municipal Corporation (KDMC). In an overwhelming humanitarian gesture, 118 employees of the organisation including the Commissioner, Mr Govind Bodke, Mayor Ms Vinita Rane, and the Medical Officer Dr Raju Lawangare, signed the consent form to pledge their organs.

The camp was organised after the first ever organ donation and retrieval procedure that took place at the hospital. The medical team also conducted a general health check-up for the employees along with a session on Basic Life Support (BLS) training for emergency situations. Over 150 employees underwent the check-up and participated in the training.



(Center) Mr Govind Bodke, Commissioner, Kalyan Dombivli Municipal Corporation is flanked by (R) Ms Vinita Rane, Mayor, along with (L) Dr Raju Lawangare, Medical Officer as he demonstrates Basic LifeSupport (BLS) drill under the guidance of Sister Apeksha from Fortis Hospital, Kalyan

## Ahead of International Women's Day, Fortis BG Road, Bengaluru, spreads awareness on women's health



Dr Parmila Devi along with a group of women at the interactive session on women's health

Ahead of International Women's Day, Fortis Hospital, Bannerghatta Road, Bengaluru, conducted an interactive session on women's health. The session was led by Dr Parimala Devi-Consultant, Obstetrics and Gynaecology, Fortis Hospitals, Bannerghatta Road. The event touched upon some of the common health issues that women could experience at different stages of their lives such as PCOD, pregnancy, menopause and urinary incontinence. Dr Parimala also shared a few ways that women can take in daily routine to ensure good health. Children from Belaku Academy, an NGO for visually impaired children, also showcased their talent through a performance during the session.



The students of Belaku Academy performing at the event

## Fortis Hospital, CG Road, Bengaluru, organises free health screening for former Indian Armed Forces members

As part of the 70th Republic Day celebrations, Fortis hospital, CG Road, Bengaluru, organised a free health screening camp for former members of the Indian Armed Forces. The 3-day camp, screened over 70 former armed forces members for various lifestyle and chronic disease such as Hypertension, Diabetes, Heart ailments, Renal checks, COPD and respiratory problems. A team of doctors also provided consultations as well as conducted interactive sessions on basic health awareness and preventions.



Ex-army personnel along with their family during the health check up

## SL Raheja Hospital, Mahim- A Fortis Associate, organizes awareness drive for safer roads in Mumbai



(L-R) Mr Shailesh Shirke, Senior PI at Tardeo Police Chowki & Mr Subhash Pedhamkar, Deputy, RTO unveiling the 'Road Safety Van'



Mr Subhash Pedhamkar, Deputy, RTO, undergoing a health checkup and consultation hosted by SL Raheja Hospital, Mahim-A Fortis Associate at the Road Transport Office (RTO) Mumbai Central

SL Raheja Hospital, Mahim- A Fortis Associate, joined hands with Road Transport Office (RTO), Mumbai Central, for distribution of booklets on road safety awareness drive to make Mumbai roads safer for everyone. As part of the drive, a special road safety van with a trained team was flagged off to travel across Mumbai for distribution of a booklet on road safety rules and emergency medicine as well as to conduct street plays and flash mobs at bustling traffic junctions in the city.

The drive, which targeted both motorists and pedestrians, also saw thousands of Mumbaikars supporting the initiative to help make Mumbai roads safer during the period. Over 1000 booklets were distributed during the drive. The hospital team also organised a free health check-up camp for the RTO employees and other visitors at the Mumbai Central RTO office. Over 200 people benefited from the camp.

## Fortis Hospital, BG Road, Bengaluru, successfully concludes 3rd batch of course on dialysis



Nurses Liji Raju, Lissy P.G, John Lal, Jesvin George, Ancilin, Sunitha P.A, Roshna K and Athika Joy with Dr Manish Mattoo, Dr Rajanna Sridhar and Sister Latha

Fortis Hospital, BG Road, Bengaluru, concluded the 3rd batch of its certified course on dialysis. Eight nurses successfully completed the course and were presented with completion certificates during a graduation ceremony at the hospital. The course aims to equip the trainee nurses with necessary skill sets and confidence to safely manage and provide care to patients with acute and chronic nephrological disorders.

The three month course was well supported by Dr Rajanna Sridhar, Consultant- Nephrology. Dr Manish Mattoo, Zonal Director, Fortis Hospitals, Bengaluru, and Ms Latha Nonis, Chief Nursing Officer, congratulated the team on successful completion of the course.



## Cancer Support Group meet held at Fortis Memorial, Gurugram



Over 120 people attended the Cancer Support Group meet at Fortis Memorial Research Institute, Gurugram

To observe World Cancer Month, Fortis Cancer Institute at Fortis Memorial Research Institute (FMRI), Gurugram, conducted a unified support group programme. The two-hour long session was attended by close to 120 people comprising domestic and international patients along with their attendants, several cancer survivors, community members from neighboring societies as well as key people working with NGOs like CanWinn, IJLC and the Indian Cancer Society.

Senior clinicians addressed the gathering. It was then the turn of the survivors and patients to share their inspiring experiences. More than 10 people spoke about their battle with different kinds of cancers and how maintaining a positive attitude has worked in their favour. The attendees were a mix of all age groups, while the international patients were from Iraq, Kurdistan, Nigeria, Zambia and Uganda.

## Team Nursing at Fortis Hospital, Mulund, shines bright at the International Criticare Nursing Conference 2019



From L-R): Ms. Legetta Mathew, Nurse Educator, Ms. Lavina Lall, Head-Quality, Process Excellence & Patient Experience, Ms. Minimole Varghese, Chief Nursing Officer, Ms. Sneha Magar, Nurse Educator, and Ms. Sherin Chandy, Pain management Nurse

The Nursing Team at Fortis hospital, Mulund, took centrestage at the 1st International Regional Federation of Critical Care Nurses (RFCCN), SAARC Conference, and the 5th National Critical Care Nursing Conference held at Belgaum, Karnataka. As an active participant, the team took lead in the several aspects of the conference as a panel chairperson, speaker and debater, and at the poster presentation and journal publication.

Over 700 delegates from 9 countries participated in the three-day conference. Ms Minimole Varghese, Chief Nursing Officer, chaired a panel discussion during the conference. Ms Lavina Lall, Head- Quality, Process Excellence & Patient Experience, was a speaker and a debater at the conference.

## Dept of Mental Health holds over 100 workshops to share stress management tips with nurses across Fortis



Fortis Ludhiana



Fortis Chennai



Fortis Mohali



FMRI Gurgaon

The nurse's role has long been regarded as stress-filled due to the high-stress environments, work hours, staffing and interpersonal relationships that are central to the work nurses do. These constant interactions often contribute to conflict, ambiguity, stress, and strain on a day-to-day basis. The Department of Mental Health and Behavioural Sciences under the aegis of Dr. Samir Parikh, conducted a stress management and well-being programmes for nurses, to offer help in reducing stress and enhancing well-being.

In the over 100 sessions that were conducted, more than 2,600 nurses were trained across multiple units in India. The workshops were conducted by a team of Psychiatrists and Psychologists across the Fortis Network. In Delhi NCR, the workshops were held at Vasant Kunj, Shalimar Bagh and FMRI. In Mumbai, the workshops were held at Vashi, Raheja and Mulund. Similar workshops were also held at BG Road, CG Road and La Femme (Sacred Heart) in the city of Bengaluru. Workshops were also held at Kolkata, Mohali, Ludhiana and Jaipur.

## Mamma Mia launch and Baby Shower at Fortis Vasant Kunj, New Delhi

On the occasion of International Women's Day, Fortis Hospital, Vasant Kunj, New Delhi, organised a Baby Shower for expectant mothers. The highlight of the show was a Ramp Walk by the expectant parents. Pampering sessions and various fun activities were organised by the hospital to make the would-be parents feel special. The participants enjoyed special dance, nail art and hair-do sessions. A special booth was designed for a photo-shoot of the would-be parents as well.



A couple during the launch of Mamma Mia

## Fortis Young Mental Health Advocates - #MindSpeakers2019 - get a Master Class by Chaiti Narula, Deputy Editor, India Today



Dr Parikh thanking Chaiti Narula



The Fortis Young Mental Health Advocates with Chaiti Narula and Dr Parikh

Fortis Mental Health and Behavioural Sciences has initiated an advocacy campaign called 'The Fortis Young Mental Health Advocacy Program,' with the objective of raising Mental Health Awareness, primarily through social media. A total of 21 individuals, called the 'Mind Speakers 2019' have volunteered to be the Change Makers for the year 2019. The advocates have been selected from across various cities. The first meeting was held at FMRI, Gurgaon on February 2, 2019, along with all the Advocates and the Mental Health Team. The topic chosen topic for the month, after a brainstorming session was 'Exam Stress.

A total of 60 posts combined, individually and collaborated, were uploaded by the Advocates. The reach was over 55 thousand views. After the successful completion of the first month, the second meeting with the Advocates was conducted on March 24, 2019, at Fortis Memorial Research Institute, Gurugram. A special guest, Ms Chaiti Narula, Deputy Editor and Journalist for India Today Network, was invited for mentoring the advocates. Ms Narula is a trailblazer in her field with over a decade's experience in journalism, having previously been associated with CNN News 18 and ET Now.

Being an active social media figure she mentored the young individuals about social media outreach, the 'need to normalise the issue of mental health,' and how to create impressionable content on Social Media.

## Fortis Escort Hospital, Amritsar wins 'Excellence in Healthcare' award



Bollywood actress Vidya Malvade handing over the award

Fortis Escort Hospital, Amritsar, recently won the 'Excellence in Healthcare' award at the 'Amritsar Entrepreneur and Excellence Awards' organised by MY FM 94.3. The hospital was presented with the award for best medical services and for outstanding contribution in the health sector.

The award was presented by actress Vidya Malvade at a glittering ceremony in Amritsar. Mr Vishal Mishra, Head- Sales and Marketing, Fortis Escorts Hospital, Amritsar received the award on behalf of the hospital.

## Conversation

**Meet Dr. Gagan Shrivastava**  
 Senior Consultant -  
 Cardiac Anesthesia  
 Fortis Flt Lt Rajan Dhall Hospital  
 Vasant Kunj, New Delhi



### Sports is a great stress buster. It helps fight depression, boosts your confidence and self-esteem

**You have an interest in a wide variety of sports. When did your start?**

I have been into sports right from childhood. It started with cricket during school days, lawn tennis during college and later running became a part of life.



**Did you continue to play after school?**

I played lawn tennis during my college days but there was a long gap after that. Work commitment and extended working hours left little time to play and pursue sports. Better time management would have helped maintain a balance during that time.

**Which sport do you play now?**

I am actively into running for more than 5 years now. What started as an option to somehow remain physically active soon turned into a passion.

**Apart from the health benefits, what do you think has been your greatest takeaway from sports?**

Sports is a great stress buster. It helps fight depression, boosts your confidence and self-esteem. By setting and achieving goals, you can help give yourself a greater sense of empowerment that will leave you feeling much happier.

Also running helps in making some great friends. You come across people who you cannot find during your routine professional life.

**When do you practice and how do you make time to follow your passion?**

I practice at least four to five times in a week. The alarm rings at 4:45 am in the morning and I devote around one hour during weekdays and a little more time on weekends. Weekdays are for strengthening and cardio workouts while Sundays are for long run. Early to bed and early to rise has helped me manage time appropriately and follow my passion. Weekend parties have taken a back seat as next day routine can't be messed up with.

**Anything that you would like to share with our readers?**

There can be enough excuses for not being able to spare time for a healthy lifestyle but one episode of illness can make you regret for it. We all have a demanding work profile but a proper time management can help to maintain a good work life balance.



## Conversation

Meet **Amandeep Kaur**  
 Clinical Instructor,  
 Fortis Escorts  
 Hospital, Amritsar



### If you were a teacher I would like to be your student

#### What made you to take up Nursing as a career?

My Aunt proudly says who is 'A Nurse', At my schooldays whenever I see her the way she takes care of all and the education she provides to others regarding health made me to inspire the Nursing career, once the time came to select a career, without any dilemma I have opted for Nursing. Such a decision I have made still I feel proud!!

#### When did you join Fortis and has your experience been?

I joined this prestigious hospital on January 10, 2013, over the years, my confidence and knowledge towards patient care has improved enormously. Now I feel like it's my native and I will never leave my native at any cost.

#### Tell us about your journey in Fortis?

I have joined as a Staff Nurse in Surgical ICU, I have got transferred to Floor (Chemo Unit), where I have gained more knowledge and practice towards care of chemo patients and within a year I have been allotted to be shift in charge. From the last two months I have been working as a Clinical Instructor.

#### What did you like the most about your work?

Whenever I'm in bedside, I would like to dedicate my full attention and care towards the patient's wellness. At the end of my shift most of the time either the patient or attendant will request me about my next duty schedule to assign me again to take care, which honors me to feel satisfied and blessed.

#### Any memorable moment with Fortis that you would like to cherish?

Yes!!! I would like to take this opportunity to share a few memorable moments which will never go out of my mind. Firstly, I got recognized as a "Star of Month" for Best Nurse. Secondly, I got an appreciation letter from the Regional Chief Nursing Officer, Capt. Neelam Deshwal for the "Nursing Excellence" contribution, where the assessor complimented me based on my participation like "If you were a teacher I would like to be your student". After that, my CNO, Mrs. Gurbaksh Kaur Bedi recognized my ability and commitment, promoting me as a Clinical Instructor.



*My husband swallowed  
 an aspirin by mistake,  
 what shall I do?*

*Give him a headache now  
 he will be fine in 5 minutes.*

*PM*

# Wall of Fame



## Region: Delhi NCR

### Fortis Escorts Heart Institute, Okhla Road, New Delhi

#### Nurses at heart command II are exceptional

We would like to thank the people who performed their jobs in the most extraordinary manner, behind closed doors. The nurses at heart command II are exceptional. They have not only supported our father, as a patient, but have walked the extra mile to make sure the rest of the family was well taken care of as well. Lindsey who made it their priority to not only keep a track of medication but also make sure our father was kept happy. Subi and Jobi in those capable hands, everyone felt safe. Thank you all for everything.

Appreciated by : **Mr. Narain**

Appreciation for : **HCC II Nursing team**



Fortis Escorts Hospital, Okhla Road, New Delhi

### Fortis Hospital, Noida

We came on 1st March 2019 in Fortis Noida for my mother's health checkup.

Consultation done by Dr. Vishal Gupta at around 4:45 on the same day. After seeing the Echo report which shows some medical issues with complain of intermittent chest pain.

We referred to a cardiologist but the cardiologist was not available in OPD that time. Dr. Vishal directly called the Senior Cardiologist as it was MI attack. We were not willing that time but Dr. Vishal explained whole scene and prognosis and said that if the patient feel this kind of chest pain again we have to rush to the emergency.

Next day in early morning my mother was not feeling well and due to chest pain, we came to the Emergency and angioplasty was done by Dr. Parneesh Arora.

We are really thankful to Dr. Vishal Gupta for correct advise and saving my mother on time.

Thank you Dr. Vishal and Dr. Parneesh Arora once again!

Appreciated by : **M Gayatri Devi**

Appreciation for : **Dr. Vishal Gupta**



Dr. Vishal Gupta,  
Fortis Hospital, Noida

## Fortis Hospital, Noida

WWe are very much impressed, with the way of cooperation of Dr. Brajesh handled the case of my mother.

He turned out to be a GOD in the form of a Doctor.

My mother was not able to walk since past 6 years but he made this miracle happened and she is able to walk herself.

Dr. Brajesh has made me speechless to say anything more.

Wish him much more for the success surgery like my mother in upcoming year'2019. Thanks a ton!!

Appreciated by : **Pt. Madhulika Chowbey**

Appreciation for : **Dr. Brajesh**



Patients, attendants, nurses and Dr. Brajesh, Fortis Hospital, Noida

## Fortis Escorts Hospital, Faridabad

Dear Divya, you are a super duper Nurse! You have compassion and Knowledge and know very well how to handle Kids. You do more for your patients that people realize. You truly care for your patients and it shows. I appreciate all that you did for me and my child.

Thank You for the care you give my son Arsh.

You are such a sweet nurse and awesome Human being too.

We are thankful to the Fortis PICU Staff for taking care of our son Arsh 4years. Kindly as well as with compassion.

Highly skilled nurses and male staff fulfilling patient necessities in a good way. Appreciate it.

Appreciated by : **Master Arsh**

Appreciation for : **Divya (NDFN Nursing Staff) and PICU Staff**



Divya (NDFN Nursing Staff) and PICU Staff  
Fortis Escorts Hospital, Faridabad

## Region: North East Zone

### Fortis Hospital, Mohali

After many years of distress pertaining to my pregnancy, Dr Preeti Jindal was the one who made it possible for me to be blessed with a baby boy and a baby girl ...with her immense knowledge and hard work, she and her staff made this a life changing experience for me.

Dr Preeti is a wonderful human being and has the most humane and positive approach towards all her patients... I am truly blessed to have received her guidance and personal touch throughout my treatment with her, staff is very cooperative and ever smiling. Best doctor for someone longing for personal attention and expert advice.

My wife Gurpreet Kaur and me like to express our heart full gratitude to Dr. Preeti Jindal ji and whole staff who helped us in this difficult 9-month journey and converts it into with joyfulness.

Thanks a lot very, very much and I would like to recommend Dr. Preeti Jindal because she is the best.

Appreciated by : **Sheenam Monga**

Appreciation for : **Dr Preeti Jindal and hospital staff**



Mother, new born baby, attendants, staff and Dr Preeti Jindal, Fortis Hospital, Mohali

## Fortis JK Hospital, Udaipur

Myself, Neeraj Maheshwari (Engineer) Husband of Shipra Maheshwari. After 11 year of marriage and successful delivery by Dr. Sheetal Kaushik, we were Blessed with a Baby Boy. Dr. Sheetal is so Nice and Excellent in nature who encouraged us at every step.

Second day only our baby fell sick and he was serious. But Dr. Rajkumar Bishnoi Handled everything so smoothly and fast. And today we are leaving Happily with our baby.

"Thank you Dr Sheetal & Dr. Rajkumar for your Excellent Support. Now we can say that Fortis have the Best Staff. Our Feedback is 100/100 with 5 Star"

Appreciated by : **Mrs. Shipra Maheshwari & Mr. Neeraj Maheshwari**

Appreciation for : **Dr. Rajkumar Bishnoi**



Dr Rajkumar Bishnoi,  
Fortis JK Hospital, Udaipur

## Fortis Hospital, Ludhiana

I observed with keen interest since I was admitted to Fortis Hospital on Monday 4/03/2019. All the employees of Fortis Hospital are working co-operatively in the interest of the hospital. I must emphasis that all your staff in charge of the 4th floor both senior and junior staff have been extra ordinary kind to me. The staff nurses in particular treated me like their father. I am short of words to describe their professional behavior, some of them that are worth mentioning are 1) Halindar 2) Ramal 3) Ramalpreetgill 4) Nisha Paul 5) Amresh (GDA) 6) Dr.Rinkle Batra (PWD) 7) Anu 8) Neha 9) Purnima (Housekeeping ) 10) Mandeep and a host of others that I cannot mention their names.

Appreciated by : **Mr. Musa Ruwa**

Appreciation for : **Halindar 2) Ramal 3) Ramalpreetgill 4) Nisha Paul 5) Amresh (GDA) 6) Dr.Rinkle Batra (PWD) 7) Anu 8) Neha 9) Purnima (Housekeeping) and 10) Mandeep**



Mr. Musa Ruwa



Appreciation letter  
by Mr. Musa Ruwa

## Fortis Hospital and Kidney Institute, Kolkata

I was admitted with UTI & Sepsis with acute kidney injury. Drs were very good and took good care of me. Nurses were well mannered and caring, the care taker did their job very well. The authorities round the clock monitored the service of the staff. The Housekeeping and Infection Monitoring Dept. were very much up to the mark, the cleanliness and etiquette were excellent the quality of food served were very good.

Fortis Administration, Staff, doctors are responsible for my speedy recovery. Dr Ravi Ranjan inspired me of positive talks, Dr AR Dutta regularly visited me and took good care and excellent decision regarding treatment.

I am extremely great full to FHKI for my speedy recovery. I will definitely recommend my Dr friends to refer patients to FHKI as they will have excellent treatment and hospitality.expert advice.

Appreciated by : **Dr Partha Sarathi Sengupta**

Appreciation for : **All Fortisians**



Dr. Partha Sarathi Sengupta along with FHKI Team



## South West Zone

### Fortis Hospital, BG Road, Bengaluru

Hi, All,

I would like to thank Fortis support staff (The security and housekeeping team). These people carried a helpful attitude to find out a lost gold article out of thrash.

I accidentally threw a few gold items to thrash while preparing for surgery. I realized this after 9 hours. I walked up to the security manager as suggested by the housekeeping manager. These people immediately got into action and found the article out of thrash whereas I had lost hope.

I offered money as a token of appreciation which was denied by the team. I really felt good to see humanity alive and the kind-hearted housekeeping team. These people helped me without expecting anything in return. I would like to thank Housekeeping Manager (Surya not sure about his name), Security Manager (Roben), Prassana (not sure about his designation). Very special thank note to 6 people (Durna, Imrul, Vanketesh, Parol, Chetan, Abdil hatim) from housekeeping as these people literally searched the lost item out of thrash.

Thank you to all the people (who's names not mentioned over this email) present at the location while the search operation was going on. Request the management to appreciate these people for great work and keeping humanity alive. Also, offer them a raise:) Great work by the support staff.

Cheers,

Vishal

Appreciated by : **Mr. Vishal**  
 Appreciation for : **Entire Housekeeping and Security team**



Housekeeping and Security Team, Fortis Hospital, B.G. Road, Bengaluru

### Fortis Hospital, Mulund, Mumbai

This is my second delivery at Fortis Hospital Mulund.

I am very much glad that I made this decision to trust Fortis once again even after 3 years.

Once again, I had an amazing experience of trust and support and care from each and everyone on the maternity floor with quick and effective turnaround time.

A special note of thanks to the experienced team of Doctors, Nurses, Housekeeping staffs, Physiotherapist, Lactation consultant Dr Suchita, Dietician for working all round the clock so that I and my baby gets a very good care.

I would like to mention few names with me throughout these 3 days taking care of me and really indebted for their support and care – Dr Girish Sabnis, Dr Sidra, Dr Devashree, Dr Rajen Doshi, Sister Elsie, Sister Adira, Sister Sakshi, Sister Aggy, Sister Ann Mary, Sister Rini and Manisha from Housekeeping (who supported me during and after delivery).

Also thanks to PRO Mrs Wincy for following up my experience on daily basis and working on the same.

I would definitely like to recommend Fortis Hospital and the above mentioned staffs to my near and dear ones. GLAD TO SAY!!! That in this world of C-sections I had two Normal deliveries with Fortis Mulund.

THANKSA ZILLION FORTHIS!!!

Appreciated by : **Nivia Edappattu**  
 Appreciation for : **All the Fortis staff**



Fortis Staff with a new born baby

## Fortis Malar Hospital, Chennai

Mrs. Geetha Krishnan was admitted under Dr. Sanjeev Agarwal on 13th March 2019 and got discharged on 27th March 2019. Mrs. Latha Ravishankar, daughter of Mrs. Geetha Krishnan has shared her appreciation with a special Mention for Ms. Lavanya, PRO.

"It was so nice to have known you. You are such an amazing personality with a beautiful smile and warmth. I love the way you speak to the patients in a reassuring manner. Your friendly nature goes a long way in helping people".

Also Mrs. Latha is coordinating with Mrs. Lavanya to get "colonoscopy procedure" done for her.

Appreciated by : **Mrs. Latha Ravishankar, Attendant of Patient**  
**Mrs. Geetha Krishnan**  
 Appreciation for: **Ms. Lavanya Hari, PRO**



Ms. Lavanya Hari, PRO,  
Fortis Malar Hospital, Chennai

## Fortis Malar Hospital, Chennai

I was admitted under Dr. CMT and visited by Dr. Prince, Dr. S.P, Dr. Divakar and my surgeon was Dr. Salim Thomas. Overall, I am very happy with how they managed my transplant surgery, and follow-up through a severe complication. The Doctors were very cooperative, explained their thoughts and treatment plans patiently and for that we are grateful.

The nurses (Laxmi, Kritika Soundarya) the dialysis technicians the attendant (Sujatha) took care of me until I stayed at the ICU. Balaji helped us with the appointments and everything in general. We also thank Mr. Satish for all the legal documents and embassy arrangements. We look forward to the follow up and returning home safely.

Appreciated by : **Ms. Khaleda Nasreen**

Appreciation for : **Dr. C. M. Thiagarajan, Dr. Prince, Dr. S. P, Dr.Divakar, Dr. Salim Thomas, Laxmi, Kritika, Soundarya, Sujatha, Satish & Balaji**



Dr. C. M. Thiagarajan –  
HOD, Nephrology  
& Renal Transplant



Dr. Divakar –  
Senior Consultant,  
Nephrology & Renal Transplant



Dr. Salim Thomas -  
Senior Renal  
Transplant Surgeon



Dr. Srinivasa Prasad



Dr. Prince



Mr. Satish. L –  
Senior Manager,  
Legal Advisor



Mr. Balaji –  
Secretary, Nephrology &  
Renal Transplant

## Awards & Accolades

### Dr Ashok Seth and Dr Z S Meharwal honoured at NewsX Healthcare Awards 2018



Dr Ashok Seth Receiving 'Pioneer in Interventional Cardiology Award' from Shri J P Nadda, Hon'ble Union Minister Health and Family Welfare



Dr Z S Meharwal Receiving 'Gem of Healthcare Award' from Shri J P Nadda, Hon'ble Union Minister Health and Family Welfare

Two medical luminaries of Fortis Escorts Heart Institute, Okhla Road – Dr Ashok Seth and Dr Z S Meharwal – were felicitated at the NewsX Healthcare Awards 2018. While Dr Ashok Seth was honoured with the 'Pioneer in Interventional Cardiology Award,' Dr Z S Meharwal received the 'Gem of Healthcare Award'. The awards were presented by Shri J P Nadda, Hon'ble Union Minister for Health and Family Welfare, Govt. of India.

### Dr (Prof) Anoop Misra, Chairman, Fortis C-DOC wins prestigious awards



Dr (Prof) Anoop Misra while receiving 'Achiever in Legend Category' for Endocrinology & Diabetes by Times Healthcare Achiever -2018



Dr (Prof) Anoop Misra while receiving 'Pharma Leaders Indian of the Year - Endocrinology' at Pharma Leaders Power Brand Awards – 2018

Dr (Prof) Anoop Misra, Chairman, Fortis C-DOC, has been presented with the coveted 'Times Healthcare Achiever' award and the 'Pharma Leaders Indian of the Year' award. The awards were presented in recognition of his immense and invaluable contributions in the field of Diabetes.

Dr Misra was honoured with the 'Achiever in Legend' category for Endocrinology and Diabetes at the Times Healthcare Achiever 2018 awards. The 'Pharma Leaders Indian of the Year- Endocrinology' award was presented at Pharma Leaders Power Brands Awards 2018.

A renowned Diabetologist and a prolific researcher, Dr Misra has also been honoured with a Padam Shree and the Dr BC Roy award for his contributions.

## Dr Gagan Shrivastava and Dr Anurag Gupta from Fortis Vasant Kunj participate in Mumbai Marathon; raise funds for organ donation



Dr Gagan Shrivastava, Senior Consultant,  
Cardiac Anaesthesia



Dr Anurag Gupta, Consultant, Neurosurgeon

Dr Gagan Shrivastava, Senior Consultant, Cardiac Anaesthesia, and Dr Anurag Gupta, Consultant Neurosurgeon, from Fortis Ft Lt Rajan Dhall Hospital, Vasant Kunj, participated in the prestigious Mumbai Marathon as a fund raising initiative for organ donation. The doctors completed the rigorous 42 km run and raised Rs 2 lakhs for the cause.

Dr Shrivastava, who ran the Mumbai Marathon for the second time, is credited with completing two full marathons, dozens of half marathons, several 10km runs, and an Olympic duathlon which includes running and cycling.

## Fortis BG Road, becomes first hospital in Bengaluru to win the coveted 'Pharmacie de Qualite' Certification



Dr Murali Chakravathy & Dr Manish Mattoo handing over the certificate to the Pharmacy team at Fortis Hospital, Bannerghatta Road

Fortis Hospital, BG Road, Bengaluru, has been awarded the prestigious 'Pharmacie de Qualite' certification in recognition of its best practices and excellence in managing its in-house pharmacy operations. Considered the highest standard in pharmacy certification, the coveted Pharmacy De Qualite' certification programme has been brought to India by Abbott in association with Bureau Veritas S.A – a global testing, inspection and certification services provider in order to create 'Pharmacies as centre of excellence'.

Fortis Hospital, BG Road, is the first hospital in Bengaluru and second in Karnataka to receive this accreditation. It is based on World Health Organisation's (WHO) definition of good pharmacy practices as well as the International Federation of Pharmacists, which highlights best practices of pharmacy, optimal services and evidence based care to patients.

## Dr (Prof) Madhuri Behari of Fortis Vasant Kunj, New Delhi conferred with Lifetime Achievement Award



Standing third from left Dr Madhuri Behari with the dignitaries

Dr Madhuri Behari, Consultant, Neurology, Fortis Ft Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, has been conferred with a Lifetime Achievement Award by the Delhi Neurological Association. The award was presented to Dr Behari at the 21st Annual Conference of Delhi Neurological Association. The conference was organised by the Department of Neurosciences, Govind Ballabh Pant Institute of Medical Education and Research, New Delhi.

With over four decades of experience in the field of Neurology, Dr Behari is also credited with developing a movement disorder speciality at AIIMS with facility for botulinum toxin therapy and deep brain stimulation for Parkinson disease and dystonia patients.

## Dr Supradip Ghosh of Fortis Escorts, Faridabad, conferred with the Fellowship of Indian College of Critical Care Medicine (FICCM)



(Second from left) Dr Supradip Ghosh, Director & Head, Dept of Critical Care, Fortis Escorts Hospital, Faridabad while receiving the prestigious award

Dr Supradip Ghosh, Director and Head, Department of Critical Care, Fortis Escorts Hospital, Faridabad, has been conferred with the prestigious Fellowship of Indian College of Critical Care Medicine (FICCM). Indian College of Critical Care is the academic wing of the Indian Society of Critical Care Medicine (ISCCM), the largest multi professional critical care organisation in the country with over 6000 members.

The Fellowship has been awarded to Dr Ghosh in recognition of his immense contribution towards developing critical care in the region.

## SL Raheja Hospital, Mahim - A Fortis Associate, honoured with 'Green Hospital' award



(R-L) Dr Shanthi Radhakrishnan, Head-Medical Services & Mr Ajay Brahma, Head-Administration, SL Raheja Hospital, Mahim-A Fortis Associate receiving the 'Green Hospital Award'

SL Raheja Hospital, Mahim - A Fortis Associate, won the 'Green Hospital' award for its environment conservation initiatives. The award was conferred at the 2nd Annual Future of Hospitals Summit held in Mumbai. Mr Ajay Brahma, Head- Administration, and Dr Shanthi Radhakrishnan, Head- Medical Services, received the award on behalf of the hospital in the presence of Dr Hiren Ambegaokar, CEO, SL Raheja Hospital-A Fortis Associate, and other department heads.

The award was presented in recognition of the various environment friendly initiatives at the hospital for energy efficiency and water conservation. Dr S. Narayani, Zonal Director, Fortis Hospital, Mulund also hosted a session on 'Boosting Employee Engagement in Hospitals' for the delegates present at the summit.

## Guljeet Kaur of Fortis Escorts Hospital, Amritsar, wins award at IAPEN Clinical Nutrition Congress 2019

Ms Guljeet Kaur, Senior Dietician, Fortis Escorts Hospital, Amritsar, won an award at the Clinical Nutrition Congress 2019 organised by The Indian Association for Parenteral and Enteral (IAPEN), Mumbai region. Ms Kaur won the award for her poster presentation and Chyuria case studies at the congress. The award was presented to her by Mr Nilesh Mehta, President, American Society for Parenteral and Enteral Nutrition.



Ms Guljeet Kaur receiving the award

## Fortis Hospital, Mohali, wins 'Green Hospital' award at AHPI Healthcare Excellence Awards 2019



Mr. Neeraj Tandon, Head - Engineering, Fortis Mohali, receiving the award

Fortis Hospital, Mohali, has been honoured with the 'Green Hospital' award at the AHPI Healthcare Excellence Awards 2019, instituted by the Association of Healthcare Providers (India). Mr Neeraj Tandon, Head - Engineering, received the award from the Union Minister of State for External Affairs and former Chief of Army Staff, Gen. (Retd) V. K. Singh at an event held in New Delhi. Fortis Mohali has won the recognition for the third time in a row.

Over 275 hospitals had applied for this prestigious award out of which 76 were shortlisted. The shortlisted hospitals had to make a presentation for evaluation followed by assessment by AHPI nominated team. After a grilling question and answer session and physical inspection during the round of the hospital, Fortis Hospital, Mohali was declared the winner at the AHPI Global Conclave.

## Dr Palak Chavda Gupta of Fortis Raigarh, conferred with the prestigious fellowship of Indian Academy of Pain Medicine



Dr Palak receiving the fellowship at a convocation ceremony

Dr Palak Chavda Gupta, Consultant Anaesthetist and Pain Physician, Fortis OP Jindal Hospital and Research Centre, Raigarh, has been conferred with the prestigious Fellowship of the Indian Academy of Pain Medicine (FIAPM). Dr Palak is one of the very few young doctors in the country to receive the honour.

The Fellowship is awarded to the eligible members of the Indian Society for Study of Pain (ISSP) after a stringent selection criteria including a national level competitive examination. In addition to conducting workshops and delivering lectures at conferences as a faculty, Dr Palak is also an editor of the 'Basics of Pain Management', a book on pain management, and a co-editor of a journal on recent advances in pain.

## Initiative to limit pneumonia in newborns by Fortis Hospital, Mohali, wins prestigious national award from Quality Council of India (QCI)



Dr Diljot Bedi, Associate Consultant, NICU, receiving the award on behalf of Fortis Mohali at an award ceremony organized at Pune



Dr Sunil Agrawal, Consultant & Head, NICU, with the NICU team at Fortis Mohali

An initiative by Fortis Hospital, Mohali, to limit cases of pneumonia amongst newborns on a ventilator support, has won an award from the Quality Council of India (QCI). As part of the project to improve delivery of clinical services at the hospital, the team collected information from available literature on prevention of pneumonia in newborns on ventilator support and laid down guidelines. These guidelines were further converted into a checklist which was then implemented by all the staff members involved in the care of newborns at the hospital.

The initiative resulted in limiting the incidence of pneumonia in newborns to a large extent. The Quality Council of India (QCI) conducted due diligence and onsite inspections before declaring Fortis Hospital, Mohali, as winner from hundreds of other applicants from all over the country. The initiative was led by the Neonatal Intensive Care Unit (NICU), under the guidance of Dr Sunil Kumar Agrawal, Consultant and Head, Neonatology.

## Fortis Memorial Research Institute, Gurugram, awarded 'Best Hospital to Work For' by AHPI



Team FMRI with the certificate

Fortis Memorial Research Institute (FMRI), Gurugram, has won the 'Best Hospital to Work For' 2019 award by Association of Healthcare Providers, India. FMRI won the award for its positive work culture, transparent policies, and ethical practices.

FMRI regularly invites ideas and suggestions from staff members which are analysed and implemented for a friendly and happy work place. It also aims to boost productivity by promoting self confidence and motivating employees to think out of the box.

## Deepak Negi of Support Office, Gurugram, continues with his medal haul at Dehradun and Thailand athletics meets



Deepak at the Thailand Meet



Deepak Negi in action at the relay race

Deepak won a gold medal each in long jump and in 110 metres hurdle race. He also won a bronze medal in triple jump.

During the games, Deepak also broke his previous record of 19.82 seconds (Malaysia) in 110 metres hurdle and set a new record of 18.20 seconds. He was honoured by the Hon'ble Sports Minister of Uttarakhand, Shri Arvind Pandey, for winning 17 international medals in Athletics in two years.

In March, Deepak participated in the Thailand Masters Athletics Championship held in Nakhon Sawan, where he picked up a Silver medal in Triple Jump (11.70 meters) and a Bronze each in Long Jump (5.87 meters) and 4x100 relay.

Deepak will next participate in the European Master Games in Torino, Italy, in July 2019. So far, Deepak has won a total of 20 international medals, including 11 Golds, 2 Silver and 7 Bronze.



Deepak with the Gold medal at the National Masters Athletics Championship, Dehradun



A victorious Deepak displaying his medals.



## Fortis OP Jindal Hospital, Raigarh, wins 'Most Promising Hospital in Tier-2 City' award

Fortis OP Jindal Hospital, Raigarh, recently won the 'Most Promising Hospital in Tie-2 City' award at the 9th MT India Healthcare Awards 2019 organised by Medgate Today. Shri Ashwini Kumar Choubey, Hon'ble Minister of State for Health and Family Welfare, Government of India, presented the award to Dr Manjinder Bhatti, Facility Director, Fortis OP Jindal.



Certificate received at 9th MT Healthcare Awards



Dr Manjinder Bhatti interacting with media



Certificate received at 9th MT Healthcare Awards

## Meet the Team

### Operational Excellence

Operational Excellence (OE) team based out of Support Office is the central strategy, business planning and analytics division, that collaborates with functions across the business levers at all Fortis units to bring transformation and/or optimize the operations that will have direct impact on the profitability of the business/function through revenue enhancement and/or cost savings. The team constantly monitors and analyzes both internal and external factors that encompass potential opportunity or threat and provide strategic inputs to the senior leadership to enable critical decision making.

Team Construct: OE is also the internal consulting team at Fortis Healthcare that comprises of people from top firms like McKinsey, Bain, E&Y, PwC and KPMG. Some of its team members have worked across multiple industries including Healthcare and have solid knowledge of Health care operations across multiple geographies.

**OE team primarily engages into three type of activities:**

1. Running central projects, that have PAN Fortis impact on the key levers such as occupancy, manpower cost, clinical productivity, consumption and pricing
2. Pick up projects that support individual units to solve key operational issues like estimate billing variance, costing etc.
3. Process data and make recommendations that provide timely and precise information to leadership through various reports, dashboards and board presentations.

## Team Member profiles

### Saurabh Gupta

Saurabh is the current lead for OE team. He is a hospital administrator by training and has spent more than 16 years in Healthcare industry Globally. He graduated from IIMR, Jaipur and spent early years in hospital administration across Rockland and Fortis hospitals. Later he moved to Management consulting and worked across GE Healthcare, McKinsey and PwC as a healthcare consultant. Till date he has worked across 50+ hospital projects in more than 10 Global geographies. He has a keen interest in Indian music, experimentation with cooking and is an avid internet surfer.



### Gauri Bhat

The newest member of OE team, Gauri is Business Consultant with analytical capability backed with 21 years of professional experience across Telco and IT industry, have lead and program managed transformation programs for various organizations across BFSI, Telco and Airline industry within India and overseas. Process optimization through strategic planning and implementation being key areas of interest, have enjoyed leading a cross functional team of senior resources. She likes to go trekking, swimming and running in free time.

### Amit Mahendru

Amit is a business strategy and management consulting professional with 9 years of experience across sectors such as Healthcare and Technology. Prior to joining Fortis, he has worked with EY and WNS Global Services. He has worked on engagements in the areas of cost optimization, go-to-market strategy, portfolio diversification, commercial due diligence and outsourcing advisory. He has done B.Tech (Information Technology) from Bharati Vidyapeeth's College of Engineering and holds a Post Graduate Diploma in Management from International Management Institute (IMI), Delhi.



### Swapnil Agarwal

Swapnil is an MBA (Hospital Administration) with 8 years of versatile work experience in Hospital Operations, Business Strategy, Business Development and Healthcare Management Consulting across organizations like PwC India (PricewaterhouseCoopers) and Sterling Hospitals Group. Swapnil has a keen interest in traveling, trekking, adventure sports and reading fiction as well as non-fiction books.

### Anshum Saini

Anshum is an Electronics & Communication engineer from Panjab University and MBA Human Resources from SCMHRD, Pune. She has over 6 years of experience in the domain of Automation and HR business partnering across organizations such as Bharti Enterprises, E&Y and Infosys. In her past time she loves to watch movies and travel to unexplored locations.



### Ashima Singh

A Biotechnology Engineer by qualification and a Strategy Consultant with 10+ years of experience. Started working with Gerson Lehrman Group (GLG) in 2008, handling the private equity, hedge fund and PSF clientele front and connect them with the industry expertise. After 2 years of stint with GLG, changed the employment base to Bain & Company, a global management consulting firm. Worked with Bain for ~7 years with deep content developing experience in Industrials and Oil & Gas sector across EMEA and Asia Pacific. Ashima is an avid fiction reader, loves travelling and scuba diving.

# Learning & Development

## A workshop for Resident Doctors on 'How to Effectively Communicate with Patients' held at Fortis Escorts, Faridabad



Dr Sushma Sharma (Senior Consultant- Neurology) sharing her expertise in FAQs



(L-R): Dr Ashish Gupta (Additional Director-Neurosurgery & Spine), Dr Ravi Shekhar Jha (HOD & Senior Consultant-Pulmonology), Dr Manu Shankar (Additional Director-General Surgery), Dr Jayanta Thakuria (Senior Consultant-Internal Medicine) facilitating the session

Fortis Escorts Hospital, Faridabad launched "How to Effectively Communicate with Patients"- a training initiative for Resident Doctors. The first module of the multi series experiential programme led by senior clinicians Dr Sushma Sharma (Senior Consultant-Neurology), Dr Manu Shankar (Additional Director-General Surgery), Dr Ravi Shekhar Jha (HOD and Senior Consultant-Pulmonology), Dr Ashish Gupta (Additional Director-Neuro Surgery & Spine) in collaboration with L&D team members Priyanka Sharma, Assistant Manager-Learning & Development and Raakhee Mahi, Regional Training Head (NCR) focused on need of providing compassionate care to patients by augmenting awareness & abilities of Resident doctors to have more effective & patient centric interactions/communication. Encompassing diverse situations encountered on the floor by the participants, in the first of its kind programme, 19 resident doctors enhanced their understanding/skills of essentials of an effective patient interaction & tools and techniques to better engage with patients. Dr Anita Arora (RMD-NCR) inaugurated the programme with Mr Hardeep Singh (Zonal Director – Noida) highlighting importance of effective doctor - patient communication.

Senior clinicians shared their expertise and emphasized on the importance of listening, acknowledging patients, introducing themselves, sharing duration of procedures and explaining them in detail. The two hour module comprising of discussions, peer learning & simulations has garnered a positive feedback with participants. On-floor observations by Senior Clinicians will encourage and ensure transfer of learning. The upcoming module scheduled in May 2019 will encompass topics such as empathy, active listening skills and importance of grooming & deportment.

This training programme is a step towards enhancing overall patient experience. Various aspects of non-verbal communication such as body language, listening, 'power of touch' & their critical role in ensuring effective doctor - patient communication were highlighted during the program.

**Dr Manu Shankar**  
(Additional Director-General Surgery)

These behavioral skills sessions help us enhance our image in front of patients as they equip us with words with which one can initiate conversation with patients.

**Dr Ashish Gupta**  
(Additional Director-Neurosurgery & Spine)

I have observed that post attending the training, Residents are more polite and they now promptly reach out to Senior Clinicians for answers when in doubt. They now display a lot of patience while communicating with patients.

**Dr Ravi Shekhar Jha**  
(HOD & Senior Consultant-Pulmonology)

After participating in the program, we have observed a change in the communication pattern, Residents' now talk to patients in a reassuring manner.

**Dr Sushma Sharma**  
(Senior Consultant-Neurology)

# Photo feature

## Glimpses of International Women's Day across Fortis facilities



Fortis Escorts Heart Institute, New Delhi



Fortis Ft. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi



Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Escorts Hospital, Faridabad



Fortis Hospital, Noida



Fortis Hospital, Mohali



Fortis Escorts Hospital, Amritsar



Fortis Hospital, Anandapur, Kolkata



Fortis Hospital, Mulund



Fortis Hospital, B.G. Road, Bengaluru



Fortis Hospital, Rajajinagar, Bengaluru



SL Raheja Hospital, Mahim - A Fortis Associate, Mumbai



Fortis Hospital, Kalyan, Mumbai



Hiranandani Hospital, Vashi - A Fortis Network Hospital, Mumbai



Fortis Malar Hospital, Chennai

# Trivia

## Quiz :

Feb - Mar 2019



1. Which region launched a 'Quality Dossier' in FY 2018-19?
2. Which Fortis hospital recently performed its first organ donation and retrieval procedure?
3. How many robotic surgeries have been performed in record time by Dr Rama Joshi?
4. In which Fortis Hospital the Wall of Tribute was unveiled on World Kidney Day?
5. Which unit has launched world-class dialysis centre on the occasion of World Kidney Day?
6. Name the hospital that has won 'Most Promising Hospital in Tier-2 City' award.
7. Name the cyclone that recently affected eastern Indian coastal areas.
8. On which date is World Kidney Day is observed?
9. Dr. (Prof) Anoop Misra was recently honoured with which two prestigious awards?
10. How many dialysis procedures were conducted by Fortis Hospital, Kalyan, in January 2019?



## Answers to last month's quiz- Dec 2018 - Jan 2019

- 1) Fortis Hospital, Shalimar Bagh, New Delhi
- 2) Mr. Ayushmann Khurrana
- 3) Four
- 4) Fortis Hospital, Mulund
- 5) Indian Journal of Orthopaedics (ILO)
- 6) Mr. Prajun K, Mr. Jijomon and Mr Shyam
- 7) Fortis Flt. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi
- 8) Sardar Vallabhbhai Patel
- 9) February 01, 2019
- 10) Mary Kom

Send in your answers to [supportoffice.communications@fortishealthcare.com](mailto:supportoffice.communications@fortishealthcare.com) by May 15, 2019. Do mention your full name, designation, phone number and location. The subject line of your e-mail should mention "Answers to Quiz - (Month and Year)." **Five LUCKY winners amongst the all correct entries will be selected through draw of lots. Hurry!!**



*...and the*  
**WINNERS**  
*are...*

**Lokeshwari Kannaiyan**

Quality Assistant  
 Fortis Escorts Hospital, Amritsar

**Paumi Sam**

Infection Control Nurse  
 Fortis Escorts Hospital, Okhla Road, New Delhi

**Jolly Mathew**

OT Manager  
 Fortis Hospital, Kalyan, Mumbai

**Dr. R Senthil Kumar**

Unit Head - Administration  
 Fortis Malar Hospital, Chennai

**Daljeet Kaur**

Assistant Manager, HRD  
 Fortis Escorts Hospital, Jaipur

*Lucky Draw*



The Five lucky winners were picked by  
 Mr. Ajey Maharaj, Head – Communications,  
 Fortis Healthcare Ltd.

Split a side - Have a laugh

A man walks into a doctor's office.

He has a cucumber up his nose, a carrot in his left ear and  
 a banana in his right ear. "What's the matter with me?" he asks the doctor.

The doctor replies, "You're not eating properly."

Do you have a hilarious personal anecdote to share? Send a brief write-up (150-200 words) to  
[supportoffice.communications@fortishealthcare.com](mailto:supportoffice.communications@fortishealthcare.com)  
 along with your name, designation, location and contact number by the 15th of next month.  
 You could win a prize if your entry is selected for publication.

# Congratulations!



HAPPY  
WEDDING



Jomy Micheal  
Shalimar Bagh



Anjali Alexander  
Shalimar Bagh



Kalpana Sharma  
FMRI



Arjun  
Fortis C-DOC



Tharmalingam C  
Malar



Kuldeep Kumar John  
Shalimar Bagh



Manjunath R  
Rajaji Nagar



Roma Rani  
Shalimar Bagh



NEW  
ADDITIONS  
TO YOUR  
FAMILY



Baby of Abanti Bhuyan  
Shalimar Bagh



Baby of Shruthi  
Rajaji Nagar



Baby of Bigimol Thomas  
Shalimar Bagh



Baby of Priyadarshini.M  
Malar



Baby of Abhijith J  
Support Office



Baby of Anu Kumari  
Shalimar Bagh